FALL 2019

BLOOM

University of Maryland School of Social Work
Continuing Professional Education

Workshops Including:
Children and Adolescents • Adults, Couples, and Families •
Aging and Older Adults • Ethics • Leadership and Management

All registrations are online at www.ssw.umaryland.edu/cpe

Your best source for Continuing Professional Education

University of Maryland
School of Social Work
Dear Colleagues,

This has been a monumental spring semester for the School of Social Work. We heard former Senator Barbara Mikulski speak about her achievements and lessons during her long and record-setting career. During our Wrongful Conviction series, we learned that when the innocent are accused and sentenced for crimes, there are ripple effects; not only for those accused but also for their families, the victims and the society at large. As this semester ends, we are looking ahead and planning for new events we will cultivate in the coming year. We continue to strive to bring attention to topics that are not only interesting, but are also pressing.

This coming semester we are bringing our partners, the American Association of Suicidology, back to the School of Social Work to offer training on ways to assess for and prevent suicide. Suicide is the main cause of premature death in mental health service users and is the 10th leading cause of death in the United States. The prevention of suicide is a major, global concern. Because there is no reliable data indicating any effectiveness of no-suicide contracts, it is important to have a number of clinical tools for clients experiencing suicidal ideation. We look forward to offering this training again and hope that you will join us.

Highlights of the Semester:

- H.Y.P.E.: Healing Young People thru Empowerment
- New Online, 90-minute Faculty Fiestas

We thank our alumni and friends for your continued support. We are always open to receiving feedback and suggestions. In fact, many of the ideas for our workshops come from our participants and evaluations.

We look forward to learning with you this semester.

Sincerely,

Seanté A. Hatcher, LCSW-C
Assistant Dean
Office of Continuing Professional Education (CPE)
Register for workshops online at www.ssw.umaryland.edu/cpe | 3

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Register online at: www.ssw.umaryland.edu/cpe

All workshop material will be e-mailed one week prior to the workshop.
If participants want copies of the handouts, they must bring their own copies to workshops as no copies will be provided.

WORKSHOP LOCATIONS • UM SSW-CPE LOCATIONS

The Office of Continuing Professional Education offers workshops at the University of Maryland’s Baltimore Location at the School of Social Work, 525 West Redwood Street between Paca and Greene Streets.

Selected workshops in the District of Columbia (DC), Howard County (HC), and Shady Grove (SG). These workshops are indicated by the letters DC, HC, and SG immediately following the course.

OFFSITE WORKSHOP LOCATIONS

Howard County (HC)
Very Close to Arundel Mills Mall
University of Maryland University College
6865 Deeppath Road
Elkridge, MD 21075

District of Columbia (DC)
National Rehabilitation Hospital
102 Irving Street, NW
Washington, DC 20010

Shady Grove (SG)
University of Maryland System at Shady Grove
9630 Gudelsky Drive
Rockville, MD 20850

Please call for discounts (with valid ID): 25% off for Seniors 65+ • 50% Current Students 35% Faculty & Staff

Approved for Children Services

Approvals: Our workshops are by approved the Maryland Board of Social Work Examiners, Board of Examiners of Psychologists, Board of Professional Counselors and Therapists, and the District of Columbia Board of Social Work. All other mental health providers located outside of the jurisdictions listed above should check with their regulating body before registering for a workshop.
Specals

Daniel Thursz Social Justice Lecture

Date: Monday, December 2, 2019
Time: 5:00 p.m. – 6:15 p.m.
Location: SSW-Auditorium Lecture: Free (CEUs: 1; $15)
Lecture: Distinguished Senior Fellow at Demos: Heather McGhee, JD

American Association on Suicidology

Date: Thursday-Friday, September 5-6, 2019
Time: 9:00 a.m. – 4:30 p.m.
Location: School of Social Work-Baltimore
CEUs: 12; Cost: $275

With 90% of suicide deaths linked to an untreated or under-treated mental health condition, it is imperative that every clinician be able to accurately identify chronic and acute risk factors for suicide, reasonably formulate the level of risk, and work with confidence to create and implement an effective treatment plan. Professional training programs rarely teach the skills necessary to adequately recognize and treat clients at risk for suicide. Few clinicians have time to keep up with the latest literature on indicators for suicide risk and effective management of care. This two-day advanced interactive, knowledge-and-skills training workshop will offer you results of more than 40 years’ expertise in translating research into clinical practice in this state-of-the-art, state-of-the-science training program. It based on 24 established core competencies required for effective clinical assessment and management of individuals at risk for suicide. This workshop includes a web-based assessment and updated manuals with resource materials. The American Association of Suicidology is the developer of the RRSR Curriculum.

**Date:** Thursday, November 7, 2019

Gender identity, sexual orientation, and spirituality each play a part in forming our sense of self, our core values, and how we define community. Historically, health care systems and organized religions have not made efforts to identify the special needs of LGBTQ+ individuals and accommodate them, whether due to ignorance or bias. In this unique forum, we explore what the Golden Rule mandates in meeting ethical duties to promote well-being and “do no harm” for LGBTQ+ individuals seeking health care services. We welcome health care providers, ethics committee members, members of faith communities, and anyone interested in serving as an ally for the LGBTQ+ community as we explore ethical issues related to access and inclusion in health care delivery.

H.Y.P.E.: Healing Young People thru Empowerment Curriculum Training

**Date:** Wednesday, September 4, 2019  
**Time:** 9:00 a.m. – 4:30 p.m.  
**Location:** School of Social Work-Baltimore  
**Instructor:** Adia Winfrey, PsyD  
**CEUs:** 6  
**Cost:** $150

To meet your client where they are is one of the most important tenets in clinical work, especially when working with youth. Healing Young People thru Empowerment (H.Y.P.E.) is an evidence-based life skills and empowerment curriculum developed by Dr. Adia Winfrey that integrates psychology, Hip Hop culture, and dialogue for young people who are having difficulty in school, lacking motivation, or searching for a voice. More specifically, this curriculum addresses many diagnoses such as: Oppositional Defiant Disorder (ODD), Attention Deficit/Hyperactivity Disorder (ADHD), Anxiety, Reactive Attachment Disorder (RAD), PTSD, and PErseveration. Music is a powerful connector and this curriculum helps youth create goals, identify steps needed to fulfill them, and connect with resources for continued support. Participants of this training will learn how to deliver the curriculum that will produce and promote emotional wellness. During this intensive one-day training, participants will receive detailed instruction for implementing the H.Y.P.E. Hip Hop Therapy curriculum and will examine issues and social concerns affecting at risk and underserved youth.
CPEs First Study Abroad
Global Learning • May 17-23, 2020

Cost: $2300 CEUs: 20

Best Practices in Child Welfare: Learning from the UK

Please visit our website for more info.

