

Mary T. Hodorowicz, PhD, MSW, LCSW-C

EDUCATION

- PhD** May 2018, University of Maryland School of Social Work
Dissertation Title: *Teaching and learning Motivational Interviewing: Examining the efficacy of two training methods for social work students*
Chair: Dean Richard Barth
Committee: Drs. Theresa Moyers, Paul Sacco, Frederick Strieder, & Bethany Lee
- MSW** 2007, University of Maryland School of Social Work, Baltimore, MD
Primary Concentration: Clinical
Secondary Concentration: Management and Community Organization
Specialization: Families and Children
- BS** 2004, University of Pittsburgh, Pittsburgh, PA
Major: Psychology
Related Area: Sociology

LICENSURE

Maryland Licensed Certified Social Worker-Clinical, License Number 20650

- Board approved clinical supervisor

ADDITIONAL SPEACIALIZED TRAINING

2020 Board Certified Telehealth Professional, Level 1, Telebehavioral Health Institute
2019 DialogueTrainer, software programming for virtual client simulation training
2017 Training of New Trainers, Motivational Interviewing Network of Trainers
2008 Certificate Program in Adoption, Rutgers, The State University of New Jersey

RESEARCH & PROFESSIONAL INTERESTS

- Motivational Interviewing
- Substance use
- Social Work teaching, training, and evaluation methods
- Mental and behavioral health treatment
- Child maltreatment prevention
- Child welfare and other trauma exposed populations

PUBLICATIONS

- Hodorowicz, M.T., Barth, R.P., Moyers, T., & Strieder, F. (2020). A randomized controlled trial of two methods to improve motivational interviewing training. *Research on Social Work Practice, 30*(4), 382-391
- Sacco, P., Sultan, S., Tuten, M., Powell, J. M., Connelly, M., Barth, R. N., et al. (2018). Substance Use and Psychosocial Functioning in a Sample of Liver Transplant Recipients with Alcohol-Related Liver Disease. *Transplantation Proceedings*.
- Barth, R.P., Lee, B.R., & Hodorowicz, M.T. (2017). Equipping the child welfare workforce to improve the well-being of children. *Journal of Children's Services, 12*(2-3), 211-220.
- Greeno, E.J., Ting, L., Pecukonis, E., Hodorowicz, M., & Wade, K. (2017). The role of empathy in training social work students in motivational interviewing. *Social Work Education, 36*(7), 794-808.
- Pecukonis, E., Greeno, E., Hodorowicz, M., Park, H., Ting, L., Moyers, T.,... Wirt, C. (2016). Teaching motivational interviewing to child welfare social work students using live supervision and standardized clients: A randomized control trial. *Journal of the Society for Social Work and Research, 7*(3), 479-505.
- Barth, R.P., Duncan, D.F., Hodorowicz, M.T., & Kum, H. (2010). Felonious arrests of former foster care and TANF-involved youth. *Journal of the Society for Social Work and Research, 1*(2), 104-123.
- Barth, R.P., & Hodorowicz, M.T. (2011). Foster and adopted children who die from filicide: What can we learn and what can we do. *Adoption Quarterly, 14*(2), 85-106.

PRESENTATIONS

- Hodorowicz, M., Higgs, C., & Wahl, J. (March, 2020). *More by (Irish) luck than judgement: The value of informal MINTie support from Malahide (TNT) Mates*. Presented (virtually due to COVID) at the Motivational Interviewing Oceania Annual Forum. Sydney, Australia.
- Hodorowicz, M. & Rowell, L.N. (September, 2019). *Development and implementation of internet based simulated client interactions to assess MI skill for supervision, teaching, or training*. Presented at the Motivational Interviewing Network of Trainers Annual Forum. Tallinn, Estonia.
- Hodorowicz, M. (April, 2019). *Motivational interviewing practice labs: An innovative model to support family engagement via strength-based practitioner skill acquisition*. Presented at the 21st National Conference on Child Abuse and Neglect. Washington, DC.

Hodorowicz, M & Wirt, C. (November, 2018). *Linking field instruction and classroom education in teaching motivational interviewing*. Poster presented at the annual meeting of the Council on Social Work Education. Orlando, FL.

Hodorowicz, M. (October, 2018). *Teaching and assessing MI skill development with students in an academic setting*. Presented at the annual Motivational Interviewing Network of Trainers Forum, New Orleans, LA.

Hodorowicz, M. (May, 2018). *Motivational Interviewing: An empirically supported treatment for behavior change that can work efficiently and effectively with mandated clients in child welfare*. Presented at the 2018 International Conference on Working with Involuntary Clients, Center for the Advanced Studies in Child Welfare & Monash University, Prato Italy.

