Welcome to Fall 2013
A new academic year, a new newsletter.

The mission of the School of Social Work’s Ph.D. program is to prepare graduates to conduct interdisciplinary research and become exemplary social work scholars and educators.

Program Director’s Desk
Welcome to the Fall 2013 edition of the University of Maryland School of Social Work PhD Program Newsletter! Much of this issue provides information on living in Baltimore, including Melissa Bessaha's Baltimore Comes to Life column on where to buy groceries and another article on where to find coffee and food within walking distance of UMB. Things I Wish I Knew When I Started the PhD Program provides some great insights and advice. Where are They Now highlights our 2012-2013 graduates - they are an impressive group and give you a sense of some of the things our alumni do after they graduate. It is hard to believe that words can do justice to our incredible PhD program coordinator, Jen Canapp, but Mary Hodorowicz's article does a great job of it. And finally, although we keep our PhD students pretty busy, it is also good to know that they celebrate major life events while in the program and they have shared some beautiful photographs. This is a student run newsletter and I am proud of and grateful for their efforts. I hope you will enjoy reading this as much I did.

-Donna Harrington
Lunch with Jen Canapp
By Mary Hodorowicz

Eleven Questions*

Favorite Word?
Right now? Otakon (We dissolve into a fit of giggles).
Least Favorite Word?
Because
Most loved sound?
Waves at the beach
Most hated sound?
Alarm Clock

What profession, other than your own, would you most like to attempt?
A photographer
What profession would you not like to do?
Anything in the medical field”
What is your favorite song?
One Tree Hill by U2
What song best describes your work ethic?
“….That is hard…does Starbucks have a theme song?”
The best place you have ever vacationed?
St. John
The place you have always dreamed of vacationing?
Hawaii
Lastly, if you were not at work and being pestered by an annoying PhD program student right now, what would you be doing?
“Floating in my pool…or maybe attending Otakon…”

On a recent random day in downtown Baltimore, I caught up with Jen Canapp to pick the brain of the person we couldn’t function without. For those of you who don’t know Jen, I am not sure what rock you are living under. Just kidding. It’s just that if you have made it into the PhD program, you are sure to have had the opportunity to ask her several questions and interact with her, at least via email, at this point. So we thought it would be fun to drag her away from answering questions, emails, and the phone for a short period of time to…. ask her more questions! But this time, very fun ones- so we could get to know the smiling face behind the welcome desk just a little bit better.

Continued on page 8

Here is your proof that Jen exists somewhere besides the Ph.D. desk. Jen, husband Wayne, Chloe (8), Jacob (11), at Disney World.

No this isn’t one of Jen’s alter egos, but a random Otakon street scene encountered on the way to lunch.

*an homage to the pivot questions from Inside the Actors Studio (the censored version).
WHERE ARE THEY NOW?

SPRING 2013 GRADUATES

**Jeongha Hwang** is teaching social work at Chonnam National University in Seoul, Korea. Dissertation: *Evaluation of a model relating inclusion, organizational commitment, and intention to leave among child welfare workers.*

**Andrea Jones** is as an assistant professor University of North Carolina, Wilmington. Dissertation: *Volunteer Guardians in the community: A mixed methods exploration of a complex volunteer task.*

**Marlene Matarese** is the Training and Technical Assistance Director at the Institute for Innovation and Implementation at the University of Maryland School of Social Work. Dissertation: *Juvenile Justice workforce’s attitudes toward sexual and gender minority youth: Influence on the demonstration of protective and supportive behaviors.*


**Lucille Michelle Tuten** is an assistant professor at Johns Hopkins University. Dissertation: *A comparison of treatment outcomes for participants receiving Reinforcement-Based Treatment (RBT) versus participants receiving RBT plus Recovery Housing (RBT + RH).*

**Kathleen H. Powell** is an associate professor at Frostburg State University. Dissertation: *In the shadow of the Ivory Tower: Neighborhood relations in a college town.*

**Kimberly Searcey van Vulpen** is an assistant professor of social work at Salisbury University. Dissertation: *End-of-life care in U.S. nursing homes: Resident and facility factors that predict presence and use of services.*

**Crystal Williams** is currently an Assistant Professor/Faculty Fellow at the NYU Silver School of Social Work. Dissertation: *The system of care mental health service experience: Differences in perceptions between African American and Caucasian youth and its impact on service use and the relationship between receipt of services and mental health outcomes.*
Rafael Eduardo Aparicio was born to Liz Aparicio on May 11, 2013. Rafael has an older 2-year-old sister, Isabel. Rafael gave Liz lots of moral support in finishing her dissertation.

Jeongseok Kong was married on June 22, 2013. He went to Jeju for his honeymoon, which is located in the southern part of Korea.

