

Curriculum vitae

**SHOSHANA RINGEL, Ph.D, Associate Professor**

6175 Campfire  
Columbia, MD 21045

Education

ICP & P

Psychoanalytic training 2008-2012

Smith College, School for Social Work, Northampton, MA  
Ph.D., 2001

Hunter College, New York, NY  
Graduate School of Social Work  
MSW, 1984 (with Honors)

New York University, New York, NY  
Post-Graduate Certificate Program in Clinical Social Work (1995-96)

Ackerman Institute for Family Therapy, New York, NY  
Family and couple treatment (1994-95)

Hunter College, New York, NY  
BA 1982 (Cum Laude)

Experience in Higher Education

University of Maryland, Baltimore, School of Social Work  
Associate Professor (2002-Present)

Experiences in Other Than Higher Education

Private Practice – Trauma Focused  
Baltimore, MD (2003-present)

Tufts University Counseling Center, Medford, MA  
Psychotherapist and Consultant (1997-99)

St. Vincent's Hospital, New York NY  
Senior Psychiatric Social Worker-AIDS Center, Psychiatry (1989-97)

### Honors Received

Dean teaching awards: 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019

### Special Training

EMDR Level I 2004

Certified coder on the Adult Attachment Interview (AAI), 2008

### Research Projects

Unresolved loss on the Adult Attachment Interview: Ongoing project

Ringel, S. Intimate partner violence in the Muslim community: The role of religious and cultural values in education, prevention and intervention. (2006-2007)

Ringel, S. & Park, J. The impact of religious and cultural beliefs and values on attitudes towards intimate partner violence and faith-based interventions among Christian Evangelical pastors and clinicians (2005-2006)

Ringel, S. & Bina, R. Intimate Partner Violence in the Jewish Orthodox community: survivors, rabbis and mental health professionals' perspectives (2004-2005)

### Publications

#### *Books*

Ringel, S. & Brandell, J. (2019). *Trauma: Contemporary directions in theory, research and practice (2<sup>nd</sup> edition)*. NY: Columbia University Press (under contract).

Ringel, S. & Brandell, Eds. (2011). *Trauma: Contemporary directions in theory, research and practice*. CA: Sage Pubs.

Goldstein, E., Miehl, D., & Ringel, S. (2009). *Advanced social work practice: Relational principles and techniques*. NY: Columbia University Press.

Brandell, J. & Ringel, S. (2007). *Attachment theory and dynamic practice*. NY: Columbia University Press.

#### *Articles in Refereed Journals*

Ringel, S. (In Press). Traumatic Factors and Dissociative Narratives of Unresolved Loss in the Adult Attachment Interview. *Attachment New Directions in Psychotherapy and Relational Psychoanalysis*.

- Ringel, S. (2018). Integrating mindfulness in the psychoanalytic treatment of affect dissociation. *Psychoanalysis, Self and Context*, 13(2), 119-131.
- Ringel, S. & Mishna, F. & Sander, J. (2017). Self states in cyber space. *Psychoanalytic Psychology*, 34(1), 87-95.
- Ringel, S. (2016). The role of the creative process in holding and facilitating traumatic experience. *Contemporary Psychoanalysis* 52(3), 391-409.
- Ringel, S. (2015). Attachment research, developmental implications, and clinical interventions with children and adults. *The Encyclopedia of Social Work* (Online).
- Ringel, S. (2015). On unrequited love: Mastery, submission and transcendence. *Psychoanalytic Social Work*, 22(1), 12-22.
- Ringel, S. (2014). An integrative model in trauma treatment: Utilizing EMDR and a relational approach with adult survivors of sexual abuse, *Psychoanalytic Psychology*, 31(1), 134-144
- Ringel, S. (2011). Developing the capacity for reflective functioning through an intersubjective process. *Clinical Social Work Journal*, 39(1), 61-67.
- Ringel, S. (2009). Countertransference reflections on a gay adolescent's struggle with sexual identity. *Clinical Social Work Journal*, 37(2), 112-118.
- Ringel, S. & Park, J. (2008). Intimate partner violence in the Evangelical community: Causes, Barriers and faith-based interventions. *Journal of Religion and Spirituality: Social Thought*.
- Ringel, S. (2008). Formative spiritual experiences of Orthodox Jewish women: Mysticism vs. attachment. *Clinical Social Work Journal: Special issue on new directions in attachment theory, research and practice*, #36(1), 73-82.
- Ringel, S. & Bina, R. (2007). Understanding causes of and responses to intimate partner violence in the Jewish Orthodox community: Survivors' and leaders' perspectives. *Research on Social Work Practice*, 17(2), 277-286.
- Ringel, S. & Belcher, J. (2007). Comparing women's roles in two faith-based communities with implications for value-based practice". *Social Thought: Journal of Religion and Spirituality in Social Work*.
- Ringel, S. (2007). Identity and gender roles of Orthodox Jewish women: Implications for social work practice. *Smith Studies in Social Work*, 77(2/3), 25-44.
- Ringel, S. & Mishna, F. (2007). Beyond avoidance and secrecy: Using students'