Tuten, M., Sacco, P., LaMattina, J., Sultan, S., & Hodorowicz, M. (June, 2017). *Substance use and substance use disorder (SUD) treatment utilization among liver transplant recipients with alcohol-related liver disease*. Poster presented at the annual scientific meeting of the Research Society on Alcoholism, Denver Colorado.

Pecukonis, E., Park, H., Greeno, E.J., & Hodorowicz, M. (January, 2016). *Teaching motivational interviewing to child welfare social work students using live supervision and standardized clients: A randomized control trial*. Paper presented at the Society for Social Work and Research 20th Annual Conference, Washington, D.C.

Pecukonis, E., Park, H., Greeno, E.J., & Hodorowicz, M. (October, 2015). *Teaching and assessing motivational intervening using supervision and simulation: A randomized control trial*. Paper presented at the annual meeting of the Council on Social Work Education. Denver, Co.

Wirt, C., Linsenmeyer, D., Wade, K., & Hodorowicz, M. (October, 2015). *Linking field instruction and classroom education in teaching Motivational Interviewing*. Paper presented at the annual meeting of the Council on Social Work Education. Denver, Co.

TEACHING & TRAINING

HIGHER EDUCATION

Teaching, University of Maryland School of Social Work

- MSW Foundation Courses:
 - Structural Oppression and Implications for Social Work, Fall 2020, Spring 2021
 - Social Welfare and Social Policy, Fall 2018, Spring 2019
 - Social Work Research, 2018, 2019, 2020, 2021
 - Social Work Practice with Groups and Families, 2017, 2018, 2019, 2020, 2021
 - Social Work Practice with Individuals, Fall 2015, 2016, 2019, 2020

- Motivational Interviewing in Social Work Practice, Fall 2021
 - Designed and implemented online, evidence based asynchronous course that uses simulated client technology and skill feedback
- **Awarded Dean's Teaching Award Fall 2015, Fall 2020, Spring 2021**

Motivational Interviewing (MI) Trainer, University of Maryland School of Social Work

- Introduction to MI for Title IV-E (Child Welfare) MSW Students, 2015, 2016, 2017
- Introduction to MI for SW Professionals (CEU department), 2016, 2017, 2018, 2019, 2020
- Supervising MI and Using MI in Supervision (CEU department), 2019, 2020, 2021
- Motivational Interviewing in Social Work Certificate Program, CEU Department
 - Created a 45 hour post-grad professional education program
 - Assessment of MI Skill pre/post via SCIs
 - Fall 2018, Spring 2021

Screening, Brief Intervention, and Referral to Treatment Trainer, UMSSW

- SBIRT trainings in various locations across Maryland, 2019

TRAINING & CONSULTING

Center for Adoption Support and Education, 2021

- Implementation of MI training specialized for attachment focused work
- Design and implementation of MI knowledge and skills assessment via online simulated client interaction through use of Dialogue Trainer platform
- Follow up feedback and coaching for skill competency development

Georgia Avenue Family Support Collaborative, 2020-2021

- Implementation of MI Training series to build MI knowledge and skill within 4 collaborative programs
- Specialized training of program supervisors
- Program specific coaching and feedback circles
- Consultation on development of peer skill practice plan
- Ongoing consultation for MI skill development and fidelity assessment

Motivational Interviewing Network of Trainers (MINT), October 2020

Support Coach for Training of New Trainers (TNT), with lead coaches Drs. Moyers and Miller

Administration for Children's Services (ACS), Workforce Institute, NYC

via Research Foundation of The City University of New York, Hunter College, 2018-Current

- Consultation and development of "Supporting Knowing into Practice Motivational Interviewing Practice Labs" protocol for child welfare professionals in NYC
- Implementation of pre/post knowledge and skill use tests for coaches and future MI lab facilitators using simulated client interactions
- Individualized feedback sessions based on training observations and pre/post assessments
- Initial and ongoing MI training and professional development

New York University (NYU), McSilver Institute, Safe Mothers Safe Children (SMSC), NYC, Summer 2020

- Consultation on facilitating motivational conversations within an evidence based practice program
- Initial and ongoing MI training and professional development
- Individualized clinician feedback sessions as requested

Robins' Nest, Danellie Counseling Center, NJ, 2018-2019

- Collaborated with agency personnel to apply for Boeing Innovation Grant to develop and implement a train-the-trainer MI program
- Project includes MI training for select group of staff, Quantitative pre/post test of MI skill, and training for select staff to become MI trainers within the agency

