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BLOOM

University of Maryland School of Social Work
Continuing Professional Education

Workshops Including:
Children and Adolescents • Adults • Aging • Substance Use Disorders • Ethics • Leadership and Management

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Your best source for Continuing Professional Education
Dear Colleagues,

Happy New Year!

As we gear up to start the New Year and a new decade, I am reminded of this year’s significance. This year marks the 100th Anniversary of the 19th Amendment, which granted women the right to vote. This Amendment was ratified on August 18, 1920, and ended almost a century of protests. It is movements such as these that remind us that there is no progress without struggle, thus increasing hope for future change.

This year, our school will also be celebrating 40 years of providing Employee Assistance Education and Research during our Homecoming event, Social Work in the Workplace: Turning the Tables on Critical Conversations. We will be discussing topics such as race equity, gender equality, and how to build a workplace culture of health and well-being. Highlights of the Semester:

- **Cognitive Behavioral Therapy and Personality Disorders** with Judith Beck, PhD.
- **Working with Families on Race** with Dr. Brigitte Vittrup.
- **Basic Forensic Interviewing Training** through CornerHouse.

We thank you, our alumni and friends, for your continued support. We are always open to receiving feedback and suggestions. In fact, many of the ideas for our workshops come from our participants and evaluations.

We look forward to learning with you this semester.

Sincerely,

Seanté A. Hatcher, LCSW-C
Assistant Dean
Office of Continuing Professional Education (CPE)
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Register online at: www.ssw.umaryland.edu/cpe

All workshop material will be e-mailed one week prior to the workshop.
If participants want copies of the handouts, they must bring their own copies to workshops as no copies will be provided.

WORKSHOP LOCATIONS • UM SSW-CPE LOCATIONS

The Office of Continuing Professional Education offers workshops at the University of Maryland’s Baltimore Location at the School of Social Work, 525 West Redwood Street between Paca and Greene Streets.

Selected workshops in the District of Columbia (DC), Howard County (HC), and Shady Grove (SG). These workshops are indicated by the letters DC, HC, and SG immediately following the course.

OFFSITE WORKSHOP LOCATIONS

Howard County (HC)
Very Close to Arundel Mills Mall
University of Maryland University College
6865 Deeppath Road
Elkridge, MD 21075

District of Columbia (DC)
National Rehabilitation Hospital
102 Irving Street, NW
Washington, DC 20010

Shady Grove (SG)
University of Maryland System at Shady Grove
9630 Gudelsky Drive
Rockville, MD 20850

Please call for discounts (with valid ID): 25% off for Seniors 65+ • 50% Current Students 35% Faculty & Staff

🌟 Approved for Children Services

Approvals: Our workshops are by approved the Maryland Board of Social Work Examiners, Board of Examiners of Psychologists, Board of Professional Counselors and Therapists, and the District of Columbia Board of Social Work. All other mental health providers located outside of the jurisdictions listed above should check with their regulating body before registering for a workshop.
SPECIAL EVENTS

Homecoming 2020

Social Work in the Workplace: Turning the Tables on Critical Conversations

Celebrating 40 Years in Employee Assistance Education and Research

Friday, March 13, 2020
9:00 a.m. – 4:30 p.m.

CEUs: 5; Cost: $60 Alumni, $70 Friends, $25 Students

Cognitive Behavioral Therapy (CBT) and Personality Disorders

with Judith Beck, PhD

Monday, March 30, 2020
12:00 p.m. – 1:30 p.m.

Lecture: Free; CEUs: 1.5 for $20

Clinicians generally find individuals with personality disorders to be challenging to treat, especially compared to clients who have only a straightforward depression or anxiety disorder. Judith S. Beck, PhD, will discuss the efficacy of Cognitive Behavioral Therapy (CBT) for Personality Disorders and how it can assist clients in changing their thinking at both an intellectual and an emotional level to bring about enduring changes in cognition, mood, behavior, and general functioning. Dr. Beck is the President of the Beck Institute, a Clinical Professor of Psychology in Psychiatry at the University of Pennsylvania, and is the daughter of world-renowned Psychiatrist, Dr. Aaron Beck. This event is being sponsored by the UMSSW Clinical Concentration.
Daniel Thursz Social Justice Lecture  
Thursday, April 2, 2020  
5:00 p.m. – 8:00 p.m.  
CEUs: 1.5

Talking to Children and Families about Race: Strategies for Therapists and Clinicians  
Wednesday, April 8, 2020  
10:00 a.m. - 1:30 p.m.  
Live Interactive Webinar  
Instructor: Brigitte Vittrup, PhD  
CEUs: 3; Cost: $65

This webinar covers information about children’s race awareness and racial attitudes and how parents and other adults socialize children regarding race. Specific focus will be on how to talk to children and families about race, and strategies for therapists and clinicians working with diverse clients will be presented. Dr. Vittrup will draw on social science research, including her own, and offer concrete examples of various scenarios with suggestions for how to address them.

Dr. Brigitte Vittrup is a Professor of Child Development in the Department of Human Development, Family Studies, and Counseling at Texas Woman’s University. She holds a PhD in Developmental Psychology from The University of Texas at Austin. Her research focuses on parent socialization practices and media influences on children, including the racial socialization of children and external influences on children’s racial attitudes. Dr. Vittrup’s research has been featured in academic journals, such as Journal of Applied Developmental Psychology, Journal of Family Issues, and Analyses of Social Issues and Public Policy, as well as major news outlets, including the Washington Post, Newsweek, and NPR.
CornerHouse Basic Forensic Interviewing Training

Tuesday - Friday, July 14 - 17, 2020
Tuesday - Thursday, 9:00 a.m. - 4:30 p.m.
Friday, 9:00 a.m. - 12:15 p.m.
Location: Baltimore; Price: $1000; CEUs: 25
Registration Deadline: June 1st (No Exceptions)

This training teaches the CornerHouse Forensic Interview Protocol, a credible, reliable, developmentally flexible, and nontraumatic forensic interview protocol appropriate for children, adolescents, and vulnerable adults who allege sexual and/or physical abuse, or have witnessed a violent crime. CornerHouse is a children's advocacy center accredited by the National Children's Alliance. CornerHouse abides by a “Child First Philosophy,” which ensures that the needs of the individual are given first priority during the forensic interviewing process. The forensic interview is person-centered and aligned with the cognitive, behavioral, and social abilities of each individual. This training includes Review of CornerHouse video-recorded interviews, skill-building exercises, and role-play. Courses are outcome-based and include an exam upon completion. The training is 3.5 days in person and 4 hours of Live Interactive Webinar work (which is to be completed prior to the in-person days).

