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Men in Michigan Are Taking Action

Here's How You Can Help

1. Social Media and Word of Mouth are how men are hearing about the campaign
Send promotional emails and social media posts to members of your community by using the ToolKit <https://mentalhealthscreening.org/programs/hmm/toolkit>
2. Michigan is a big state with lots of different areas to cover!
Help spread the word with free promotional materials while you are out across Michigan <shop.mentalhealthscreening.org/collections/healthy-men-michigan>
3. The workplace is another great place to promote the campaign!
Add a link to www.HealthyMenMichigan.org on your organization website and newsletter
Send a link to www.HealthyMenMichigan.org to your employees/colleagues
4. Connect with us and stay up to date on the Healthy Men Michigan campaign
Email us at healthymenmichigan@riversideecc.org to sign up for the eNewsletter

Spread the word about men's mental fitness in Michigan!