Key Strategies

1. Use of Data
2. Leadership
3. Organize

We began with little in place ....
Early Childhood Mental Health System

PILOTS

CONSOLIDATED CHILDCARE

MENTAL HEALTH EARLY INTERVENTION

OFFICE OF EARLY CHILDHOOD

Design, organize, collaborate and collect data
Our mission is to weave family-centered, culturally competent and community based mental health supports and services into a seamless early childhood system of care that promotes health social-emotional development, identifies risk factors, intervenes early, and provides high quality services.
LEADERSHIP

Team Work or Power Struggle?
## Outcomes ➤ access, quality and equity

### FAMILY SUPPORT & EDUCATION
- Family engagement and leadership opportunities exist within programs, schools and communities
- Services and supports promote the well-being and resiliency of parents and caregivers
- Family friendly policies and practices exist in the workplace

### HEALTH & WELL-BEING
- Comprehensive health coverage and services are consistently utilized by pregnant women and children
- Integrated and preventive maternal and child physical, behavioral and oral health services are available
- All settings promote mental health and well-being through early identification, consultation and treatment

### LEARNING & DEVELOPMENT
- Education, coaching and ongoing training exist for caregivers, teachers and other professionals
- Learning experiences and environments are high quality, developmentally appropriate and affordable

## QUALITY

### FAMILY KNOWLEDGE AND CAPACITY
- Family knowledge and capacity support children’s healthy development and learning
- Families advocate for high quality comprehensive services and supports that lead to future success

### HEALTH AND WELL-BEING
- All health care providers, including mental health, deliver coordinated, family focused care
- Settings and practices promote strong relationships, social and emotional development, appropriate nutrition and physical activity

### EDUCATION AND DEVELOPMENT
- Formal and informal care environments and education practices reach the highest levels of quality
- Adults understand and support children’s learning and development, including social and emotional
- All settings provide effective transitions across and within programs, schools and systems

## EQUITY

### EDUCATION AND EMPLOYMENT
- Education, employment, housing, financial and legal supports contribute to family economic security
- Families, including those with high needs, experience timely and coordinated services and supports

### HEALTH AND WELL-BEING
- Families have the ability to plan the number and timing of their children
- All environments are safe, free of toxins, have affordable foods and offer physical activity
- Children with special health, behavioral or developmental needs receive individualized services and supports

### LEARNING AND DEVELOPMENT
- All children are ready for school and achieving by 3rd grade regardless of ability, race, place, income, language and culture
- Children, including those with high needs, receive timely, comprehensive and affordable academic services and transition supports

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http://www.earlychildhoodcolorado.org/early-childhood-colorado-framework/
Blue Ribbon Policy Council State Goals

Public Engagement

Professional and Workforce Development

Funding and Finance

Program Availability

System of Care

Colorado’s Vision

All children will reach their full social and emotional potential

“Supporting Children to Be Happy, Healthy and Have Good Relationships with Others”

Social marketing
1. Use of Data

- Cost of Failure/Return on Investment

- Colorado Health Survey

- Children with challenging Behavior...
  [http://hermes.cde.state.co.us/drupal/islandora/object/co%3A1169](http://hermes.cde.state.co.us/drupal/islandora/object/co%3A1169)

- Risk, Reach and Resources Mapping
Blue Ribbon Policy Council State Goals

Professional and Workforce Development

Center for Social Emotional Competence and Inclusion

DC:0-5™ Harris Fellowship

Colorado Endorsement 200+

COAIMH
Colordo Foundations for Early Childhood


http://coaimh.org/endorsement-information/
Blue Ribbon Policy Council State Goals

Program Availability

Mental Health Consultation

Screening

Program Integration

Early Childhood Clinicians
Programs/Services

Early Childhood Mental Health Services and Supports for Children and Their Families

- System of Care Values and Principles
- Promotion
- Prevention
- Intervention

<table>
<thead>
<tr>
<th>Key Strategy in Colorado</th>
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</thead>
<tbody>
<tr>
<td>• Training and Technical Assistance-Hub</td>
</tr>
<tr>
<td>• Model Programs</td>
</tr>
<tr>
<td>• Child Care Rule Changes</td>
</tr>
<tr>
<td>• Data and Evaluation</td>
</tr>
<tr>
<td>• 66% reduction in risk of expulsion (Ash, 2018)</td>
</tr>
<tr>
<td>• Bring together public and privately funded</td>
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</tbody>
</table>

Double the number of consultants

Lessons Learned – Program Reach

**Providers Reached**
- 2011 - 2012: 351
- 2012 - 2013: 404
- 15% increase

**Children Reached**
- 2011 - 2012: 1,939
- 2012 - 2013: 2,857
- 47% increase
• Only a small percentage of children with delays: 12.2% – 13.4%.
• Broader demonstration of need for program is desirable.
Lessons Learned – Program Impact

- **PMHCS (Preschool Mental Health Climate Scale)**
  - Changes seen on 9/9 scales
  - Simple directions to consultants
    - Complete twice
    - At least 4 months apart
  - Consultation and evaluation tool
Blue Ribbon Policy Council State Goals

- System of Care
- Other Programs
  - Part C
  - TANF
- ABCD
- Early Childhood Councils
- Launch Together
Early Intervention
Colorado

Working on another Mountain Peak

• Shared Plan Using Wraparound

• DC:0-5™ Eligibility

• Social Work Renamed
  Social/Emotional Intervention

• Membership on Interagency
  Coordinating Councils
PROJECT LAUNCH

https://vimeo.com/202278211

http://earlymilestones.org/launch-together/
## Funding Matrix

<table>
<thead>
<tr>
<th>Purpose</th>
<th>Eligibility/Service Delivery</th>
<th>Planning Process</th>
<th>Funding Source of Funding/funding cycle</th>
<th>Other Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Primary Purpose</td>
<td>Age</td>
<td>Plan requirements</td>
<td>Source of Funding/funding cycle</td>
<td>Contact</td>
</tr>
<tr>
<td>Laws and Regulations</td>
<td>Eligibility Criteria</td>
<td>How plan is approved</td>
<td>Can dollars be used for administrative purposes</td>
<td>Sources</td>
</tr>
<tr>
<td>Who can provide services</td>
<td></td>
<td></td>
<td>Used with other funding sources</td>
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</tr>
<tr>
<td>Examples of services</td>
<td></td>
<td></td>
<td>$ not being utilized</td>
<td></td>
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<tr>
<td>Match/MOE</td>
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</tbody>
</table>
TANF-Temporary Assistance to Needy Families

Assisting needy families so that children can be cared for in their own homes

Reducing the dependency of needy parents by promoting job preparation, work and marriage

Preventing out-of-wedlock pregnancies

Encouraging the formation and maintenance of two-parent families.
The Secret to Our Success
“The cost of failure to intervene early is far too high a price to pay when predictable negative outcomes can be prevented.”
(Gould, 2000)