• EHD has led the initiative on building a SOC in Saline, Gallatin, White and Hamilton counties since 2009.
• In 2009, EHD received a 6 year SAMHSA Children’s Mental Health Initiative grant to develop a comprehensive and coordinated SOC.
• In 2016, EHD received a 4 year SAMHSA Children’s Mental Health Initiative grant to sustain and expand the SOC.

System of Care
• PROJECT CONNECT (2009)
• **Overarching Goal:** To facilitate the partnership and coordination of all youth-serving entities, including primary care and education services, in order to encourage optimal development for each youth needing services.
  • Family Resource Developers integrated within school districts
  • PACE-Parent and Caregivers Empowered
  • Friends of MHINDS-mental health club in # of schools to address stigma
  • Trainings including Youth Mental Health First Aid (YMHFA); Signs of Suicide (SOS); Adverse Childhood Experiences (ACEs); Olweus Bullying Prevention;
• Project Connect 2.0 (2016)

• **Overarching Goal:** To build on the strong SOC foundation of success by expanding into areas of need not yet fully addressed and creating sustainable, systemic changes to the infrastructure and policies governing children’s mental health services statewide.
System of Care

- EHD has strong and effective collaboration with system partners in the service area
- Relationships....Relationships....Relationships
1 in 5 youth suffers from a diagnosable emotional, mental or behavioral disorder
75% of children who receive mental health services access those services at school
School environment is often a place of protection and security for students struggling with mental health disorders
EHD has 9 school districts in Saline, Gallatin, White and Hamilton counties
There are approximately 8,500 students collectively in these districts
Integration Into School Settings

- Family Resource Developers
- Pre-Doctoral Psychology Interns
  - Dually Credentialed
  - W/ Special Ed. Coop.
- Coordinated Approach to Child Health (CATCH)
  - Health Education Consultant
  - Social Emotional Consultant & Demonstration Project
  - Nurse and Allied Health Supports
- Social Emotional Screening
  - Universal, targeted,
- Mobile Crisis Response Unit
  - Screening, Assessment, & Support Services
- School Based Mental Health Services
- Project AWARE (Advancing Wellness & Resilience in Education)
Project AWARE

Advancing Wellness And Resilience in Education

- 1 of 3 Districts
  - Rural Site
- Screening for health and mental health needs
- MTSS
  - Universal Wellness & Resiliency Education
  - Focus on whole child approach and coordinated with primary care
Integrated Health Homes

• EHD is an accredited IHH by Council on Accreditation (COA)
• State of Illinois has submitted a State Plan Amendment for to have IHH and will be tiered
• Medicaid Managed Care
• EHD provides team based services
  • High fidelity Wraparound
  • Primary Behavioral HealthCare Integration (PBHCl)
  • Gallatin County Wellness Center
Coordination of Care

- Integrated MAT Care Coordinator
- High Fidelity Wraparound Teams
- On-Site Screenings and Consultation
- Linkage & Referral With Primary Care Providers
  - Responsive
  - Closing the feedback loop
- Early Intervention (Birth – 3)
  - Integrated team based services
Integration of Behavioral Health Services

• Integrated Care in Primary Care
  • Approx. 100% w/ integrated MH
  • Approx. 20% w/ integrated SU
  • Approx. 67% w/ integrated psychiatric services
• Promotion of psychiatric consultation
• Crisis Mobilization Unit (SASS)
Tele-Psychiatry

Contractual arrangement with Regroup Therapy
Child & Adolescent—positive feedback
Multiple sites/same day
High Needs Community: Gallatin County

- Gallatin County Wellness Center
  - Certified School Based Health Center
  - Rural Health Clinic
  - Provides a variety of health care services to youth in a convenient and accessible environment
  - Integrated on-site health care delivery including primary care and mental health
  - Bright Futures-national health promotion and prevention initiative (Welborn Foundation)
Integration of Services Into the Community

- DOD Innovative Readiness Training
  - Medical, Dental, Optometry
  - Integrated Behavioral Health
- Dental Safari to all schools
- Public health surveillance
  - Births, deaths, Lice, water, living conditions, insects, west nile, etc.
- Home Health Program
- Integrated Screening Events
- Education Programs
  - Chronic Disease Management
Coordinated Approach To Child Health (CATCH)

- Illinois CATCH on to Health Consortium (ICHC)
- CATCH-Coordinated Approach to Child Health
- EHD partners with SIU School of Medicine Center for Rural Health and Social Services Development and Southern Illinois Healthcare (SIH)
- CATCH aims to improve health among students, family and members of the community by strengthening understanding and impact of school, wellness policies that increase physical education/physical activity, improve nutrition quality and access to foods available in schools.
- Currently there are 11 school districts participating in CATCH
- AWARD!!!!
Coordinated Approach To Child Health (CATCH)

• Expanded in 2015 to improve the social and emotional needs of students through the implementation of character education, bullying prevention, Signs of Suicide curriculum, and providing training on Youth Mental Health First Aid.

• Currently 3 school districts participating in CATCH SEL
Public Awareness/Health Education

- Youth Mental Health First Aid
- Friends of MHINDS
- Olweus Bullying Prevention
- Signs of Suicide
- Health Fairs
- Red Ribbon Week
- National Childrens Mental Health Awareness Day
Awareness Activities

- Children’s MH Awareness Materials & Resources Integrated
- Observation of MH and Other National Awareness Days in Collaboration with Health Partners
- ECHO – Trauma Informed Systems of Care Team Approaches Including Medical and Health Providers
Pre-Service Training Initiatives

• Nursing
• Early Childhood Education
• Trauma Based Behavioral Health Fellowship
  • Rehab Counseling & Social Work
• Illinois School Psychology Internship Consortium
In-Service Training Initiatives

• Creating Compassionate Communities
• Opioid, MAT, & Substance Use Intervention
• Naloxone
• Crisis Supports & Interventions
• Assessment & Intervention for Trauma
  • TFCBT, CBITS, PCIT, NMT, Screening, and Assessment/Diagnoses
• Resilient Southern Illinois
Resilient SI/Trauma Informed Schools

- Partnership for Resilience, IEA and EHD
- 15 district cohort regionally
- Resiliency teams built within
  - Resilient SI trains teams
- Intensive trainings for teams
- Individualized implementation for each school
- Influential staff placed on teams
- Will eventually expand beyond schools into communities
Early Childhood Mental Health Initiative

- Partnerships & collaboration
- Screening & Early Identification
- Specialized team of providers
- Training in Evidence Based Practices
  - Treatment
  - Consultation
Initiatives & Future Directions