Financial Social Work

3000 Using Money Habitudes (Habits And Attitudes) in Your Social Work Practice: Exploring Money Relationships and More:
UMSSW is pleased to bring back Syble Solomon, President of LifeWise Strategies / Money Habitudes. Syble’s Money Habitude cards are used extensively in all types of practice, financial education and training settings to explore money relationships, values, beliefs, and interpersonal points of view in a fun and non-threatening way. Participants of this training will receive a deck of Money Habituation cards, a Money Habitude Guide for Professionals, and a Bringing Money into the Conversation workbook. This training will help social workers and others in the helping professions broach conversations about the different ways that habits and attitudes surrounding money impact decisions. The information gained from this training can be used with clients in a variety of medical, school, community, and private settings with different populations of all income levels. Friday, April 17, 2020; 9:00 a.m. - 4:30 p.m.; SMC Campus Center; $175; CEUs: 6; Instructor: Syble Solomon, M.Ed
100 CHILDREN AND ADOLESCENTS

**100SG NEW Working with Transgender Children, Youth, and Their Families:** This workshop will increase your skills in supporting transgender children, teens, and their families. We know the statistics on risks for this population. Make sure you feel confident and prepared to address the challenges. Learn from a trans-identified trainer. **Wednesday, February 19, 2020; 9:00 a.m. - 12:15 p.m.; Shady Grove; $65; CEUs: 3; Instructor: Tavi Hawn, LCSW-C**

**101SG Aggression in Play Therapy:** Aggressive play is a controversial topic amongst therapists who work with children in play therapy. Understandably, there is much uncertainty around children being allowed to exhibit aggression in sessions and whether a therapist is promoting aggression by allowing it in the play therapy space. In this workshop, we will explore how aggression is an important and necessary theme in the play therapy process, especially with children who are trauma survivors. We will also explore the neuroscience around aggression and how therapists can use play therapy to promote growth in the child. **Thursday, March 5, 2020; 9:00 a.m. - 12:15 p.m.; Shady Grove; $65; CEUs: 3; Instructor: Kristian Owens, LCSW-C, CTP-C, RPT**

**102 Impact of Trauma on Attachment and Development:** Participants will learn about how trauma can impact development and attachment. They will learn through experiential activities to identify, empathize, and help children who have experienced trauma and are displaying developmental differences and behavioral challenges. Participants will also learn the various types of attachment, how children present with these types of attachment, and how to support children in maintaining stable placements and secure relationships with primary caregivers. **Thursday, March 26, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Kyla Liggett-Creel, PhD, LCSW-C**

**103 It’s Not “Taken”: Realities of Domestic Trafficking:** When most people hear “human trafficking,” they think of the movie, *Taken*, or Foreign Nationals smuggled into the US. However, multiple cases of domestic human trafficking have been reported in all 50 states. There are numerous risk factors, which include any set of experiences that may lead to increased emotional or physical vulnerability. These experiences include a history of neglect or abuse, low self-esteem, poverty, and foster care placement. This workshop will explore the latest data on the overlap between child welfare and sex trafficking and will discuss the training needs of child welfare workers to equip themselves with the skills and knowledge necessary to serve this vulnerable population. **Thursday, April 16, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Nadine Finigan-Carr, PhD**

**104HC NEW #Therapy, #TechTalk, #ConnectingWithYouthInTherapy:**Integrating Technology into Treatment with Adolescents: Adolescents are connected to technology so much so that it is not...
uncommon for their social media presence to be tied to issues. Additionally, youth often attempt to use their smartphones during sessions to respond to text messages and/or social media. As such, integrating technology into the treatment process can be a helpful way to engage youth while also addressing treatment goals. Applications or “apps” for mental health are advantageous, in that they require minimal resources, are free or low cost, are highly portable, can be utilized with or without a therapist, and can provide instant intervention during a crisis. Additionally, mobile applications have the potential to reduce health disparities in terms of providing easy access, since a majority of adolescents with behavioral and mental health concerns own mobile devices. This workshop will explore several Behavioral Intervention Technologies (BITs) that can be used to integrate information and communication technology to engage youth while addressing behavioral and mental health outcomes. Additionally, the workshop will introduce and review a series of apps available to address a variety of mental health issues commonly found in adolescent clients. **Wednesday, May 6, 2020; 9:00 a.m. - 12:15 p.m.; Howard County; $65; CEUs: 3; Instructor: GiShawn Mance, PhD**

**105SG NEW Calm, Cool, and Connected: Integrating Yoga in Play Therapy for Children with Trauma:** This experiential workshop will explore the benefits of using yoga techniques within play therapy as a way to support children in strengthening their self-awareness, self-regulation, self-confidence, and resilience. Workshop participants will get an opportunity to learn and practice creative ways to incorporate kid-friendly yoga postures and breathing techniques into individual, family, and group therapy sessions using games, art, and books. We will also explore the neuroscience behind yoga and its benefits for incorporating yoga techniques in our work with clients, especially those with a history of trauma. This will be an interactive workshop. Workshop participants are requested to dress comfortably and to bring a yoga mat. **Friday, May 29, 2020; 9:00 a.m. - 12:15 p.m.; Shady Grove; $65; CEUs: 3; Instructor: Kristian Owens, LCSW-C, CTP-C, RPT**