The University of Maryland Center for Health & Homeland Security (CHHS), Community Resilience Initiatives, 2017-2019

- *Communities Organized for Resilience and Empowerment*, resource and training model development for supporting disengagement from ideologically-influenced violence
- Training module creation and implementation consultant

Local Trainings

- *Motivational Interviewing: What is it and How can I use it?* United Way of Central Maryland, Fall 2017, Spring 2019, Spring 2020, Spring 2021
- *Intervention Techniques for Working with Children Who Have Experienced Trauma and Attachment Disruptions*, Family Connections, Spring 2015
- *Improving your MI Skills and Supervision via Coding: Introduction to the MITI*, Kennedy Krieger Institute, April 2017
- *Introduction to Motivational Interviewing*, Montgomery County Housing Opportunities Commission, February 2018
- *Introduction to Motivational Interviewing*, UM Family and Community Medicine, July 2018
- *Motivational Interviewing: Constructing Conversations to Cultivate Change*, Thread, December 2018, February 2019
- *Motivational Interviewing: Constructing Conversations to Cultivate Change*, West Baltimore Collaborative, February 2019
- *Introduction to Motivational Interviewing & The Stages of Change*, Knit to Quit Program at the Johns Hopkins Bloomberg School of Public Health, September, 2019
- *Motivational Interviewing*, Baltimore Mayor's Office of Homeless Initiatives, September 2019
- *Talking about the Tough Stuff: Facilitating Motivational Conversations with Older Adults about Depression and Substance Use*, at the Maryland Area Health Education Center (AHEC) Annual Conference, May 2020
- *Mental Health and Aging: Motivational Interviewing Skill Development*, at the Maryland Area Health Education Center (AHEC) Annual Conference, May 2021

International Trainings

Nicaragua, with Fulbright Scholar Amy Garzón Hampton, Spring 2016

- *Introduction to MI*, presentation for psychology students and professors at the Universidad Centroamericana UCA de Nicaragua
- *Core Social Work Communication Skills*, training for employees at The House of Refuge Children's Home
- *Impact of Trauma on Children*, training for employees at The House of Refuge Children's Home

South Africa, reschedule TBD (rescheduled from June 2020, due to COVID-19)

- *Facilitating Motivational Conversations with Youth*, for positive youth development program coaches at Waves for Change, Cape Town

RESEARCH EXPERIENCE

Program Evaluation Support, UMB SSW Family Connections Program and Positive Schools Center

July 2019-Current

- Family Connections
 - Creation, submission, and successful approval of IRB transitioning the program from an NIH funded research site to an evidence based child neglect and maltreatment program with a non-human subjects protocol for ongoing fidelity review
 - Data management and DHS reporting consultation
- Positive Schools Center
 - Review of current data collection and management practices
 - Creation and facilitation of program evaluation implementation and feedback plan
 - Research Team member for Diverse Leaders Project: Evolving the Superwoman Syndrome, a intervention program for Black women leaders working in Baltimore City Public Schools

GRADUATE RESEARCH ASSISTANT POSITIONS

Dr. Melissa Edmondson-Smith, UMB SSW, Summer 2017-Spring 2018

- IRB assistance, interviewer and transcriber for qualitative study: *Exploring Community Integration for Diverse Individuals with Severe Mental Illness*
- Assisted in training creation, continuing education approval, administrative support, and other research related duties for R34: *Social Work Training to Reduce Duration of Untreated Psychosis*

Dr. Paul Sacco, UMB SSW, Fall 2015- Summer 2016

- Assisted with design and implementation a study of liver transplant recipients with a history of liver disease and alcohol consumption
 - Participated in partnership meetings with University of Maryland Medical Center
 - Assisted with initial IRB application
 - Aided in survey creation and created survey in Qualtrics, online platform

- Recruited research participants via mail and phone contact
- Conducted over-the-phone interviews for participants who preferred verbal survey administration over online or by-mail
- Managed survey data in initial stages of study