Keeping children and young people safe is the responsibility of everyone, from professional to the general public. Travel to London, England to learn about best practices in UK child welfare, along with the history and development of UK child welfare services. Participants will hear from UK child welfare leaders and experienced practitioners about child protection, foster care, and adoption policies and systems. With support from UMSSW faculty Caroline Burry, participants will have opportunities to compare and contrast US and UK policies and systems in order to bring lessons learned back to the US. The experience includes site visits to child welfare agencies, along with visits to two sites of historical importance in the development of child welfare services: the Foundling Museum and the Dickens Museum.

Ample time during the week is allowed for sightseeing on your own; participants are welcome to arrive earlier/leave later than the program for additional time in London or beyond. Trip includes:

- Hotel Accommodations: Residence Inn London Bridge (six nights)
  - Call us for roommate options 410.706.1839
- Up to 20 Continuing Education (CEU) Credits (Category 1)
- Educational Opportunities and lectures at Historical Sites (transportation not included)
- Small group size to maximize learning, comfort, and flexibility
- Entrance fees of scheduled sightseeing
  - Charles Dickens Museum
  - Foundling Museum
- Meals
  - Breakfast each day
  - Opening Dinner (alcoholic beverages not included)
Certificate Programs

Certificate in Trauma Treatment is coming back
Spring 2020

Human Services Leadership and Management Certificate Program

The Human Services Leadership and Management Certificate at the University of Maryland School of Social Work develops the leadership and management capacity of human service professionals, alumni, and students through competency-based education, networking, facilitated peer coaching, and research on management and leadership in the human services. Classes can be found on page 16.

Financial Social Work

3000 Introduction to Financial Stability for Adults: This workshop will provide a framework for practitioners to examine the role of social workers in advancing the economic stability of individuals, families, and communities. Participants will gain a foundation in the language, theories, practice techniques, tools, and resources available to help clients build financial stability in today’s context of economic inequality and social policy landscape. Through a series of exercises and discussions, practitioners will learn how values, habits, and beliefs about money affect financial behaviors and impact client well-being. Participants will learn how to apply social work skills in order to identify and discuss financial issues with clients. Completing this workshop is strongly encouraged before registering for other more specialized courses in financial social work. Thursday, September 5, 2019; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Sara Johnson, MSW

800W NEW Financial Social Work in Action: Direct Practice with Vulnerable Populations: This workshop will discuss the tools that Dr. Christine Callahan, Dr. Jodi Frey, and PhD candidate Rachel Imboden researched in their creation of the forthcoming Handbook of Financial Social Work: Direct Practice with Vulnerable Populations. This workshop will discuss the financial needs in different populations, such as older adults, IPV survivors, military service members and family, vulnerable youth, those facing medical crisis, and returning citizens, and how financial social work makes a difference in clients’ lives. Thursday, September 19, 2019; 12:00 p.m. - 1:30 p.m.; Online; $30; CEUs: 1.5; Instructor: Christine Callahan, PhD, LCSW-C

3001 Financial Stability: Finding Online Tools to Manage Money and Reach Financial Goals *HALF DAY*: Finances can be overwhelming. Finding user-friendly and easy to understand online information to assist clients can be confusing. In this course, attendees will gain hands-on experience with the best online tools and available resources that can enhance clients’ budgeting and financial management skills. These
resources can be used in concert with intervention strategies that assist practitioners in working with their clients on financial goals. Completion of Introduction to Financial Stability for Adults workshop is strongly encouraged. **Thursday, October 10, 2019; 9:00 a.m. - 12:15 p.m.; Baltimore; $65; CEUs: 3; Instructor: Sara Johnson, MSW**

**801W Money and Wellness: The Intersections of Financial and Behavioral Health:** Recent findings suggest that the state of our financial well-being contributes more to our behavioral health than previously understood. Yet, financial capability and asset building (FCAB) has not historically been recognized as a central tenet when assessing or treating behavioral health conditions. Understanding the relationship between financial wellness and behavioral health is important for clinicians, academics, and students. This session will provide an overview of the importance of integrating financial capability perspectives in addressing behavioral health and the impact both domains have on each other, introduce evidence-based financial and psychosocial interventions and assessment options, and highlight emerging issues of which practitioners should be aware of. **Friday, October 18, 2019; 12:00 p.m. - 1:30 p.m.; Online; $30; CEUs: 1.5; Instructor: Jeffrey Anvari-Clark, MA, MSW**

**100 CHILDREN AND ADOLESCENTS**

**100SG Play Therapy: Anger Management for Children and Teens:** In this engaging and interactive training, play therapists will gain a greater knowledge of how to help clients who struggle with anger through hands-on activities, games, worksheets, and songs. Participants will learn to engage all kinds of children, including those oppositional, resistant, and even those in denial of their anger. The training begins with helping clients with self-awareness, psychoeducation, and accountability and continues to shares ways about how to release and express anger, increase insight, and addresses coping skills. The training concludes with songs and games that focus on helping children with impulse control, frustration tolerance, and working on patience. **Thursday, September 12, 2019; 9:00 a.m. - 4:30 p.m.; Shady Grove; $125; CEUs: 6; Instructor: Batsheva Hartstein, LCSW-C, RPT**