**106W Social-Emotional Development: How to Partner with Teachers and Parents in Support of Young Children:** This workshop is targeted at audiences who have an interest in infants, toddlers, and preschoolers’ social-emotional development. Participants will gain a better understanding of the social-emotional behavior of children under the age of five and how best to support teachers and parents. **Wednesday, June 17, 2020; 9:00 a.m. - 12:15 p.m.; Live Interactive Webinar; $65; CEUs: 3; Instructor: Catherine E. Graham, PsyD**

**200 SG Borderline Personality Disorder: Understanding the Gray Spectrum:** Treating someone with Borderline Personality Disorder (BPD) is extremely challenging and requires a certain set of skills to engage the client in therapy. Current literature and case examples will be discussed, which will allow participants to articulate the importance of understanding
and implementing various forms of treatment modalities. **Thursday, February 20, 2020; 9:00 a.m. - 4:30 p.m.; Shady Grove; $125; CEUs: 6; Instructor: Veronica Cruz, LCSW-C**

**201 Relationship Enhancement (RE) Therapy for Couples and Families:** Relationship enhancement (RE) therapy combines a psychoeducational skills training approach with deep emotional processing designed to transform couples’ and families’ negative patterns of interaction into positive, nurturing ones to facilitate healing of ruptured relationships. The core RE skills focus on how to manage conflict effectively and how to dialogue in order to uncover client’s most vital feelings, concerns, and desires. This, in turn, empowers even the most distressed couples and families to resolve current and future problems on their own. An additional strength of RE therapy is that it equalizes power within relationships, both between genders and across generations. RE therapy is supported by 40 years of research that validates its clinical effectiveness. Workshop participants will be introduced to the practice of RE therapy and will learn how the process is used in clinical practice, via videotaped therapy sessions, live demonstrations, and experiential sessions. **Wednesday, March 4, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Robert Scuka, PhD**

**202HC Trauma-Informed Care for Families Experiencing Homelessness:** Facing homelessness is itself traumatic, and families in these circumstances often have a history of trauma. It is critical that service providers have an understanding of the impact of trauma. Participants in this workshop will gain a basic understanding of the principles of trauma-informed care, with a particular focus on this approach when working with families who are experiencing homelessness, are at-risk of homelessness, or who have recently emerged from homelessness. This workshop will explore practical strategies for incorporating trauma-informed practice in a variety of settings, and will include a blend of lecture, interactive activities, and discussions. **Wednesday, March 11, 2020; 9:00 a.m. - 4:30 p.m.; Howard County; $125; CEUs: 6; Instructor: Caroline Coffill, LCSW-C**

**203W NEW Assessing and Treating PTSD: A Review of Best Practices:** This seminar will review the criteria for PTSD and how this disorder is distinguished from the other DSM-5 Trauma and Stressor-Related Disorders. It will also explore the effects of trauma on the structure and function of the brain. Through case examples and exercises, we will explore how PTSD is diagnosed by use of interview techniques and self-report rating scales. This seminar will also provide an overview of evidence-based treatment approaches to the treatment of PTSD, such as Cognitive Behavioral Therapy (including exposure therapy and systematic desensitization), Dialectical Behavior Therapy/Mindfulness, EMDR, and psychotropic medication. **Wednesday, March 25, 2020; 10:00 a.m. - 1:30 p.m.; Live Interactive Webinar; $65; CEUs: 3; Instructor: Kenneth Stefano, PhD**

**204SG From Post-Traumatic Stress Disorder to Post-Traumatic Growth:** Trauma is a universal experience that every human being endures
at some point in their life. Some individuals sustain multiple traumas, and some become so pervasive and acute that they manifest in the form of Post-Traumatic Stress Disorder. This workshop will focus on understanding the concept and the theory of what trauma is and how individuals can grow and thrive despite their trauma narrative. Different theories will be explored, but a particular focus will be on strength-based theories to help clients build on, or acquire, resiliency concepts that help them to reshape and reform their trauma narratives from that of victim to that of survivor. A myriad of treatment modalities will be explored, including strength-based theories, trauma-focused cognitive behavioral therapy, and art therapy. Thursday, April 23, 2020; 9:00 a.m. - 4:30 p.m.; Shady Grove; $125; CEUs: 6; Instructor: Veronica Cruz, LCSW-C

205 Living and Dying by the Numbers: The Role of Health Disparities: The Affordable Care Act sought to improve healthcare access and coverage, but because of the drive to reduce healthcare costs, there remain pre-existing health disparities. This training aims to address how health disparities persist as a result of practice habits, structural barriers related to access, and as a result of powerful environmental factors that instigate individual and community-based stress. This training ultimately emphasizes the professional need to understand how complex that context has become—especially when we consider the role of this context on health and health outcomes. Thursday, April 30, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Lee Westgate, LCSW-C

206HC NEW Treating Differences in Sexual Desire in Couples Work: Is sexual desire a need or a want? Many couples seek couples therapy. While most couples do not seek out sex therapists for common sexual difficulties, such as a presentation of “differences in desire,” it is essential that couples therapist have necessary skills to address this very common sexual scenario. How do you help a couple when one person’s desire is so much higher than their partners? How do you manage each of their needs without pressuring the lower desire spouse? How do you work with the couple without shaming the higher desire spouse? How can a couple get their “needs” and preferences met while committing to an exclusive and committed relationship? Wednesday, May 20, 2020; 9:00 a.m. - 4:30 p.m.; Howard County; $125; CEUs: 6; Instructor: Rivka Sidorsky, LCSW-C, AASECT Certified Sex Therapist

207 Play Therapy: Is It Really Just for Children? Participants will learn some strategies for incorporating play therapy into sessions with adults. Some topics will include Play therapy with families, play therapy with couples, and using play therapy in groups. Thursday, May 28, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Mimi Ryans, LICSW, LCSW-C, RPT-S

208HC Art of Deep Empathy: Empathy is one of the therapist’s most important—and sometimes most taken-for-granted—therapeutic tools. Yet, it’s often misunderstood, both conceptually and in terms of application and
technique. This workshop will clarify what empathy is (and isn’t), how to achieve a deep empathic connection, and the two distinct modes of verbally empathizing: the conventional “You” mode and the more specialized “Identification” mode. It will also demonstrate special applications of empathy to deepen the therapeutic process with couples and families. Participants will have the opportunity to practice the specialized identification mode of empathy. **Wednesday, June 10, 2020; 9:00 a.m. - 4:30 p.m.; Howard County; $125; CEUs: 6; Instructor: Robert Scuka, PhD**