Drs. Frederick Strieder & Edward Pecukonis, UMB SSW, Fall 2012-Spring 2015

- Assisted with design and project management of a randomized control trial testing a method of teaching Motivational Interviewing to MSW students
 - Conducted additional literature reviews
 - Helped with research design and timeline creation
 - Coordinated and organized logistics of research team meetings including four multi-day consulting visits from Dr. Theresa Moyers
 - Aided with proposal writing for Teaching Scholar Award, including preparation of budget and incentive decisions
 - Co- completed IRB application with PI and other team members
 - Co-created Qualtrics survey
 - Recruited study participants
 - Worked with SSW technology staff to develop a VIBE website for submission of research data by participants and management of research data
 - Coordinated, organized, and participated in MITI coding training facilitated by Dr. Theresa Moyers
 - Coded study tapes, entered data into Excel and SPSS
 - Responsible for maintaining study data
 - Assisted with data analysis and article write up
 - Assisted with CSWE APM presentation application and creation
- Aided in creation of trainings and presentations including a 6 session training on trauma for Montgomery County DSS and a session on characteristics of a trauma informed juvenile justice system for DJS
- Created method for organizing and storing client videos at Family Connections, trained staff to implement
- Assisted at Family Connections with clients, groups, and other projects as needed
- Assisted with Public Health in Social Work Education Program, including Teaching Assistance for Maternal and Child Health course and providing leadership for MSW Public Health Social Work Scholars

Research Assistant, for Motivational Interviewing Team, Summer 2012

- Conducted literature searches, reviewed and summarized literature on the topic of motivational interviewing, supervision in social work, and live supervision

MSW Research Assistant Scholar for Dean Richard Barth, UMB School of Social Work, 2006-2007

- Searched and reviewed electronic databases and paper sources for literature relevant to research projects, presentations, and other publications regarding child welfare
- Assisted with creating Power Point presentations, revising a book chapter on adoption, and writing research article on former foster youth
- Assisted with other child welfare related projects as assigned

PROFESSIONAL EXPERIENCE

Clinical Assistant Professor, University of Maryland School of Social Work, Baltimore, MD
July 2019- Current

- SW Practice With Groups and Families, SOWK 632, Course Coordinator

Clinical Instructor, University of Maryland School of Social Work, Baltimore, MD
July 2018- June 2019

Adoption Competent Therapist, Center for Adoption Support and Education, Burtonsville, MD
August 2017-Current

Individual and Family Counseling Services

- Provide individualized, strength-based out-patient therapeutic intervention for socio-culturally diverse children, adolescents, teens, and adults
- Collaborate with caregivers, other supports, and professional service providers when appropriate
- Utilize EBPs in treatment thru integrating CBT techniques, MI skills, attachment sensitive and trauma informed interventions
- Complete initial assessments, progress notes, service plans, and all other necessary case paperwork and documentation in electronic client records

Program Director, Chesapeake Center for Youth Development, Baltimore, MD
July 1, 2015-December 31, 2016

Transitional Age Youth Program

- Provided clinical assessment, socioemotional support, and financial assistance via grant funding to youth age 16-25 with mental health diagnosis
- Provided 1:1 clinical support, planned and implemented groups, facilitated social outings
- Assisted with goal setting and attainment related to well-being, educational, and vocational goals
- Managed purchase of service budget for youth, awarding of funding, all other necessary program financial documentation requirements and submitted to grant monitor on monthly basis
- Supervised program case manager and MSW interns as field instructor

Intervention Manual Author, Benjamin Franklin Community School, Baltimore MD
Summer, 2015

United Way Family Center

- Independent consultant, hired with financial support from the Greater Homework Community Corporation, to compile an intervention manual for the "Ben Center"
- Collaborated and conducted interviews with key personnel to compile documents, checklists, protocols, and other essential information for intervention manual creation

Therapist, Robins' Nest, Inc., Children and Family Services, Glassboro, NJ
July 2007-November 2014

Danellie Counseling Services & Programs, and Child & Adolescent Wellness Clinic

- Provided individualized, strength-based out-patient therapeutic intervention for socio-culturally diverse children and families
- Utilized EBPs in treatment thru integrating CBT techniques, MI skills, attachment sensitive and trauma informed interventions
- Completed initial assessments, progress notes, service plans, and all other necessary case paperwork and documentation in electronic client records
- Collaborated and consulted with staff psychiatrist, referring clients for additional assessment as needed
- Maintained licensure and credentialing as necessary for compliance with Medicaid and private insurance billing

Therapist, Robins' Nest, Inc., Children and Family Services, Glassboro, NJ

July 2007-January 2012

Foster, Kinship, and Adoption Counseling Services Program

- Provided in-home therapeutic intervention for socio-culturally diverse foster, adoptive and kinship families, heavily utilizing attachment and trauma based treatment
- Maintained professional communication with each family's DYFS case worker
- Completed initial assessments, service plans, termination summaries, after care plans, and all other necessary case paperwork and documentation
- Developed, planned, managed budget, and facilitated a monthly support group for teens adopted through child welfare services
- Developed, planned, managed budget, and facilitated a monthly support group for Kinship caregivers
- Participated on Quality Council Committee, reviewing program goals, outcomes, safety incidents for risk management, measurement tools, and other quality indicators
- Cultural Competence Training Committee member, collaborating with other personnel to create agency wide training, held annual and aimed at increasing knowledge of working with diverse populations and increasing need for self-awareness of bias and prejudices
- Coordinated agency wide trainings from 2011-2012 including budget, logistics, personnel sign up, and CEU applications and certificates as needed