- practice to teach ethics. *Journal of Teaching in Social Work*, 27(1/2), 251-270.
- Ringel, S. (2007). Using the classroom to examine unconscious communication between student and client: A supervisory perspective. *The Clinical Supervisor*, 26(1/2), 49-59.
- Ringel, S. (2005). Through the camera's eye: The intergenerational transmission of traumatic loss. *Clinical Social Work Journal*, 33, 427-43 .
- Ringel, S. (2005). Therapeutic Dilemmas in cross-cultural practice with Asian American adolescents. *Child and Adolescent Social Work Journal*, 22, 57-69.
- Ringel, S. & Ronel, N. (2005). Factors in the integration process of adolescent immigrants: The case of Ethiopian Jews in Israel. *International Social Work Journal*, 48, 63-76.
- Brandell, J. & Ringel, S. (2004). Psychodynamic perspectives on relationship: Implications for social work education of new findings from human attachment and the neurosciences. *Families in Society*, 85, 549-556.
- Ringel, S. (2004). The man without words: Attachment style as an evolving dynamic process. *Psychoanalytic Social Work Journal*, 11, 71-81.
- Ringel, S. (2003) Play and impersonation: Finding the right intersubjective rhythm. *Clinical Social Work Journal*, 31, 371-380.
- Ringel, S. (2003). The reflective self: A path to creativity and self-knowledge in social work practice education. *Journal of Teaching in Social Work*, 23, 15-28.
- Ringel, S. (2002). Spontaneous moments and the domain of non-verbal communication. *Psychoanalytic Social Work*, 9, 45-56.
- Ringel, S. (2002). To disclose or not to disclose: Political conflicts in the countertransference. *Smith College Studies in Social Work*, 72, 347-358.
- Ringel, S. (2002). Dreaming and listening: A final journey. *Clinical Social Work Journal*, 30, 351-359.
- Ringel, S. (2001). In the shadow of death: Relational paradigms in clinical supervision. *Clinical Social Work Journal*, 29, 171-179.
- Ringel, S. (2001). Breaking the boundaries between reality and therapy. *Psychoanalytic Social Work*, 8, 1-12.
- Ringel, S. (2001). A re-conceptualization of the working alliance in cross-cultural

practice with non-Western clients: Integrating relational perspectives and multicultural theories. *Clinical Social Work Journal*, 29, 53-63.

Ringel, S. (2000). Dimensions of cross cultural treatment with late adolescent college students. *Child and Adolescent Social Work*, 17, 443-454.

Ringel, S. (2000). Close encounters: Exclusion and marginalization as an intersubjective experience. *Smith College Studies in Social Work*. 71, 51-60.

#### *Book Chapters*

Ringel, S. (2019). Psychoanalytic Theory II. In S. Ringel & J. Brandell (Eds.). *Trauma: New directions for theory, research and practice*. NY: Columbia University Press. (Under contract).

Ringel, S. (2019). Attachment theory, infant research, and neurobiology. In Ringel, S. & Brandell, J. (Eds.), *Trauma: New directions for theory, research and practice*. NY: Columbia University Press. (Under contract).

Ringel, S. (2019). Mindfulness Oriented Approaches to Trauma Treatment. In Ringel, S. & Brandell, J. (Eds.), *Trauma: New directions for theory, research and practice*. NY: Columbia University Press. (Under contract).

Ringel, S. (in press). The role of ethnicity and culture in the long term treatment of childhood trauma. In *Moments of Meeting*, Lord, S. (Ed.). NY: Routledge.

Ringel, S. (2011). Trauma Overview. In Ringel & Brandell, (Eds.), *Trauma: Contemporary directions in theory, research and practice*, pp. 1-12. CA: Sage Pubs.

Ringel, S. (2009). Theoretical and clinical contributions: Phase 2. In *Advanced clinical social work practice: Relational principles and techniques*. E. Goldstein, D. Miehl & S. Ringel (Eds.). NY: Columbia University Press, pp. 37-53

Ringel, S. (2009). Developmental concepts. In *Advanced clinical social work practice: Relational principles and techniques*. E. Goldstein, D. Miehl & S. Ringel (Eds.). NY: Columbia University Press, pp. 54-78.

Ringel, S. (2009). Multicultural issues. In *Advanced clinical social work practice: Relational principles and techniques*. E. Goldstein, D. Miehl & S. Ringel (Eds.). NY: Columbia University Press, pp. 148-163.