209SG **Female Sexual Dysfunction: Promoting Sexual Wellness for Women:** Sexual wellness and satisfaction are crucial components of a healthy, happy life, and yet approximately 40% of women struggle with Female Sexual Dysfunction (FSD). This important clinical issue includes challenges of desire, arousal, orgasm, and sexual pain. Our multifaceted, sex-positive training will incorporate information from the fields of sexual health education and sex therapy to provide participants with an understanding of specific sexual health issues of women, the clinical impact of FDS, and best practices in treatment. This information is useful for social workers in many areas to best support the clients they serve. **Friday, June 26, 2020; 9:00 a.m. - 4:30 p.m.; Shady Grove; $125; CEUs: 6; Instructors: Tanya Bender Henderson, PhD, & Emma Kupferman, LICSW, LCSW**

210W **Infidelity and Affairs: Helping Couples Heal their Broken Hearts:** The disclosure of an affair is among the most devastating and painful experiences that couples face. It is also one of the most challenging and complicated problems encountered in therapy. This workshop will examine various forms of infidelity, the impact of its discovery on each spouse and the marriage, and issues of recovery and treatment. Some of the challenges encountered in treatment include how much information about the affair should be disclosed, how to help with shattered trust, hypervigilance, and anxiety, and how to build empathy between the partners. Some important insights that have been gained in understanding and treating infidelity and affairs will be reviewed. In addition, a framework for the treatment of infidelity rooted in Relationship Enhancement therapy will be presented. **Wednesday, July 8, 2020; 10:00 a.m. - 1:15 p.m.; Live Interactive Webinar; $65; CEUs: 3; Instructor: Robert Scuka, PhD**

211SG **Understanding and Addressing the Complex Web of Childhood Abuse and Trauma:** This workshop will examine the collateral consequences of child abuse and trauma while exploring addiction, social, psychological and developmental implications. Participants will discuss the various forms of child abuse and trauma, gender differences, propensity, and risk factors. Participants will use current literature to explore the importance of understanding best treatment modalities, congruent with the type of trauma. Participants will be able to articulate the importance of understanding emerging family structures, effective treatment interventions, and dual exposure to trauma and addiction. **Friday, July 17, 2020; 9:00 a.m. - 4:30 p.m.; Shady Grove; $125; CEUs: 6; Instructor: Veronica Cruz, LCSW-C**
300 AGING

300 Respecting and Protecting Our Elders: Understanding and Fighting Elder Abuse: Elder abuse is an epidemic in our country. This course will include an overview of the prevalence and incidence of elder abuse, the types of elder abuse, signs, symptoms, risk factors, and the dynamics of power and control between perpetrators and victims. Relevant state and federal laws, including the Elder Justice Act, will be reviewed. The course will also cover prevention strategies and assessment of victims. Components of intervention, including crisis counseling, safety planning, emergency shelter, legal services, and supportive services will be detailed, illuminated by case examples. Wednesday, June 3, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructors: Barbara Korenblit, LCSW & Jacke Schroeder, LCSW-C

400 SUBSTANCE USE DISORDERS

400HC The Addictions Whisperers: Doing What Works in the Treatment of Substance Use Disorders: The nationwide opiate and overdose crisis evokes the urgent need to respond. While expanded access to addictions treatment is desperately needed, there is still a great deal of anti-scientific moralizing and stigma around substance use disorders, those struggling with them, providers trying to treat them, and what effective treatment should look like. This engaging, clinically-relevant workshop will review what really works in the treatment of substance use disorders and help social workers become even more uniquely well-prepared to respond to our contemporary crisis and contribute to further development of the addictions treatment workforce. Friday, April 24, 2020; 9:00 a.m. - 4:30 p.m.; Howard County; $125; CEUs: 6; Instructor: Daniel Buccino, LCSW-C, BCD

401 NEW Clinical Implications of Intrauterine Drug Exposure: Practical Ways to Support Children and Families: This interactive workshop will allow participants the opportunity to increase their awareness of how the abuse of drugs impacts fetal development and parent-child attachment. Participants will be introduced to ways of supporting parents with a history of addiction and responding to their child’s needs. Participants will also gain insight on how to support a parent and family’s recovery process. Thursday, June 11, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Tara Doaty, PhD

500 ETHICS

500W NEW Ethics: Workplace and Boundaries in Professional Relationships: Ethical problems are inevitable at all levels of a business. It makes good sense for companies to take seriously the task of institutionalizing ethics within their organizations. We will explore useful strategies to protect the reputation and integrity of your employees, your
clients, and your organization. We will also review the COMAR Regulations enforced by the Board of Social Work Examiners. **Friday, February 21, 2020; 9:00 a.m. - 12:15 p.m.; Live Interactive Webinar; $65, CEUs: 3; Instructor: Michael Allen, MSW**

**501SG Ethical Considerations and Strategies for Addressing the Issue of Confidentiality:** This workshop focuses on strategies for identifying and addressing common, yet complex ethical issues, concerning confidentiality that social workers face in their practice. To provide services, it is often necessary to share and obtain information from community partners serving individuals, and yet confidentiality practices are confusing and complicated. Content will include: An overview of the Maryland Statute and Regulations, which govern confidentiality of health records, mental health records, substance abuse records, social service records, education records, the requirements for release of information, child maltreatment or imminent harm information, privileged communication, and clinician’s personal notes. The presenter served on the national committee to revise the new NASW Confidentiality and Information Utilization Issue Statement, and will include an overview of these national confidentiality standards. **Wednesday, March 4, 2020; 9:00 a.m. - 4:30 p.m.; Shady Grove; $125; CEUs: 6; Instructor: Gisele Ferretto, LCSW-C**