Child Therapist Intern, House of Ruth, Domestic Violence Shelter, Baltimore, MD

Field placement, September 2006-April 2007

Children's Program, Therapy Department

- Provided individual and family intake assessments and treatment planning services to socio-culturally diverse population in residential and community setting
- Managed caseload of individual child therapy clients, utilized play therapy
- Lead and co-lead psychoeducational groups for children ages 3-5, 6-8
- Provided parenting support and education in individual sessions

Intern Counselor, Chesapeake Center for Youth Development, Alternative School, Baltimore MD

Field placement, September 2005-April 2006

Clinical Department

- Completed psychosocial assessments and managed caseload of individual therapy clients
- Lead and co-lead group sessions
- Worked with students to develop and implement goal achievement plans

- Collaborated with teachers, therapists, probation officers, social workers and family members to develop individualized treatment and education plans

Human Service Worker, Daisyfields Foundation, Inc., Baltimore, MD, 2005 – May 2007

- Collaborated with medical, facility, and Department of Social Services staff to provide case management for drug-exposed newborns in residential treatment facility
- Prepared monthly progress reports evaluating and tracking each child's development
- Prepared monthly attendance and billing to be submitted to Department of Social Services
- Assisted in reviewing pertinent literature to maintain current methods, statement of need, and search for project funding

Intern Caseworker, Allegheny County's Children, Youth and Families, Pittsburgh, PA

Part-time field placement, September 2003-May 2004

Child Welfare Continuing Services Unit

- Managed individual caseload and assisted other unit members
- Completed home visits to assess children's emotional and physical safety
- Worked with parents and children to establish, achieve, and maintain goals
- Utilized and collaborated with community resources to obtain additional help for families
- Prepared for and presented cases in court

SERVICE

Board of Directors, Chill Foundation, January 2020-Current

Advisory Board Member, Maryland Area Health Education Center, Summer 2020-Current

MPC Committee Member, UMSSW, Fall 2020-Current

MSW Foundation Committee, Chair, UMSSW, Summer 2020-Current

- Chair of committee that oversees MSW foundation curriculum, including core courses and field education, for MSW students

Instructional Designer Search Committee Member, UMSSW, 2018

- Participated in search process to hire instructional designer to support and expand capacity for online and hybrid SSW course development

Diversity and Anti-Oppression Committee, UMSSW, 2016-2020

- Participation in monthly meetings and activities and projects to support goals of DAO
- Actively involved in subcommittees related to creating inclusive spaces and staff training
- Supporting and implementing evaluation efforts for DAO student learning intensive

Motivational Interviewing Network of Trainers, October 2017-Current

- Motivational Interviewing Across Cultures (MIAC)
- Committee member 2018-2020, Chair 2021,

- Virtual meeting with MINT members across the globe with the goal of increasing and improving access to MI for multilingual MI trainers and for those in under resourced and underrepresented areas of the world

Ad-Hoc Manuscript Reviewer

- *Ethics in Social Work*, 2021
- *Journal of Ethnicity in Substance Abuse*, 2020
- *Social Work in Mental Health*, 2020, 2021
- *Residential Treatment for Child and Youth*, 2019
- *Social Work Education*, 2018

The Active Children Excel (ACE) Project Volunteer, Baltimore, MD, 2015-2018

- Engage elementary age youth in tennis camps located in West Baltimore, supporting them as they learn new physical skills coupled with socioemotional learning support
- Partner with on-site community members and school personnel to promote sustainable and collaborative relationships

Chill Foundation Volunteer, Carroll Valley, PA, January 2014-Current

- Direct service support at-risk and underserved youth from Baltimore and Washington DC as they engage in learning to snowboard within an innovative positive youth development program
- Participate in fundraising events including planning, coordination, event support, and collection of donations

PhD Program Student Service, University of Maryland School of Social Work, 2012- 2018

- PhD Recruitment and Retention Committee Co-Chair
- PhD Program Committee member
- Diversity and Anti-Oppression Committee PhD student representative
- Annual PhD Program Information Event Coordinator for MSW RA Scholars

Global Service Learning, Santarém, Brazil, May 2004

- Worked with group and local community members to build a center for at-risk youth
- Attended classes and completed a research paper regarding the issue of child abuse and neglect, received college credits

MEMBERSHIPS

Motivational Interviewing Network of Trainers
Council on Social Work Education