**101HC Walking in My Shoes: Helping Children and Families Work through Abuse *HALF DAY*:** Families and children who have been affected by abuse experience special dynamics and require interventions and strategies that speak specifically to their circumstances. This workshop explores current intervention and treatment modalities for children and families who have been affected by abuse. Individual and group options to treatment will be discussed. A specific emphasis will be given to children and families dealing with chronic stressors (e.g. underserved populations, limited access to resources, etc.). **Friday, September 20, 2019; 9:00 a.m. - 12:15 p.m.; Howard County; $65; CEUs: 3; Instructor: GiShawn Mance, PhD**
102 The Silent Victims: Children of Incarcerated Parents: More than 2.7 million children in America have a parent in prison. This leaves the children of incarcerated parents to be raised by grandparents, aunts, uncles, older siblings and quite often, the State. Growing up with a parent who is incarcerated can have a devastating impact on the emotional development of a child and has a destabilizing effect on families. This training will provide a detailed exploration of this phenomenon and share strategies that helping professionals can use to address the needs of children and families affected by the issue. **Wednesday, October 2, 2019, 9:00 a.m. – 4:30 p.m.; Baltimore, $125; CEUs: 6; Instructor: Corey Beauford, LICSW, LCSW-C**

103W Addicted to the "LIKES": Social Media and Mental Health *HALF DAY*: Social media platforms, in particular networking sites like Facebook and Instagram, which currently have over a billion users and growing worldwide, have become increasingly popular and pervasive. Currently there is a plethora of social media sites that allow users to create a profile and, within seconds, be connected to millions of people. This workshop will explore the role of social media and how it relates to mental health issues such as depression, anxiety, self-validation, and social comparison. Numerous studies have indicated that prolonged social media use and depression/anxiety can be characterized by an emerging maladaptive pattern known as problematic social media use. This workshop will explore issues such as user typologies, gender traits, sleep disturbances, addictive patterns to social media, and overall mental health implications for prolonged social media use. The presenter is a bicultural forensic social worker specializing in criminal defense mitigation, dual diagnosis, crisis intervention, addictions, trauma, and work with diverse ethnic groups. This is an interactive workshop where case vignettes will be presented and participants will work in a group setting. **Thursday, October 3, 2019; 10:00 a.m. - 1:15 p.m.; Online; $65; CEUs: 3; Instructor: Veronica Cruz, LCSW-C**

104HC Who Let the ANTs Out? Treating Children with Anxiety Using CBT and Play Therapy: Social anxiety in children is among the four most common forms of anxiety. Anxiety is a normal reaction to stress, but too much stress can lead to automatic negative thoughts (ANTs) and ultimately panic attacks and various other forms of anxiety disorders. Participants will gain an understanding of anxiety and observe demonstrations of cognitive–behavioral and directive play therapy interventions for children and adolescents. Group discussion, art, and music will be part of this learning experience. **Thursday, October 24, 2019; 9:00 a.m. - 4:30 p.m.; Howard County; $125; CEUs: 6; Instructor: Sonia Hinds, APRN/PMH-BC, RPT-S**

105 NEW Aggression in Play Therapy *HALF DAY*: Aggressive play is a controversial topic amongst therapists that work with children in play therapy. Understandably, there is much uncertainty around children being allowed to exhibit aggression in sessions and whether a therapist is promoting aggression by allowing it in the play therapy space. In this workshop, we will explore how aggression is an important and necessary theme in the play therapy process, especially with children that are trauma
survivors. We will also explore the neuroscience around aggression and how therapists can use play therapy to promote growth in the child, while also preventing compassion fatigue in the therapist. *Wednesday, October 30, 2019; 9:00 a.m. - 12:15 p.m.; Baltimore; $65; CEUs: 3; Instructor: Kristian Owens, LCSW-C, RPT, CTP-C*

**106SG NEW Advanced Parenting Strategies for Your Clients 
*HALF DAY*:** Parenting is an awesome job! It’s also an art. In this workshop participants will learn creative strategies to help their clients parent more effectively. This workshop will include how to help prevent behavioral problems and how to creatively work through behavioral problems that come up. Participants will leave with new strategies, which they can share with their clients to help them parent their children more effectively. *Wednesday, October 30, 2019; 9:00 a.m. - 12:15 p.m.; Shady Grove; $65; CEUs: 3; Instructor: Batsheva Hartstein, LCSW-C, RPT*

**107SG How to Engage Parents as Partners: Teaching Them Skills to Coach the Child at Home:** This training will begin with strategies for social workers to connect and maintain contact with parents who are struggling to parent children with special needs or difficult temperaments. Parents, who themselves have difficulty connecting with their children, will find it difficult to model and coach behaviors they want for their children. Principles from the Adlerian approach to parenting, mindfulness exercises, relevant principles of Gestalt and child centered play therapy will be discussed, demonstrated, and practiced. *Friday, November 1, 2019; 9:00 a.m. - 4:30 p.m.; Shady Grove; $125; CEUs: 6; Instructor: Sonia Hinds, APRN/PMH-BC, RPT-S*

**108 Beyond Cutting: An In-depth Look at Self Injury:** This workshop will examine the various forms of self-injury behavior that go beyond cutting. It is estimated that two million people in the United States injure themselves in some way. Self-injury, which is also known as self-harm or self-mutilation, refers to individuals who intentionally and repeatedly harm themselves. The methods most often implored are cutting, but can also include such things as hair pulling (trichotillomania), banging, and interfering with wound healing (dermatillomania). Various issues will be discussed including but not limited to propensity, forms of injury, risk factors, brain development, co-morbidity, non-suicidal self-injury diagnosis, and treatment modalities. This is an interactive workshop with case scenarios presented and discussed. *Thursday, November 7, 2019; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Veronica Cruz, LCSW-C*
200W New Finding the Words: Engaging African American Men Around Mental Health, Well-Being, and Relationships HALF DAY:
Battling depression and anxiety within the African American community will be THE major health crisis of the 21st Century, even more than cancer and heart disease. Understanding and addressing the mental health concerns of African American men will be one of the greatest weapons in that fight. By identifying and diffusing some of the obstacles that prevent African American men from seeking professional help, particularly the stigma of mental health and therapy, we believe a pathway to a healthier and stronger community can be and will be paved. 