**502 Ethical Decision Making: A Crisis Intervention Approach:** In crisis, time is of the essence, and social workers are often called on to quickly triage a situation. The margin for error can change depending on the situation. In addition, environmental elements can affect ethical decision-making processes, and the applied approach can vary widely. Participants will explore appropriate ethical decision-making processes in a crisis situation/intervention. An emphasis will be placed on best practice techniques for ethical decision-making, allowing participants to engage in a variety of different intervention techniques. **Friday, March 6, 2020; 9:00 a.m. - 12:15 p.m.; Baltimore; $65; CEUs: 3; Instructor: Veronica Cruz, LCSW-C**

**503HC Understanding Ethics: Application of Ethics in Clinical Practice:** This training will provide a thorough overview of Ethics and the clinical obligations Social Workers must adhere to in accordance with the NASW Code of Ethics. **Thursday, April 2, 2020; 9:00 a.m. - 12:15 p.m.; Howard County; $65; CEUs: 3; Instructor: Emma Jean Norfleet Haley, PsyD, LICSW, LCSW-C, CAMS-I**

**504W What You Don’t Know Can Hurt YOU: Links Between Law, Ethics, and Risk Management:** To navigate and understand fully the “person in the environment,” it is necessary for social workers to be aware of the various laws and regulations that impact their practice. The workshop will include opportunities to enhance skills for locating and understanding laws and regulations relevant to social work practice. Risk management strategies and update will also be explored. **Friday, May 29, 2020; 9:00 a.m. - 12:15 p.m.; Live Interactive Webinar; $65; CEUs: 3; Instructor: Gisele Ferretto, LCSW-C**
505SG Exploring Bio-Ethical Issues and Principles: Participants in this workshop will examine bioethical issues and principles, by exploring the history of bioethics (landmark cases), the definition of bioethics, and current legislative proposals. An emphasis will be placed on understanding the social worker’s responsibility to self and workplace while respecting clients’ personal bioethical decisions. Discussion will focus on numerous medical issues, including cloning, assisted suicide, organ transplant, and life extension. Additional issues explored include “aid-in-dying” legislation, ethical issues in healthcare setting, code of ethics, ethical framework model, and best practice techniques. This is an interactive workshop in which case vignettes will be presented and participants will work in a group setting to further maximize their understanding of the concepts presented. Thursday, June 11, 2020; 9:00 a.m. - 12:15 p.m.; Shady Grove; $65; CEUs: 3; Instructor: Veronica Cruz, LCSW-C

506 NEW 28 C’s of Ethics: Approximately 45% of ethics complaints about social workers can be linked directly to social work ethics codes. The majority of complaints are outside the scope of ethics codes and are not directly or adequately articulated in the ethics codes. The focus of this workshop is to aid social workers in avoiding actions or situations that could lead to ethics complaints based on the Maryland Board of Social Work Examiners Code of Ethics and/or the National Association of Social Workers (NASW) Code of Ethics. Dr. Munson has developed a comprehensive model of ethics violation risks that are grouped as the “28 C’s” of social work ethics. The “C” ethics concepts are: Codes, Competencies, Compliance, Clients, Comprehension, Consent, Confidentiality, Communication, Colleagues, Consulting, Conflicts, Complaints, Courts, Compassion, Courage, Conviction, Commitment, Complexity, Confirmation, Coherence, Caution, Cynicism, Callousness, Collusion, Criminality, Calm, Closings, and Unspecified. These “C” concepts will be reviewed as the potential “Core” origins of social work ethics complaints or lawsuits. Thursday, June 25, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Carlton Munson, PhD, LCSW-C

507 NEW Navigating Ethical Boundaries with Clients and Peers: This three-hour workshop is focused on the development of strategies to address the common, yet complex, ethical issues concerning boundaries social workers face in their practice. Content will cover the following topics: establishing and maintaining ethical boundaries; different types of boundaries, and the impact of boundaries on practice and client outcomes. Current legal references will be provided, concerning relevant statutes and the ethical codes of practice for behavioral health professionals. Friday, July 10, 2020; 9:00 a.m. - 12:15 p.m.; Baltimore; $65; CEUs: 3; Instructor: Gisele Ferretto, LCSW-C
600 LEADERSHIP AND MANAGEMENT

(part of the HS&L Certificate Program)

600 NEW Fundraising for Nonprofits: This one-day module will instruct participants on how to build strategies that drive effective engagement, enhance volunteer participation, and develop financial support for their organizations. Participants will create engagement strategies for their non-profit organization’s specific needs. Exploring various funding options, participants will be able to define new sources of funding for their organization’s unique requirements. Participants will also learn techniques to secure private gifts and outline relationships that support their fundraising priorities. Wednesday, February 19, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: David D. Flinchbaugh

601 Successful EBP Installation in Organizational Settings: Evidence based practices (EBPs) are critical components of modern provider service arrays. Creating atmospheres that foster innovation can sometimes challenge traditional mental health care provision models. The National Implementation Research Network highlights the importance of training, coaching, provider settings, and fidelity monitoring to support quality EBP installation. This module will exceed the details of implementation science to address the operationalization of the implementation components as well as support supervisor’s critical role in creating a climate that supports successful installation and ongoing implementation of EBPs. Thursday, February 27, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Kimberly Estep, M.A.

