**UMB, Baltimore Building Bridges Initiative Pre-Institute:**

*Effective Residential Interventions in Systems of Care: How oversight agencies, systems of care and residential and community programs can improve practices to improve long-term outcomes for youth and families post residential discharge.*

Note: Each session of the two-day BBI Pre-Institute includes opportunities for questions and discussion, as well as for working on individual take-home action plans for improvement in the different areas covered.

### AGENDA – DAY ONE

#### Day 1 - July 24, 2018

**8:30 – 9:00 a.m.**

**Welcome to the Building Bridges Initiative (BBI) Pre-Institute**
- Gary Blau – Chief, Child, Adolescent and Family Branch, Substance Abuse and Mental Health Services Administration (MD)
- Karen Anne Johnson – Residential Family Peer Advocate, SCO Family of Services (NY)
- Laura Tate – Youth Advisory Board Intern, Seneca Family of Agencies (CA)

**9:00 – 10:15 a.m.**

**Overview of the National Building Bridges Initiative**
Increase your understanding and knowledge-base about:
- Why residential is transforming across the country
- Best practice principles and practices that correlate to sustained positive outcomes post-residential discharge for youth and families
- Specific BBI transformation activities states/programs across the country are engaged with that could be implemented by others
- What Families First means for states and residential providers

- Beth Caldwell – Director, Building Bridges Initiative (MA)
- Madge “Pat” Mosby – Family Peer Advocate, BBI Consultant (MD)

**10:15 – 10:30 a.m.**

**Break/Networking**

**10:30 – 12:00 p.m.**

**Family-driven Residential Practices that Support Positive Outcomes – from Basic to Advanced**
Increase your understanding and knowledge-base about:
- Practices that build a foundation for operationalizing the principle of family-driven care in all programs, with emphasis on specific practices for residential programs
- Strategies for successfully engaging families, including families with complex challenges
- Increasing family voice and choice
- Practices used by an individual program to enhance family engagement
- Strategies to address a range of challenges faced by residential programs to successfully engage and support family members

- Sherri Hammack – Coordinator, Building Bridges Initiative (TX)
- Karen Anne Johnson – Residential Family Peer Advocate, SCO Family of Services (NY)

**12:00 – 1:30 p.m.**

**Lunch/Networking**
AGENDA – DAY ONE

Day 1 - July 24, 2018
1:30 – 3:00 p.m.  Residential Provider Transformation: Best Practices and Positive Outcomes
Increase your understanding and knowledge-base about:
- Steps taken by an individual residential program in their transformation process
- Key business issues that needed to be addressed in the transformation, including workforce challenges
- Strategies for engaging families with complex challenges
- Strategies for addressing permanency issues
- Quality Improvement and outcome measures utilized to inform ongoing practice improvement
- The importance of community partnerships, including the use of Wrap-around
- Mark Nickell – Regional Executive Director, Seneca Family of Agencies (CA)
- Laura Tate – Youth Advisory Board Intern, Seneca Family of Agencies (CA)

3:00 – 3:15 p.m.  Break/Networking

3:15 – 4:30 p.m.  Cultural and Linguistic Competence for Residential Programs
Increase your understanding and knowledge-base about:
- Basic strategies that are essential for improving cultural and linguistic competence for residential programs
- Addressing the needs of LGBTQ youth and their families
- Steps taken by different residential programs to improve cultural and linguistic competence
- Julie Collins – VP Practice Excellence, Child Welfare League of America (DC)
  Respondent Panel:
  - Lloyd Bullard – BBI Provider Exchange Coordinator (GA)
  - Karen Ann Johnson – Residential Family Peer Advocate, SCO Family of Services (NY)
  - Mark Nickell – Regional Executive Director, Seneca Family of Agencies (CA)

4:30 – 5:30 p.m.  Taking BBI Back to Your Program, Community and State
The Building Bridges Initiative is about transformation towards sustained positive outcomes post-residential discharge for youth and families. Sitting in small groups with other participants from similar organizations (e.g., oversight agency staff; system of care community leaders; residential or community program staff; family/youth advocates), faculty will support individuals and groups in identifying and addressing challenges unique to each participant’s and group’s organizational area. Additionally, faculty will support participants in developing a beginning list of sustainable strategies/steps that can be implemented in their respective organizations/communities/states.
- All faculty
**Oversight Agency Transformation: Best Practices and Positive Outcomes**

Increase your understanding and knowledge-base about oversight agency and systems of care strategies used in several different states across the country that have taken steps towards residential transformation in the areas of:

- Improving language and practice expectations in all oversight agency documents (e.g., policies; regulations) across all state agencies that interface with out-of-home care
- Creating partnerships across state agencies, i.e. to improve focus on permanency
- Fiscal strategies
- Workforce development issues
- Integrating residential within systems of care communities

- **Julie Collins** – VP Practice Excellence, Child Welfare League of America (DC)
- **Sherri Hammack** – Coordinator, Building Bridges Initiative (TX)
- **Mark Nickell** – Regional Executive Director, Seneca Family of Agencies (CA)
- **Laura Tate** – Youth Advisory Board Intern, Seneca Family of Agencies (CA)

**Youth-guided Residential Practices that Support Positive Outcomes – from Basic to Advanced**

Increase your understanding and knowledge-base about:

- Practices that build a foundation for operationalizing the principle of youth-guided care in all programs, with emphasis on specific practices for residential program
- Strategies for successfully engaging youth, including youth with challenges with aggression
- Practices used by an individual program to enhance youth engagement, voice and choice
- How residential programs can move from using standardized behavioral and controlling practices (including restraints) to collaborative and empowering practices

- **Beth Caldwell** – Director, Building Bridges Initiative (MA)
- **Laura Tate** – Youth Advisory Board Intern, Seneca Family of Agencies (CA)
- **David Cocoros** – Co-Executive Director, Youth Development Institute (AZ)
- **Trish Cocoros** – Co-Executive Director, Youth Development Institute (AZ)
Day 2 - July 25, 2018

1:30 – 2:30 p.m.  Tracking Residential Long-term Outcomes - Findings from the First Phase of the Building Bridges Initiative (BBI) Pilot Project
Increase your understanding and knowledge-base about:
 ✓ The background and methodology used for BBI’s pilot feasibility study
 ✓ Findings from BBI’s pilot feasibility study
 ✓ Next steps for BBI’s Outcomes Focus
   • Bob Lieberman – President, Lieberman Group, Inc. (OR)
   • Gary Blau – Chief, Child, Adolescent and Family Branch, Substance Abuse and Mental Health Services Administration (MD)
   • Madge “Pat” Mosby – Family Peer Advocate, BBI Consultant (MD)

2:30 – 2:45 p.m. Break/Networking

2:45 – 4:00 p.m. Taking BBI back to your Program, Community and State
The Building Bridges Initiative is about transformation towards sustained positive outcomes post-residential discharge for youth and families. For this last session of the BBI Pre-Institute, participants will sit with others from their same agencies and/or states. Faculty will support each participant in continuing to identify and address challenges unique to his/her organizational area and finalize an action-plan that includes sustainable strategies/steps that can be implemented in each participant’s respective organization, community and/or state.

   • All faculty