Friday, September 6, 2019, 10:00 a.m. - 1:30 p.m.; Online; $65; CEUs:3; Instructor: Tariiq Walton; LMFT

201SG The Art of Deep Empathy: Empathy is one of the therapist’s most important – and sometimes most taken-for-granted – therapeutic tools. Yet, it often is misunderstood, both conceptually and in terms of application and technique. This workshop will clarify what empathy is (and isn’t), how to achieve a deep empathic connection, and the two distinct modes of verbally empathizing: the conventional “You” mode and the more specialized “Identification” mode. It will also demonstrate special applications of empathy to deepen the therapeutic process with couples and families. Participants will have the opportunity to practice the specialized Identification mode of empathy. 

Wednesday, September 11, 2019; 9:00 a.m. - 4:30 p.m.; Shady Grove; $125; CEUs: 6; Instructor: Robert Scuka, PhD, LCSW-C

202 NEW From Post-Traumatic Stress Disorder to Post Traumatic Growth: Trauma is a universal experience that every human being endures at some point in their life. Some individuals sustain multiple traumas, and some become so pervasive and acute that they manifest in the form of Post-Traumatic Stress Disorder. This workshop will focus on understanding the concept and the theory of what trauma is and how individuals can grow and thrive despite their trauma narrative. Different theories will be explored, but a particular focus will be on strength-based theories to help consumers build on or acquire resiliency concepts that help them to reshape and reform the trauma narrative from that of victim to that of survivor. A myriad of treatment modalities will be explored, including strength-based theories, trauma-focused cognitive behavioral therapy and art therapy.

Friday, September 13, 2019; 9:00 a.m. - 4:30 p.m., Baltimore; $125, CEUs: 6; Instructor: Veronica Cruz, LCSW-C

203 NEW Sleep and Mental Health *HALF DAY*: Is sleep something that you routinely ask your clients about? If so, are you knowledgeable about what exactly sleep is and the benefits it affords? Do you have a clear understanding of how sleep is related to mental illness and mental health? Are you up on the latest research on strategies and treatments? This class will give you information to help your clients sleep well and to reverse their worst sleep habits and behaviors. This will allow them to feel more energy,
to be more productive, feel more relaxed and optimistic, and to cope better with life’s day-to-day stressors. **Friday, October 11, 2019; 9:00 a.m. - 12:15 p.m.; Baltimore; $65; CEUs: 3; Instructor: Elisa Medina, LCSW-C**

**204HC How to Create Welcoming Environments and Services for People with Minority Sexual Orientation, Gender Identifiers, and Expressions:** Inclusion is key for any healthcare agency. However, some service providers struggle to implement policies and procedures that support engagement with and retention of LGBT clients and their families. Some providers are hesitant to ask questions about sexual health behaviors, are concerned about insulating clients by questioning their gender, and feel unprepared to offer resources/referrals to people with minority sexual orientation gender identifiers and expressions. However, these fears affect not only the provider or agency, but also the quality of services that LGBT people receive, potentially resulting in healthcare disparities. This workshop will offer an overview of LGBT terminology, healthcare disparities, how agencies and providers can use policies to support clients, and national resources. **Thursday, October 17, 2019; 9:00 a.m. - 4:30 p.m.; Howard County; $125; CEUs: 6; Instructor: Whitney Burton, MPH, MSW**

**205SG Sexual Health: Implications for Social Work Practice:** Sexuality is central to human development across the life span, and yet social workers are often not educated on sexual health or trained to talk about sex with our clients. Sexual wellness, or the lack thereof, can be an enormous source of empowerment or oppression for the individuals we serve. As social workers, we are often one of our client’s main sources of information for many aspects of their health and support for wellness; we should be prepared to provide that same support for issues of sexual health. In addition, by exploring issues of sexual wellness, social workers can increase awareness of their own unconscious bias that may affect their work with clients. **Thursday, October 31, 2019; 9:00 a.m. - 4:30 p.m.; Shady Grove; $125; CEUs: 6; Instructor: Emma Kupferman, LICSW, LCSW**

**206W Grief on Grief’s Terms: The Mindful Path through Loss** *HALF DAY*: Grief is a universal human experience, but its path can be unique for each individual. The tools of mindfulness can provide ways for clients to meaningfully integrate their grief into their personal narrative and to cope with the challenges that grief can create. Through lectures, experiential exercises, and discussions, participants will explore the interconnection of grief and mindfulness, examine how mindfulness can help clients with meaning reconstruction after significant loss, and develop a toolkit of mindfulness exercises to assist clients in processing grief, loss and transitions. **Thursday, November 14, 2019; 10:00 a.m. - 1:15 p.m.; Online; $65; CEUs: 3; Instructor: Erin Gillard, LCSW-C**

**207 NEW Primer on Opioid Addiction and Treatment: How the Opioid Crisis Came to Be and How Social Workers Can Work to Solve the Epidemic:** Addiction to prescription opioids, heroin, fentanyl, and the related health, social, and psychological consequences have been
increasing for the last 15 years. Last year, there were more opiate overdose deaths than deaths from AIDS at the height of the HIV epidemic in the 80s and 90s. Substance abuse is a complex social problem that has profound implications for today's social workers. The purpose of this course is to increase participants' understanding of the biology and psychology of opiate addiction, the effects of addiction on the health of individuals with opiate use disorder (OUD), how OUD affects children and families, and how to address the stigma around substance use and its treatment. **Wednesday, December 4, 2019; 9:00 p.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Jay Unick, PhD**

**208 NEW Female Sexual Dysfunction: Promoting Sexual Wellness for Women:** Sexual wellness and satisfaction are crucial components of a healthy, happy life and yet approximately 40% of women struggle with Female Sexual Dysfunction (FSD). This important clinical issue includes challenges of desire, arousal, orgasm, and sexual pain. Our multifaceted, sex-positive training will incorporate information from the fields of sexual health education and sex therapy to provide participants with an understanding of specific sexual health issues of women, the clinical impact of FDS, and best practices in treatment. This information is useful for social workers in many areas to best support the clients they serve. **Friday, December 6, 2019; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructors: Tanya Bender Henderson, PhD, & Emma Kupferman, LICSW, LCSW**