602 Results-Based Accountability: The purpose of this module is to equip nonprofit professionals and leaders with knowledge and skills in RBA and enable them to work within their organizations to develop benchmarks, indicators, performance measures, and accelerate achieving results. Wednesday, March 11, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructors: Clara Lee, DM, CPC, PMP, CPCM and Venessa Perry, PhD, MPH, CHES

603 Telling Your Story: Marketing and Branding: This workshop will cover strategies and techniques to marketing and branding your nonprofit organization, defining your “why,” and defining your audience. The workshop will also discuss strategies for getting the word out about your organization, including social media and direct mail campaigns. THIS WORKSHOP IS NOT APPROVED FOR CEUS. Wednesday, March 18, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $75; NO CEUs; Instructor: James Wynn, Wynn Development Consultants

604 Understanding Your Leadership Style and Building Your Potential to Lead: This two-day module will orient participants to leadership frameworks, practices, and competencies that span the fields of business, non-profit management, and community practice. Using nationally recognized assessment tools and problem-based learning exercises, participants will emerge with a clearer understanding of their personal
leadership style, assets, and blind spots, and will expand their potential to effectively build, manage, and lead teams. **Thursday, March 26, 2020; 9:00 a.m. - 4:30 p.m. and Friday, March 27, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $250; CEUs: 9 Cat I & 3 Cat II; Instructor: S. Colby Peters, PhD, LCSW-C**

**605 Ten Characteristics of a High Performance Team:** This module explores the factors involved in creating and maintaining high performance teams. This workshop will explore issues of group dynamics, teamwork, and problems in developing effective teams, providing frameworks, and tools for improving team performance. Assessments will be conducted to better understand your team’s unique strengths and areas for improvement. **Wednesday, April 1, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Steven Lewis, MSW, MBA**

**606SG Giving and Receiving Feedback and Managing Up Effectively:** This seminar uses principles of coaching for effective “feed forward,” which empowers and increases accountability. By stating feedback in behaviorally specific terms, we increase buy-in and collaboration. We will demonstrate how to give feedback to leaders and how to take responsibility for eliciting feedback. We will take the learning “off the page” with case scenarios, group exercises, and action simulations. **Friday, April 17, 2020; 9:00 a.m. - 4:30 p.m.; Shady Grove; $125; CEUs: 6; Instructor: Marsha Stein, LCSW-C**

**2004 Supervisors as Leaders:** Social work supervisors are gatekeepers of the profession, which makes you leaders. This two-day module exposes supervisors to critical knowledge and skills, situational scenarios, and strategies for effectively supervising others. Participants will explore how to maximize different types of training for results. This workshop includes group supervision. This training is designed for human service supervisors and managers who are new to supervision or who have supervisory experience and would like to sharpen their supervisory skills. The new supervision regulations will be discussed as well. **Thursday - Friday, April 30 - May 1, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $250; CEUs: 12; Instructor: Pamela Manning, PhD**

**607 Understanding and Applying Coaching to Leadership Situations:** This one-day module explores the strategies and tactics of coaching, differentiating between management for the sake of achieving organizational goals, and coaching for the sake of achieving personal development. Using nationally recognized coaching frameworks, participants will discuss the situations and contexts in which coaching is appropriate as well as explore tactics for preparing, designing and deploying coaching techniques with their teams. **Thursday, May 21, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Clara Lee, DM, CPC, PMP, CPCM**

**608 Professional Conflict Resolution and a Culture of Conflict Acceptance:** How often do you disagree with your coworker or supervisor? Do you address your concerns, or do you tend to avoid creating conflict? Conflict in the workplace is unavoidable, and yet many of us make a second
career out of trying to avoid it. Unresolved conflict impedes communication, contributes to inefficient systems, and often results in burnout and turnover. Participants will learn and practice the steps to professional conflict resolution, create their own conflict resolution policy, and learn how to contribute to a culture of conflict acceptance in their organization. **Friday, May 29, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: S. Colby Peters PhD, MSW**

**609 NEW Transitioning from Direct Services to a Management Role:** This one-day module will help participants understand the key dimensions to focus on in order to become an effective manager, and the nature of individual role transitions. This module will also provide the tools to use in assessing the extent to which you have made the successful transition to a managerial role. This workshop does not meet BSWEs Supervision Requirements. **Wednesday, June 10, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore, $125; CEUs: 6; Instructor: Steven Lewis, MSW, MBA**

**610 Budgeting: Understanding and Applying Financial Management Strategies for Human Service Organizations:** This one-day module explores the principles and techniques of financial management and budgeting in the human service and nonprofit environments. Participants will learn the conceptual framework and practical tools needed to provide strong fiscal management and leadership to their organizations. Participants will be presented tools for solving financial management problems and enhancing their decision-making processes. **Wednesday, June 24, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Linda Reynolds Wise, MBA**

**611 NEW Self Care and Work/Life Balance and Integration:** This one-day module will provide an overview of how traditional thinking pits work and the rest of our lives against each other. Participants will be oriented in strategies and smart steps to integrate work, home, community, and self that will make you a more productive leader and a more fulfilled person. **THIS COURSE IS NOT APPROVED FOR CEUS. Wednesday, July 15, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $75; NO CEUs; Instructor: Steven Lewis, MSW, MBA**

**700 PROFESSIONAL GROWTH AND DEVELOPMENT**

**700 Non-Defensive Communication:** Do you ever feel defensive, frustrated, or helpless when dealing with difficult clients or situations? Learning how to respond to people who may attack, blame, withdraw, or sabotage is a necessary skill to communicate nondefensively. Developing skills to communicate clearly, without engaging in power struggles, is necessary for both your professional and personal life. **Wednesday, April 29, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Jennifer Alfonso, LCSW-C**
**701HC At the Intersection: Therapy for the Whole Trans, Two-Spirit, and Gender Non-Conforming Person:** Most of us receive little to no training in our graduate programs on working with transgender, two-spirit, and gender non-conforming people. This training will address the ways that culture, race, religion, economic status, ability, etc. affect trans people in varying ways. Clinicians will gain skills in creating affirming practices and supporting clients and their families in culturally relevant ways. You will leave this workshop grounded in an ethical and trauma-informed framework. *Friday, May 15, 2020; 9:00 a.m. - 12:15 p.m.; Howard County; $65; CEUs: 3; Instructor: Tavi Hawn, LCSW-C*

**702 Enhancing Clinical Note Writing:** This training provides clinicians an in-depth overview about clinical writing and its usefulness when applied appropriately. Participants will share and discuss a systematic style of clinical note writing called GIRP. Terms and interventions needed to enhance one’s clinical note-writing will be shared and discussed during this training. *Friday, June 19, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $125; CEUs: 6; Instructor: Emma Jean Norfleet Haley, LCSW-C, PsyD*