Amy Hampton welcomed baby boy Amadeus David February 6th

Colby Peters welcomed baby boy Josey

Joseph Malcolm Peters
Born on June 15, 2013 to Nick & Colby Peters
Hungry? Need Coffee?
Try these places within Walking Distance

Food Trucks- Great variety just steps from the door of the school. Selections change each day, and many vendors take credit/debit cards. Want to see a map & schedule? Go to http://charmcityfoodtrucks.com

Not so Fast, but good. Sometimes you may want to sit down, and not in front of a computer.

Nando’s Peri Peri http://www.nandosperiperi.com
Zella’s Pizza www.zellaspizzeria.com
Ban Thai - Thai Cuisine www.banthai.us
Memshab Yummy Indian Food http://www.memsahibrestaurant.com/
Alewife- lots of great beers on tap, great food, close to the school. Downside: It’s not very quick, and kind of pricey. http://www.alewifebaltimore.com/
Café on the Square Great for fast and fresh salads and sandwiches
The Corner Bistro and Wine Bar cbwinebar.com
Camden Pub camdenpub.com
Quigley’s Half-Irish Pub
Hipp Café thehippcafe.com

Faster Food. When you don’t have time to sit down.

McDonalds- What can we say? Its fast, convenient, and the dollar menu is a great for a student budget
UM Hospital Cafeteria Au Bon Pain and others.
Panera’s panerabread.com
Potbelly’s Sandwich Works potbelly.com

Need Caffeine? There are plenty of places that sell coffee, but these places actually have good coffee, not the dredge at the bottom of the pot 😊

Starbucks- Caffeine. Need we say more? http://www.starbucks.com/
Sidewalk Espresso http://www.sidewalkespresso.com
Dunkin Donuts dunkindonuts.com

Budget Friendly option: Ph.D. Lounge Keurig machine.

Lexington Market TONS of choices. A particular favorite is the fruit basket, where you can get a fresh cut fruit bowl large enough 12 classmates to snack on for $9.50 (and is a great way to make friends)! http://www.lexingtonmarket.com
Baltimore Comes to Life...

By: Melissa Bessaha

When I first moved to Baltimore from New York, I knew that the only way for me to get past the horrid reputation of this town was to explore it for myself (during reasonable hours for starters of course!). So in each newsletter edition, I will highlight a few of the places I have been to that made me grow to appreciate what Charm City has to offer (aside from being the backdrop for “The Wire”).

Got Groceries?

In this issue, I will focus on grocery shopping, because, well we all have to eat and most, if not all of us, are eating on a budget. City living usually offers limited options for buying your groceries and Baltimore is no exception especially if you live in the Downtown area like me. Below is a brief list of places I have used often that may be helpful to those who recently moved into the area and for those who are looking for new options. Happy shopping!

Whole Foods. This is your typical Whole Foods establishment and is located right in the Harbor East neighborhood. There is a free parking garage for customers (must ask for a parking voucher when you pay at the register) and is also conveniently located on the orange line of the Charm City Circulator bus. This was the first market I found and though I do like to shop here, I thought that there had to be a more affordable and closer alternative which led me to the next option…

Fresh & Green’s. A grocery store with a decent selection of items that is located on Charles and Saratoga Streets right outside of the Charles Towers apartment complex and near the purple line of the Charm City Circulator bus. This place is great for last minute needs and is open daily until 10pm but for more organic produce and a bit more reasonable prices, I was happy to come across the following option…

Farmers’ Markets. There are several well established farmers’ markets in many of the Baltimore neighborhoods and one new option for those living in Downtown. This year the Downtown Partnership of Baltimore launched the Pratt Street Farmers’ Market (held on Thursdays during June-September and located on Pratt & Light Streets). This is in addition to the already established Baltimore Farmers’ Market and Bazaar (held on Sundays during April-December and located under the Jones Falls Expressway), Fell’s Point Farmers’ Market (held on Saturdays during June-November and located on Broadway & Thames Streets), and the University Farmers’ Market (held on Tuesdays during May-November and located right in front of our building, really convenient!). There are several other markets just outside of the Downtown area to choose from (checkout www.Baltimore.org for more info). The weekday markets are great for those who may like to sleep in on the weekends but sometimes we just can’t make it out of our apartments (got deadlines and assignments perhaps?) so luckily there is this last option…

Continued on Page 8
Things I wish I knew when I started the Ph.D. Program…

We asked our fellow students what tips they would like to share with incoming students and here is what they said...

“More about the GRA. How it can vary between supervisors, location, expectations, etc.” (There is a new Professional Development Series on Getting the most from your GRA that addresses many of these issues.)

“Most of the stress that feels external is actually internal”

“There are assignments due directly after spring break, so it’s not really a break.” (Hint: Plan vacations accordingly.)

“Professors are smart and approachable. Most even have a good sense of humor 😉 Don’t be afraid to ask questions from the start.”

“Don’t purchase full price new textbooks. Talk to your classmates about buying used, buying electronic versions, and sharing.”

“You will never be able to do all the recommended reading for all of your classes during the semester. Attempt to focus and pick the ones most recommended by your instructor, or the ones that most interest you.