Ringel, S. (2007). Bowlby's theory of attachment. In J. Brandell & S. Ringel, (Eds.), *Attachment and dynamic practice*. NY: Columbia University Press, pp. 29-52.

Ringel, S. (2007). Research on attachment. In J. Brandell & S. Ringel, (Eds.),

*Attachment and dynamic practice*. NY: Columbia University Press, pp.79-104.

Ringel, S. (2007). Adults. In J. Brandell & S. Ringel, (Eds.), *Attachment and dynamic practice*. NY: Columbia University Press, pp. 159-181.

Ringel, S. (2005). Mexican Adolescents in rural America: An emerging Phenomenon. In *Social work in rural communities*. CSWE Pubs.

Ringel, S. (2004). Talk Therapy: The representation of insight in the cinema. In J. Brandell (Ed.), *The celluloid couch*. Albany, NY: SUNY Press.

Ringel, S. (2004). Groupwork with Asian American immigrants: A cross-Cultural perspective. In G. Greif & P. Ephross (Eds.), *Groupwork with populations at risk*. NY: Oxford University Press.

#### Presentations

##### *Invited Presentations*

Attachment and Loss on the Adult Attachment Interview with implications for clinical practice. American psychological Association of Columbia, MD. March 23, 2018.

Attachment and traumatic loss on the Adult Attachment interview with implications for clinical practice. Smith College Continuing Education, June, 2017.

Attachment and Loss on the Adult Attachment Interview with implications clinical practice. University of Penn. DSW Program, November 21, 2015.

Adult Trauma: Principles of clinical practice. Temple University, MSW Program. October 30, 2015.

Panel on impasse, disruption and enactments in psychoanalytic treatment. AAPCSW, with Dr. Judith Rosenberger (March, 2015).

Attachment and Loss on the AAI with applications to clinical practice. Baltimore Society for Psychoanalytic Studies (September, 2014).

Attachment and Loss on the AAI, with implications to clinical practice. University of Toronto, School of Social Work (March, 2014).

Panel on Trauma in clinical and everyday life. APCSW (March, 2013). Raleigh, NC. With Dr. Jerrold Brandell and Dr. Faye Mishna.

Keynote Speaker: Mind to mind: Applying mentalization to clinical practice with personality disorders. Smith College, School for Social Work (July, 2009).

Society for Clinical Social Work, Philadelphia: Attachment theory and Trauma (2008)

Society for Clinical Social Work, Washington D.C. (CUA, May, 2005). The legacy of D. W. Winnicott.

AAPSW Conference: Memorial Panel for Dr. Judith Mishne: Chicago, Ill. (March, 2007). The Monster within: A gay adolescent's struggle with sexual identity.

### *Refereed Presentations*

Integrating mindfulness in the psychoanalytic treatment of affect dissociation. IAPSP (International Association for Psychoanalytic Self Psychology), LA, (2015).

Self states in Cyber Space (With Mishna, F.). IARRP: International Association for Relational Psychoanalysis. (June 2015).

Lost in translation: An intersubjective experience of Loss, Impasse and Disenchantment. Scientific Day: ICP & P, Washington DC, (February, 2014).

On unrequited love: Mastery, submission and transcendence. IARRP: International Association for Relational Psychoanalysis (NYC, 2012).

Ringel, S. (2007). Attachment Theory and implication for clinical practice, with an emphasis on loss and trauma. American Academy of Psychotherapists, conference on attachment, trauma and neuroscience perspectives. (San Diego, CA).

Ringel, S & Bina, R. (2006). The impact of religious beliefs and values on attitudes towards intimate partner violence in the Jewish Orthodox community: Survivors' perspectives. *Society for Social Work Research*, San Antonio, Texas.

Ringel, S. & Brandell, J. (2006). The implications of attachment theory for social work education. Council on Social Work Education, Chicago, Ill.

Ringel, S. & Bina, R. (2005). The impact of religious beliefs and values on attitudes towards IPV in the Jewish Orthodox community: Survivors' and leaders' perspective. Jewish Women International, Washington D.C.

Ringel, S. & Mishna, F. (February, 2005). *Beyond avoidance and secrecy: Using students' practice to teach ethics*. Council on Social work Education, NY, NY.

Ringel, S. (Feb., 2004). *Unconscious communication as an intersubjective process: bringing countertransference into the classroom*. Council on Social Work Education, Anaheim, Ca.

Brandell, J. & Ringel, S. (February, 2003). *Psychodynamic perspectives on relationship*

*and the clinical process: Current research and implications for social work education.* Council on Social Work Education, Atlanta, GA.

Ringel, S. (June 2000). *Cross cultural counseling with late adolescent Asian students.* Joint conference of the international federation of social workers and the international association of schools of social work, Montreal, Quebec, Canada.