**209W Infidelity and Affairs: Helping Couples Heal Their Broken Hearts *HALF DAY***: The disclosure of an affair is among the most devastating and painful experiences that couples face. It is also one of the most challenging and complicated problems encountered in therapy. This workshop will examine various forms of infidelity, the impact of its discovery on each spouse and the marriage, and issues of recovery and treatment. Some of the challenges encountered in treatment include how much information about the affair should be disclosed; how to help with shattered trust, hypervigilance, and anxiety; and how to build empathy between the partners. Some important insights that have been gained in understanding and treating infidelity and affairs will be reviewed. In addition, a framework for the treatment of infidelity rooted in Relationship Enhancement therapy will be presented. **Wednesday, December 11, 2019; 10:00 a.m. – 1:30 p.m. Online; $65; CEUs: 3; Instructor: Robert Scuka, PhD, LCSW-C**

**300 AGING AND OLDER ADULTS**

**300SG Understanding and Meeting the Special Needs of Gay and Lesbian Seniors:** Three million Americans over 55 identify themselves as gay, lesbian, bisexual, or transgender (GLBTQ). GLBTQ older adults have faced tremendous challenges during the course of their lifetime and continue to during their post-retirement years. What are best practices in working with GLBTQ seniors in nursing homes, assisted living, adult day care, and other healthcare settings? What are their unique needs and how
are they sensitively met? Join us for this interactive, informative, and fun diversity training class. **Thursday, September 26, 2019; 9:00 a.m. - 4:30 p.m.; Shady Grove; $125; CEUs: 6; Instructor: Joanna Frankel, MSW**

**301SG Respecting and Protecting Our Elders: Understanding and Fighting Elder Abuse:** Elder abuse is an epidemic in our country. This course will include an overview of the prevalence and incidence of elder abuse, the types of elder abuse, signs, symptoms, risk factors, and the dynamics of power and control between perpetrators and victims. Relevant state and federal laws, including the Elder Justice Act, will be reviewed. The course will also cover prevention strategies and assessment of victims. Components of intervention, including crisis counseling, safety planning, emergency shelter, legal services and supportive services will be detailed, illuminated by case examples. **Thursday, October 24, 2019; 9:00 a.m. - 4:30 p.m.; Shady Grove; $125; CEUs: 6; Instructors: Barbara Korenblit, LCSW, & Jacke Schroeder, LCSW-C**

**500 ETHICS**

All 500-level workshops listed below meet the Maryland Board of Social Work Examiners requirement for ethics.

**500SG Professional Use of Self for Enhanced Ethical Practice *HALF DAY***: This three-hour workshop focuses on the development of skills for the application of an ethical “lens” when providing social work. The workshop content will cover the concepts of private conduct, use of professional self, and the revised NASW Social Work Code of Ethics. Strategies for identifying personal bias, addressing common barriers, conflicts of interest, and facing ethical issues when working with diverse populations will be explored. **Wednesday, September 18, 2019; 9:00 a.m. - 12:15 p.m.; Shady Grove, $65; CEUs: 3; Instructor: Gisele Ferretto, LCSW-C**

**501 Ethical Trauma-Informed Care with Transgender and Gender-Nonconforming Children and Adults *HALF DAY***: This workshop will improve your skills in working with transgender and gender-nonconforming people of various ages. Participants will assess their current work setting to determine whether it is trans-affirming and what changes can be made to develop appropriate environments and practices. By the end of the training, participants will become more familiar with WPATH Standards of Care Version 7, the informed consent model, and how to prepare clients for medical transition services. **Friday, September 20, 2019; 1:15 p.m. - 4:30 p.m.; Baltimore; $65; CEUs: 3; Instructor: Tavi Hawn, LCSW-C**

**502HC NEW Practice & Ethical Consideration: Organizational Ethics *HALF DAY***: This workshop will explore the numerous practice and ethical considerations involved in understanding and applying Organizational Ethics to contemporary social work practice. An emphasis will be placed on understanding and applying the responsibility a social worker has to one’s self and the agency’s responsibility to the social workers within the realm of
organizational ethics. Issues explored will be: Code of Ethics, understanding organizational culture, managerial ethics, bureaucracy, ethical framework model, and risk management. This is an interactive workshop where case vignettes will be presented, and participants will work in a group setting to further maximize their understanding of the concepts presented. **Friday, October 11, 2019; 1:15 p.m. - 4:30 p.m.; Howard County; $65; CEUs: 3; Instructor: Veronica Cruz, LCSW-C**

*503 Ethical Considerations and Strategies for Addressing the Issue of Confidentiality:* This workshop focuses on strategies for identifying and addressing common, yet complex ethical issues concerning confidentiality that social workers face in their practice. To provide services, it is often necessary to share and obtain information from community partners serving individuals, and yet confidentiality practices are confusing and complicated. Content will include: an overview of the Maryland Statute and Regulations which govern confidentiality of health records, mental health records, substance abuse records, social service records, education records, the requirements for release of information, child maltreatment or imminent harm information, privileged communication, and clinician’s personal notes. The presenter served on the national committee to revise the new NASW Confidentiality and Information Utilization Issue Statement and will include an overview of these national confidentiality standards. **Thursday, October 17, 2019; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 3; Instructor: Gisele Ferretto, LCSW-C**

*504SG What is it That We Do Again? Obligations of a Social Workers *HALF DAY*: Despite the goal of seeking positive outcomes for clients, the busyness of most social work positions means core practice skills, such as professional commitment, self-awareness, effective communication, and personal conduct are often a challenge to incorporate into everyday practice. This interactive workshop provides participants with the opportunity to realistically examine the ethical dilemma this poses. Critical thinking skills, case examples, videos, role-plays, and research will be used to explore creative strategies and innovative ways for participants to intentionally apply such professional skills into their practice. **Friday, October 25, 2019; 1:15 p.m. - 4:30 p.m.; Shady Grove; $65; CEUs: 3; Instructor: Gillian Berry, PhD, LICSW, LCSW-C**