“Divide and conquer readings with classmates, and make outlines to share.”

“Find fun in every day – tell jokes, celebrate birthdays, share happy moments, etc. It can’t be all business all the time or burnout will come quick.”

“B’s get Ph.D.s Remember that perfectionism is self abuse.”

The campus has a lot of great free stuff going on, so look ahead and you can snag a fun and filling free meal, or benefit from some excellent self care events without paying a penny. The school has a great gym, complete with a pool, group exercise classes, and cardio equipment overlooking the stadiums; so don’t wait to check it out. http://www.umaryland.edu/campuslife/welcome/events/

The welcome events have started, so stay tuned for something that interests you. http://www.umaryland.edu/urecfit/about_us/

Say What?

A guide to commonly used terminology around campus.

Doctoral Student Once you are admitted to the program you are considered a Doctoral Student.

Doctoral Candidate You are admitted to candidacy once you completed all required courses and comprehensive exams and have successfully defended your dissertation proposal.

Comps Comprehensive Exams. Taken after core courses are completed before entering Candidacy.

ABD All But Dissertation refers to your progress in the program. It implies that you have completed all requirements and you “just” have to finish your dissertation. Occasionally the term “ABD considered/ not considered” is used in job postings.

The Institute Refers to The Institute for Innovation and Implementation. https://theinstitute.umd.edu/

Ruth Young Center (RYC) The Ruth Young Center for Children and Families http://www.family.umd.edu/

ACWIC Atlantic Coast Child Welfare Implementation Center (ACCWIC) http://www.accwic.org/
Got Groceries? Continued…

The idea of ordering your groceries online may sound unusual but this is a great alternative that many people overlook. If you find yourself really limited on time, have a long list of items to purchase and don’t want to carry them, or really just feeling lazy to drive/take public transportation to any of the above options, this is your answer. Safeway.com offers specials, discounts, and a really reasonable delivery fee (first order includes free delivery and the larger the delivery time window you have the less expensive the delivery charge…I have yet to spend more than $6 for delivery!). The online experience is really easy to navigate as they have similar aisles that you would find in any supermarket. The best part is that you can go back to your previous orders and re-select those items for future orders making it that much easier to shop for your groceries.

Lunch with Jen continued…

The fun started sooner than I anticipated. That is because the Otakon convention was in town, unbeknownst to us as we started on our journey to what we thought would be a coffee house in Federal Hill. We couldn’t get to Federal Hill, as we ran into a “pro” wrestler, Mario and Luigi, a bunny rabbit, some guy with a sword, several scantily clad scary looking women, Joe Dirt, and a plethora of other characters I do not have the capacity to name now. Swarms of characters. It was hard enough keeping my eyes on the road and not rear ending the vehicle in front of me while trying to figure out if it was an elf or an animal in the crosswalk to my right. At first, we had no idea what was going on. So we consulted our favorite scholarly resource and found out about Otakon I will leave you to google it on your own. (http://en.wikipedia.org/wiki/Otakon). Just know it was a great start to our adventure. We went to Little Italy, because turning either left or right amongst the hoards of convention attendees proved more challenging than second semester midterms (Just kidding again, it was about 59.5 hours less challenging) And it was over a delicious three course meal that the answers to these less than thought provoking but fun and personable questions were obtained.

So there you have it folks. Dining with Jen was more enjoyable than the delicious connoli served at the end of the meal. And she was just as sweet, even as I was swearing and swerving amongst traffic on the way back to the school. I have affectionately called her “the answerer of all things” for almost a year now, and so it was a great pleasure to have the opportunity to ask about something other than deadlines or registration logistics. Our scrumptious Italian 3 course meal couldn’t have been more complete….until we passed Mario and Luigi on our way back. They were standing on the street corner, amongst commoners, as if it were a normal occurrence at the intersection of Pratt and Light. Of course, Jen never missed a beat, and, true to her role and being her organized, punctual, helpful as always self, she was ready just in time to snap a picture as the words “nobody will ever believe this” came out of my mouth. All in a day’s work I suppose.

Anybody seen a Gorilla throwing barrels?

Got Groceries? Continued…

Safeway.com- The idea of ordering your groceries online may sound unusual but this is a great alternative that many people overlook. If you find yourself really limited on time, have a long list of items to purchase and don’t want to carry them, or really just feeling lazy to drive/take public transportation to any of the above options, this is your answer. Safeway.com offers specials, discounts, and a really reasonable delivery fee (first order includes free delivery and the larger the delivery time window you have the less expensive the delivery charge…I have yet to spend more than $6 for delivery!). The online experience is really easy to navigate as they have similar aisles that you would find in any supermarket. The best part is that you can go back to your previous orders and re-select those items for future orders making it that much easier to shop for your groceries.

Looking to get involved? Have an idea or suggestion for the spring issue? Contact Catherine “Kelly” Moon cmoon@ssw.umaryland.edu or Mary Hodorowicz mhodorowicz@ssw.umaryland.edu