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**800 FACULTY FIESTA: LIVE INTERACTIVE WEBINAR WORKSHOPS**

**800W NEW The ABC’s of ACEs: An Overview of the Adverse Childhood Experience:** As we become more knowledgeable about the effects of trauma and understanding early adversity can have lasting impacts, the Adverse Childhood Experiences Scale is increasingly used to screen for traumatic experiences in childhood. This session will focus on understanding the ACES, and utilizing it as a screening tool to help identify risk factors in order to team with clients to mitigate those risks. *Wednesday, February 19, 2020; 12:00 p.m. - 1:30 p.m.; Live Interactive Webinar; $30; CEUs: 1.5; Instructor: Caroline Burry, PhD, LCSW-C*

**801W NEW There’s an App for That! Using Mental Health Apps in Social Work Practice:** While smartphone applications (apps) are no replacement for seeing a licensed professional, they can supplement existing treatment plans or offer a starting point for help-seeking when no other services exist. There is a vast array of publicly available apps to choose from. For professionals interested in integrating mental health apps into their practice, it can be a challenge to determine which apps to use and how to use them appropriately. This webinar will introduce basic topics related to the use of mobile apps in clinical practice. We will describe the benefits and opportunities presented by mental health apps. We will also discuss some of the limitations and challenges, outline some strategies for finding mental health apps, and provide some available resources which can help. We will discuss how various cultural considerations can impact uptake and use of digital health tools, and how professionals can evaluate whether an app is the right fit for their patients. Finally, we will outline some strategies for effectively introducing apps to clients and integration into
802W NEW Managing Adult Siblings Relationships: The bond siblings develop during childhood may be vastly different from the relationship that evolves in adulthood. Based on survey data and in-depth case studies of more than 260 siblings over the age of forty (as described in the presenters’ 2016 book *Adult Sibling Relationships*), this workshop offers vital direction for navigating the emotional terrain of adult sibling relations. It will discuss family therapy theories and pursue a richer understanding of ambivalence, a normal, though rarely explored, feeling among siblings, and how ambiguity about the past or present can lead to miscommunication and estrangement. The workshop will focus on the most confounding elements of sibling relationships, such as emotional cut-offs, and provide specific suggestions for realizing new, productive avenues of friendship in middle and later life skills that may be particularly important for siblings who must cooperate to care for aging parents or give immediate emotional or financial support to other siblings or family members. **Friday, April 24, 2020; 12:00 p.m. - 1:30 p.m.; Live Interactive Webinar; $30; CEUs: 1.5; Instructor: Geoffrey Greif, PhD, LCSW-C**

803W NEW Suicide Prevention and Post-vention in Work and Professional Organizations: With over 47,000 people dying by suicide in 2017, it is critical that workplace leaders take a stronger stance in promoting health workplaces that place suicide prevention as a key part of a healthy and safe workplace. Learn how suicide prevention is everyone’s business, as we all work to prevent suicide and respond to the ongoing tragedies of suicide in and around our communities. This webinar will introduce participants to the recently released national U.S. Guidelines for Suicide Prevention in the Workplace. Dr. Frey is a leading expert in suicide research and has worked with national organizations supporting these guidelines for workplaces and professional organizations. **Wednesday, May 27, 2020; 12:00 p.m. - 1:30 p.m.; Live Interactive Webinar; $30; CEUs: 1.5; Instructor: Jodi Jacobson Frey, PhD, LCSW-C**

**1000 LICENSURE**

A two-day intensive comprehensive review program that prepares MSW graduates to pass the LMSW and the LCSW-C state licensing exams. The program incorporates a review of test-taking strategies using sample multiple-choice questions that are similar to those found on the licensing exam. Participants will receive Volumes I and II of the Comprehensive Study Guide and Practice Questions from Social Work Examination Services (SWES). Social Workers who use SWES materials pass the licensing examination. In fact, these students pass in high numbers (92%) and with high scores (84%). Exam scores exceeding 90% are not uncommon.
2000 SUPERVISION

2000 The Essentials of Clinical Supervision: The Dynamics of Effectiveness: Today’s practice environment is increasingly complex and stressful for social workers and their supervisors. Increasing caseloads, funding challenges, budget shortfalls, regulatory and documentation burdens, and a steady push for accountability leave us all exhausted from being asked to do more with less. This new two-day interactive workshop will provide a framework for supervisors, at all experience levels and in all practice settings, to develop their own knowledge, skills, competence, and effectiveness as supervisors in order to help their supervisees develop the same. Friday - Saturday, February 28-29, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $250 CEUs: 12; Instructors: Daniel Buccino, LCSW-C, BCD, and Teresa Mendez, LCSW-C

2001 NEW Clinical Supervision: A Fundamental Tool Governing Client Care: This training will discuss Maryland Board of Social Work Examiners definition of clinical supervision, the role of the supervisor and supervisee in clinical supervision, some of the common tasks/barriers faced by clinical supervisors, NASW and the Maryland Board of Social Work Examiners ethical standards governing supervision, an overview of a Clinical Supervision Agreement, and the importance of guidelines for proper termination of a supervisory relationship. Friday, March 6, 2020; 1:15 p.m. - 4:30 p.m.; Baltimore; $65; CEUs: 3; Instructor: Annette Solomon, LICSW, ACSW

2002W Using Motivational Interviewing (MI) in Supervision and Supervising MI Work: This Live Interactive Webinar workshop is designed for social workers who would like to use Motivational Interviewing (MI) skills within supervision and/or social workers who are responsible for providing clinical supervision to students or employees who implement MI in practice settings. This workshop is appropriate for those who have a working understanding of MI knowledge, basic MI skills, and engage in supervision of others. Teaching methods include didactic instruction, video, individual reflection and development, paired practice (audio capacity from your phone or computer required), and large group discussion via chat. Wednesday, April 1, 2020; 9:00 a.m. - 12:15 p.m.; $65; CEUs: 3; Live Interactive Webinar; Instructor: Mary Hodorowicz, PhD, LCSW-C