*505 Ethical Dilemmas for Social Workers Providing Clinical Services *HALF DAY*: Have you ever had that gnawing feeling in the pit of your belly that something is wrong? Perhaps when a diagnosis just doesn’t seem to fit or a client shared something and you’re not sure what to do with it. This workshop focuses on the development of strategies for addressing ethical decisions that social workers face in their practice with children and families. **Thursday, October 31, 2019; 1:15 p.m. - 4:30 p.m.; Baltimore; $65; CEUs: 3; Instructor: Colette Walker Thomas, LCSW-C**
506 NEW Honoring Invisible Messengers: The Ethical Case for Integrating Pain Management into Clinical Practice *HALF DAY*: According to a seminal report prepared by the Institute of Medicine (IOM), the annual national economic costs associated with chronic pain is estimated to be $560-635 billion. Providers attempting to respond to this growing clinical crisis consistently come up short with effective interventions for complex pain despite its prevalence and despite the parallel growth of the opioid epidemic. There is a profound deficit of empirically-based, best practices for pain management, and much of this deficit is driven by stigma and archaic conceptualizations of pain. Furthermore, pain as a phenomenon is fundamentally medicalized and subject to a myriad of provider-based biases - both of which are major drivers of ineffective and disparate care. Additionally, there is a lack of attention to the innumerable ways that individuals assign value and meaning to their lived experience of being in pain. This training aims to ethically frame the need to listen to individuals reporting pain through highlighting the human costs resulting from ineffective treatment; the connection between chronic pain and early complex trauma; and through providing research-informed strategies to engage with patient populations that have been failed by medical institutions. Friday, November 8, 2019; 9:00 a.m.- 12:15 p.m. Baltimore; $65; CEUs: 3; Instructor: Sue Westgate, MBA, LCSW-C

600 LEADERSHIP AND MANAGEMENT (PART OF HS&L CERTIFICATE PROGRAM)

600 Understanding Your Leadership Style and Building Your Potential to Lead: This two-day module will orient participants to leadership frameworks, practices, and competencies that span the fields of business, non-profit management, and community practice. Using nationally-recognized assessment tools and problem-based learning exercises, participants will emerge with a clearer understanding of their personal leadership style, assets, and blind spots and expand their potential to effectively build, manage, and lead teams. Completion of the preparatory module and required leadership assessments are required prior to the Wednesday session meeting (counts as half-day on Wednesday a.m.). Wednesday September 11, 2019, 1:15 p.m. - 4:30 p.m. & Thursday, September 12, 2019, 9:00 a.m. - 4:30 p.m.; Baltimore; $250; CEUs: 9 Cat I & 3 Cat II; Instructor: S. Colby Peters, PhD, LCSW-C

601 NEW Diverse and Inclusive Leadership: This workshop focuses on what emerging leaders need to understand about diversity and how it supports effective leadership; what inclusive leadership is and aims to achieve; and what characteristics are necessary to successfully lead a diverse, multicultural, and innovative workplace. Wednesday, October 16, 2019; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Nicholette Smith-Blijing, LCSW-C, LISW

602 NEW Negotiation and Conflict Resolution: This course will introduce the topic of negotiation as a fundamental tool to achieve one’s
goals within a multicultural context. Research shows that 80% of executives leave value on the negotiation table. The course offers to develop negotiation skills beyond the traditional tactical approach. Negotiation is a fundamental skill for any person who wishes to succeed in their personal and professional life at every level. In the globalized, and interconnected society of today, we need to strive to build societies where we build successful personal and business relationships and where we strengthen the threads of our social fabric. We need to be competitive, but we also need to develop trust and goodwill. Preparing for negotiations begins long before we meet our counterparts and it requires strategies that go beyond an effective interaction. This course looks at negotiation from three different perspectives: Context (Strategic Arena), The Value Offer (Creative Arena), and The Negotiation Table (Tactical Arena). Using Harvard Case Simulation methodology, students will have an opportunity to develop, hone, and evaluate their skills. **Friday, November 1, 2019; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Carol Velandia, MSW**

**603 Board Development and Governance:** This one-day module will orient participants to effective board leadership and responsibilities for governing the organization. While exploring the elements of effective board leadership, participants will understand the roles and responsibilities of directors, the board’s fiduciary duties to the organization, and board composition/structure and process. **Wednesday, November 13, 2019; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Steven Lewis, MSW, MBA**

**604 Effective Leadership and Organizational Development Practices in Social Work and Human Services:** This module will provide a user-friendly overview of the first leadership model scientifically developed especially for social work and human services. Participants will explore and learn about the rationale behind and the process of developing such a model, as well as real-world and potential applications of the leadership principles. Participants will also be invited to engage in discussion around core differences between leadership in social work organizations and leadership in business-based organizations; will be asked to contribute to a working definition of social work leadership; and will have the opportunity to complete a quantitative leadership assessment on their organizations and themselves. **Thursday, December 5, 2019; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: S.Colby Peters, PhD, LCSW-C**

**700 PROFESSIONAL GROWTH AND DEVELOPMENT**

**700 NEW Seeing Things Differently: Social Work Practice from an African-Centered Perspective:** This interactive workshop uses a “traditional” African storytelling methodology to explore the role of social work practice from an African-centered perspective. This training will use symbolism, allegories, and metaphors to review its historical origins, interpretation throughout the Diaspora, and key theorists. Systematic barriers to its application and relevance for today’s society will be illustrated.
with case examples. **Wednesday, September 18, 2019; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Gillian Berry, PhD, LICSW, LCSW-C**

**701SG NEW Building Clinical Confidence:** Both new and experienced therapists can be overwhelmed by the sheer number of existing approaches and the litany of do’s and don’ts they’ve been taught. They don’t just need more therapy training for added competence; they need more clinical confidence, an essential yet separate skill that promotes a sense of ease. In this workshop, see how to quickly and effectively organize, assess and summarize each session. Use a process to encourage better client retention from the first contact through a full course of treatment. Develop the self-assurance that simplifies complex cases and furthers the therapeutic alliance. **Wednesday, October 16, 2019; 9:00 a.m. - 4:30 p.m.; Shady Grove; $125; CEUs: 6; Instructor: Lynn Grodzki, LCSW, MCC**

