



FINANCIAL SOCIAL WORK AND FINANCIAL STABILITY

Introduction to Financial Stability for Adults: This workshop will provide a framework for practitioners to examine the role of social workers in advancing the economic stability of individuals, families, and communities. Participants will gain a foundation in the language, theories, practice techniques, tools, and resources available to help clients build financial stability in today's context of economic inequality and social policy landscape. Through a series of exercises and discussions, practitioners will learn how values, habits, and beliefs about money affect financial behaviors and impact client well-being. Participants will learn how to apply social work skills in order to identify and discuss financial issues with clients. Completing this workshop is strongly encouraged before registering for other more specialized courses in financial social work. *Thursday, September 10, 2020; 1:15 p.m. - 4:30 p.m.; Live Interactive Webinar; \$65; CEUs: 3; Instructor: Sara Johnson, MSW*

Upon the completion of this workshop, participants will be able to:

- Restate their role in helping clients manage finances and build assets;
- Analyze their own financial beliefs and attitudes and how they impact their work with clients regarding issues of financial stability, wealth, and asset building; and
- Apply techniques and financial concepts that can help increase the financial stability of the clients they serve.

The Your Money, Your Goals Financial Empowerment Toolkit: Viewing Financial Empowerment in Difficult Times through a Social Work Lens: This course explores the CFPB's Financial Empowerment Toolkit and how social workers and other helping professionals can utilize vital tools and build their skills to address financial distress in their clients and communities. Financial social work is an important, emerging area of social work practice, and it is more important than ever for social workers and others to be competent and effective as they work with individuals, families, and communities in profound need. *Friday, October 2, 2020; 9:00 a.m. - 12:15 p.m.; Live Interactive Webinar; \$65; CEUs: 3; Instructors: Christine Callahan, PhD, LCSW-C, and Vanessa Bright, MBA, AFC®*

Upon the completion of this workshop, participants will be able to:

- Recall ways to approach integration of *Your Money, Your Goals* into work with clients, to view this work through a social work lens, and to deepen one's practice;
- Explain the ways outcomes of financial empowerment training align with program and client outcomes; and
- Access and use tools and materials available at www.consumerfinance.gov.

FSWI

Financial Social Work Initiative

An Integrated Approach to Financial Well-Being & Economic Justice

University of Maryland School of Social Work

525 West Redwood Street, Baltimore, MD 21201

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The Interactions of Financial and Behavioral Health: Consideration for Clinical Practitioners:

Financial well-being and behavioral health can have profound interactions with each other, yet the financial domain is rarely addressed in clinical practice. Attendees will learn the importance of integrating financial well-being considerations in clinical practice; explore the interactions between financial and behavioral health (as pertaining to stress, anxiety, depressive disorders, and associated substance/medication-induced symptoms); and then practice ways to engage, assess, and intervene in cases impacted by financial concerns. The session will conclude by highlighting emerging issues of which attendees should be aware. A practitioner's toolbox of resources, referral options, assessment measures, and other materials will be provided. **Friday, October 16, 2020; 1:15 p.m. - 4:30 p.m.; Live Interactive Webinar; \$65, CEUs: 3; Instructor: Jeffrey Anvari-Clark, MA, MSW**

Upon the completion of this workshop, participants will be able to:

- Define what financial well-being is and appreciate its importance in a behavioral health clinical practice context;
- Understand the interactions between financial and behavioral health (as pertaining to stress, anxiety, depressive disorders, and associated substance/medication-induced symptoms);
- Practice ways to engage, assess, and intervene in cases impacted by financial concerns; and
- Understand important emerging issues related to financial and behavioral health.

For more information on UMSSW's Financial Social Work Initiative and its activities, please go to www.ssw.umaryland/fsw

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