2003HC NEW Harnessing the Power of “We”: By bringing professionals, together group supervision enables members to reflect on their work and improve each other’s skills and capabilities. Reviewing
2004 Supervisors as Leaders: Social work supervisors are gatekeepers of the profession, thus making you leaders. This two-day module exposes supervisors to critical knowledge and skills, situational scenarios, and strategies for effectively supervising others. Participants will explore how to maximize different types of training for results, including group supervision. This training is designed for human service supervisors and managers who are new to supervision or have supervisory experience and would like to sharpen their supervisory skills. The new supervision regulations will be discussed. **Thursday - Friday, April 30 - May 1, 2020; 9:00 a.m. - 4:30 p.m.; Baltimore; $250; CEUs: 12; Instructor: Pamela Manning, PhD**

2005W More Than Three Hours in Two Years: The Supervisors Role in Bringing Ethical Behavior to the Forefront of Daily Practice: A supervisor’s role is to create structures, support both role models and enforce ethical behavior among staff. This class will engage participants to reflect on what they are doing to infuse their workers’ practice both in the field and in the office setting. Concrete tools will be reviewed to enhance ethical perspectives in decision-making in supervision. **Friday, May 29, 2020; 1:15 p.m. - 4:30 p.m.; Live Interactive Webinar; $65; CEUs: 3; Instructor: Frances Williams-Crawford, LCSW-C**

2006SG What Should I Say? Handling Difficult Conversations at Work: A Training for Supervisors: Avoiding difficult conversations at work can grow to become a major barrier and obstacle to excellent performance. Despite our education and training, not having difficult conversations with those we supervise is something that many of us suffer from. When we avoid these conversations, we fail to address the issue at hand with the person who needs to hear it. This can lead to sub-optimal performance. In this interactive and dynamic training, you will learn strategies to overcome these obstacles and learn proven techniques on how to have courageous conversations and how to provide constructive feedback to those you supervise. **Wednesday, June 10, 2020; 1:15 p.m. - 4:30 p.m.; Shady Grove; $65; CEUs: 3; Instructor: Jennifer Alfonso, LCSW-C**

2007 Elements of Effective Clinical Supervision: This three-hour workshop explores the practice issues related to clinical supervision and the complex legal and therapeutic issues that arise when supervising the delivery of social work services. Topics covered includes: Self-reflection/evaluation of effectiveness, overview of BSWE Supervision Standards, major functions of supervision, elements of effective clinical supervision, assessment of supervisees, influencing clinical outcomes, and resources. **Friday, July 10, 2020; 1:15 p.m. - 4:30 p.m.; Baltimore; $65; CEUs: 3; Instructor: Gisele Ferretto, LCSW-C**
The University of Maryland School of Social Work’s Promise Heights initiative is a collaboration between 20 organizations and five schools in West Baltimore to prepare children to graduate from high school ready for college. Over the past 10 years we have worked to create a pipeline of services.

- Access to early childhood development for over 480 children ages three to five.
- Parenting education classes to increase knowledge on child development.
- After school and summer programs for over 460 children in Upton/Druid Heights.
- Enhanced student technology for all 5 schools, including over 450 new computers.
- Transforming the 5 schools into Community Schools that offer health, social, and academic supports, as well as sports and enrichment activities for students and their parents.

We need your support to continue our work with the children and families in West Baltimore in the year ahead. The University of Maryland Baltimore Foundation has pledged to match all gifts made to Promise Heights up to $50,000 – an incredible opportunity to DOUBLE your gift and help us raise $100,000 to commemorate Promise Heights’ success in 2019 and ensure a strong start in 2020.

To make a donation online, go to: ssw-umaryland.networkforgood.com/causes/846-promise-heights
For updates please visit www.ssw.umaryland.edu/cpe for additional information on current course offerings, learning objectives, biographical information on presenters, registration information, policies, and more.

**PARKING**

The UMB Saratoga Street Garage (220 N. Arch Street, Baltimore, MD 21201) located four blocks from the School is available for parking at $6 per day. Upon request, a “parking voucher” will be available the day of the workshop. No parking vouchers for Saturday workshops. Directions to this garage will be emailed with your confirmation letter. No credit/refunds are provided after purchase.

If accommodations are needed for a disability, please make a request two weeks in advance of workshop date.

**REFUNDS AND CANCELLATIONS POLICY**

### TOP 5 QUESTIONS

**For more information about our policies, please visit our website**

- **Who are you authorized by?** We are authorized by the Maryland Board of Social Work Examiners and DC's Board of Social Work. Maryland’s LG/LCPC licensing Board accepts our certificates. Many other jurisdictions accept accredited Schools of Social Work CEUs, however, it is best to check with your licensing Board.

- **Can I register late or walk-in?** Registration Deadline: Two weeks prior to the workshop(s) in which you wish to enroll. After the deadline, a non-refundable $20 late fee will be added to the cost of each workshop. Early registration is encouraged. If you register late there will be an attachment on your confirmation email that has a link to the workshop material. If you do not see the attachment call or email us. If you’re a walk in, you will receive the materials with your CEU certificate by mail no later than two weeks after the workshop.

- **Are there any discounts?** We offer discounts for 25% off for Seniors 65+; 50% off for Current Students and 35% off for Faculty, Staff and Field Instructors with valid I.D. Please call 410.706.5040 to redeem the discounts. There is no discount for ethics, half-day, multi-day, specials or certificate programs.

- **How do I get the materials for the workshop?** Workshop material is emailed at least one week before your workshop. Sometimes emails are blocked or sent to a spam/junk folder. If you do not receive it, please call/email us. We have no way of knowing if you receive the materials and will not have copies available.

- **What happens if I am late or need to leave early?** Take a deep breath and get to the destination safely. You do not need to call us. You are officially late once the Instructor is introduced and/or begins. As soon as you arrive, sign in with a staff member- do not wait. If you need to leave early, please tell CPE staff, not the workshop Instructor. Your CEU certificate will be adjusted in half an hour increments. CEUs will also be adjusted for participants who neglect to retrieve their certificate at the end of the workshop and neglected to inform the facilitator of their departure.

**OFFICE OF CONTINUING EDUCATION**

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