**702W Emotional Intelligence *HALF DAY***: This highly interactive workshop will take the tenants of emotional intelligence off the page and provide practical applications for helping clients increase their EQ (emotional quotient). Research has shown that EQ is more critical in today’s dynamic workplace than is IQ. IQ may get you in the door, but EQ keeps you in the door. And while IQ is relatively fixed, EQ can be developed both at work and in relationships outside of work. **Friday, October 25, 2019; 10:00 a.m. - 1:15 p.m.; Online; $65; CEUs: 3; Instructor: Marsha Stein, LCSW-C**

**703SG NEW Create a Respectful Workplace:** Respect in the workplace results in heightened morale and productivity. However, cycles of disrespect can erupt quickly and, once ignited, tend to build on themselves. This interactive training will give tools and techniques for building a respectful workplace. **Wednesday, November 13, 2019; 9:00 a.m. - 4:30 p.m.; Shady Grove; $125; CEUs: 6; Instructor: Marsha Stein, LCSW-C**

**704SG NEW The Language of Leadership:** The way leaders communicate a message can be as important as the message itself. Effective leaders know how to design their messages in a way that ensures others will listen. This class will teach specific characteristics of the language of leadership. Participants will learn how to craft their communication so that their message will resonate with others. **Wednesday, September 25, 2019; 9:00 a.m. - 4:30 p.m.; Shady Grove; $125; CEUs: 6; Instructor: Marsha Stein, LCSW-C**

**800W NEW Financial Social Work in Action: Direct Practice with Vulnerable Populations:** This workshop will discuss the tools that Dr. Callahan, Dr. Frey and Dr. Imboden researched in their creation of the Handbook on Financial Social Work Direct Practice with Vulnerable Populations. This workshop will discuss the financial needs in different populations, such as older adults, IPV survivors, service members and family, vulnerable youth, those facing medical crisis, and returning citizens. This workshop will discuss how financial social work makes a difference in
clients’ lives. **Thursday, September 19, 2019; 12:00 p.m. - 1:30 p.m.; Online; $30; CEUs: 1.5; Instructor Christine Callahan; PhD, LCSW-C**

**801W Money and Wellness: The Intersections of Financial and Behavioral Health:** Recent findings suggest that the state of our financial well-being contributes more to our behavioral health than previously understood. Yet, financial capability and asset building (FCAB) has not historically been recognized as a central tenet when assessing or treating behavioral health conditions. Understanding the relationship between financial wellness and behavioral health is important for clinicians, academics, and students. This session will provide an overview of the importance of integrating financial capability perspectives in addressing mental health and the impact both domains have on each other, introduce evidence-based financial and psychosocial interventions and assessment options, and highlight emerging issues of which practitioners should be aware of. **Friday, October 18, 2019; 12:00 p.m. - 1:30 p.m.; Online; $30; CEUs: 1.5; Instructor: Jeffery Clark, MA, MSW**

**802W NEW Problem Gambling: An Introduction for Social Workers:** This online workshop will provide an overview of the phenomena of problem gambling with an emphasis on application to social work practice. The presentation will review the diagnostic criteria for gambling disorder as well as discussing subclinical manifestations of problem gambling. The epidemiology and risk factors associated with problem gambling will be explained as well as potential profiles and motivations for gambling among those affected by problem gambling. Finally, the presentation will discuss brief screening methods for problem gambling that can be incorporated into practice. **Thursday, October 24, 2019; 12:00 p.m. - 1:30 p.m.; Online; $30; CEUs: 1.5; Instructor: Paul Sacco, PhD**

**1000 LICENSURE PREPARATION**

A two-day intensive comprehensive review program that prepares MSW graduates to pass the LMSW and the LCSW-C state licensing exams. The program incorporates a review of test-taking strategies using sample multiple-choice questions that are similar to those found on the licensing exam. Participants will receive Volumes I and II of the Comprehensive Study Guide and Practice Questions from Social Work Examination Services (SWES). Social Workers who use SWES materials frequently pass the licensing examination. In fact, these students pass in high numbers (92%) and with high scores (84%). Exam scores exceeding 90% are not uncommon.

**1000 Friday-Saturday, September 20-21, 2019; 9:00 a.m. - 4:30 p.m.; Baltimore; $325; CEUs: 12; Instructor: Corey Beauford, LCSW-C, LISW**

**1001 Thursday-Friday, December 12-13; 2019; 9:00 a.m. - 4:30 p.m.; Baltimore; $325; CEUs: 12; Instructor: Corey Beauford, LCSW-C,LISW**
All 2000 level workshops listed below meet the Maryland Board of Social Work Examiners requirements for Supervision. The two-day workshops are for Supervisor candidates and the half-day workshops are for current supervisors.

**2000SG Developing the Practice of Those You Supervise *HALF DAY***: Supervisors have an essential role in teaching social workers professional ethics, cultural competence, and strategies for effective client outcomes. The purpose of this workshop is to explore supervisory skills that develop competency and understanding of legal and ethical professional responsibilities. This workshop includes practice activities to apply the content covered and examples of strategies for enhanced supervision. This six-hour workshop will satisfy the three Supervision CEU requirements. (New BSWE Regulations [10.42.06.03] require that “Board-approved supervisors complete a minimum of 3 of the required continuing education units in a content area focusing on supervision.”) **Wednesday, September 18, 2019; 1:15 p.m. - 4:30 p.m.; Shady Grove; $65; CEUs: 3; Instructor: Gisele Ferretto, LCSW-C**

**2001 New Think it Over: Ways to Encourage Staff to Employ Critical Thinking *HALF DAY***: As a supervisor, you are tasked with helping your staff grow in his/her professional skills. Using research-based tools to both measure performance and critically think about growth is critical to that process. After the completion of this course, participants will be able to describe measurable means to evaluate worker’s performance; list different meetings structures/tools to enhance the evaluation discussion process and utilize Professional Development Plans/Processes to ensure growth is achieved. **Friday, September 20, 2019; 9:00 a.m.- 12:15 p.m.; Baltimore, $65; CEUs: 3; Instructor: Frances Williams-Crawford, LCSW-C**

**2002 General Supervision for New Supervisors**: This two-day workshop provides an overview of basic skills and resources necessary for effective general supervision. Participants will gain a better understanding of the role, function, and characteristics of an effective supervisor, in addition to the basics of personnel management. This training is designed for human service workers with fewer than two years of supervisory experience or individuals wanting to enhance their supervisory knowledge and skills. **Thursday - Friday; October 3-4, 2019; 9:00 a.m. - 4:30 p.m.; Baltimore; $250; CEUs: 6; Instructor: Pamela Love-Manning, PhD**
2003HC NEW Encouraging Growth Through Effective Performance Evaluation *HALF DAY*: As a supervisor, you are tasked with helping your staff grow in his/her professional skills. Using research-based tools to both measure performance and critically think about growth is critical to that process. **Friday, October 11, 2019; 9:00 a.m. - 12:15 p.m.; Howard County; $65; CEUs: 3** Instructor: Frances Williams-Crawford, LCSW-C

2004SG NEW Social Work Supervision: Key Strategies for Transforming the Workplace *HALF DAY*: This interactive workshop is intended for anyone who supervises, or wishes to supervise, in a human services environment. The importance of the role of a supervisor in creating a positive work environment will be examined, along with the challenges a supervisor faces from a “realistic” picture of the field. Practical tools along with the opportunity to practice will be provided. **Friday, October 25, 2019; 9:15 a.m. - 12:15 p.m.; Shady Grove; $65; CEUs: 3; Instructor: Gillian Berry, PhD, LICSW, LCSW-C**

2005 NEW Clinical Supervision: What Does It Really Mean For Me? *HALF DAY* Clinical Supervision is a commitment that requires a significant amount of time for the LCSW-C and can sometimes be viewed as cumbersome. The committed supervisor agrees to, but not limited to providing guidance, support, clinical case oversight, ethical role modeling, and case review to clinical staff. When an LCSW-C agrees to supervise, they are in essence placing their credibility and Maryland licensure on the line for the clinical work of those they supervise in the workplace. It is imperative that supervisors know their role and their commitment. Participants will learn how to balance the organizational expectations of leadership with the clinical needs of the staff. Participants also will learn how to engage social workers in using the DSM-V and other clinical approaches. **Thursday, October 31, 2019; 9:00 a.m. - 12:15 p.m.; Baltimore. $65; CEUs: 3; Instructor: Colette Walker Thomas, LCSW-C**

2006 The Application of Myers-Briggs to Enhance Supervisory Skills: This workshop will build on Kadushin’s Major Functions of Supervision through the development of action plans and use of the Myers Briggs Type Indicator as a tool for supervision. Content covered will explore the Myers-Briggs Type Indicator and its relationship to the accomplishment of the three major functions of supervision. The focus of the workshop will be to learn and apply new strategies to enhance effective communication skills, team building, run productive meetings, resolve conflicts, and manage supervision tasks while identifying and celebrating differences. Ethical issues that present in the supervisory role will be addressed. Creative activities and handouts will enhance learning by providing opportunities for participants to develop skills, strategies, and action plans to apply the material presented. **Friday - Saturday, November 15-16, 2019; 9:00 a.m. - 4:30 p.m.; Baltimore; $250; CEUs: 12; Instructor: Gisele Ferretto, LCSW-C**
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For updates please visit www.ssw.umaryland.edu/cpe for additional information on current course offerings, learning objectives, biographical information on presenters, registration information, policies, and more.

PARKING

The UMB Saratoga Street Garage (220 N. Arch Street, Baltimore, MD 21201) located four blocks from the School is available for parking at $6 per day. Upon request, a “parking voucher” will be available the day of the workshop. No parking vouchers for Saturday workshops. Directions to this garage will be emailed with your confirmation letter. No credit/refunds are provided after purchase.

If accommodations are needed for a disability, please make a request two weeks in advance of workshop date.

REFUNDS AND CANCELLATIONS POLICY

TOP 5 QUESTIONS

For more information about our policies, please visit our website

• Who are you authorized by? We are authorized by the Maryland Board of Social Work Examiners and DC’s Board of Social Work. Maryland’s LG/LCPC licensing Board accepts our certificates. Many other jurisdictions accept accredited Schools of Social Work CEUs, however, it is best to check with your licensing Board.

• Can I register late or walk-in? Registration Deadline: Two weeks prior to the workshop(s) in which you wish to enroll. After the deadline, a non-refundable $20 late fee will be added to the cost of each workshop. Early registration is encouraged. If you register late there will be an attachment on your confirmation email that has a link to the workshop material. If you do not see the attachment call or email us. If you’re a walk in, you will receive the materials with your CEU certificate by mail no later than two weeks after the workshop.

• Are there any discounts? We offer discounts for 25% off for Seniors 65+; 50% off for Current Students and 35% off for Faculty, Staff and Field Instructors with valid I.D. Please call 410.706.5040 to redeem the discounts. There is no discount for ethics, half-day, multi-day, specials or certificate programs.

• How do I get the materials for the workshop? Workshop material is emailed at least one week before your workshop. Sometimes emails are blocked or sent to a spam/junk folder. If you do not receive it, please call/email us. We have no way of knowing if you receive the materials and will not have copies available.

• What happens if I am late or need to leave early? Take a deep breath and get to the destination safely. You do not need to call us. You are officially late once the Instructor is introduced and/or begins. As soon as you arrive, sign in with a staff member- do not wait. If you need to leave early, please tell CPE staff, not the workshop Instructor. Your CEU certificate will be adjusted in half an hour increments. CEUs will also be adjusted for participants who neglect to retrieve their certificate at the end of the workshop and neglected to inform the facilitator of their departure.

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