Early Childhood Systems of Care: Perspectives from Two States

Facilitators for SOC at the State, County and Program Levels

Kelly Hutter, MSW; Katie Mack, MS; Claudia Zundel, MSW; Margo Candelaria, Ph.D.
AGENDA

- Audience Intros
- Overview of Early Childhood Mental Health Systems of Care
- BRIDGE – Promise Resource Center program perspective
- E-SMART – County Perspective
- Break
- Colorado – State Perspective
- Summary
- Activity & Discussion
• Based on the Mental Health Intervention Spectrum, first introduced in a 1994 Institute of Medicine report, the model includes the following components:
  • Promotion — Strategies designed to create environments and conditions that support behavioral health and the ability of individuals to withstand challenges.
  • Prevention — Delivered prior to the onset of a disorder, these interventions are intended to prevent or reduce the risk of developing a behavioral health problem.
  • Treatment — Services for people diagnosed with a mental health condition or disorder.
  • Recovery — Services to support individuals’ abilities to live productive lives in the community following treatment.
Early Childhood System of Care

These are moving closer toward INTEGRATION
System is CHANGING
What does an integrated service array look like?

Services that are evidence-based, high quality, inclusive, accessible and inclusive.

Defined and coordinated leadership, recruited and engaged stakeholders, financing strategy, enhanced and aligned standards/competencies across programs/providers, accountability and structured communication.
To create good outcomes for children we need to support adults.

Two-generation approaches recognize that the child is experiencing ACEs now and the caregiver likely experienced ACEs in their own early years.
Presentations
Summary
Core Competencies Approach to Addressing IMH needs

- Family and youth-guided multidisciplinary teams with care coordination capability
- Individualized and integrated care plans
- Use of evidence-based guidelines
- Established and accountable relationships with other entities
- Data-informed planning

Family has concern about 3 year old son

Warm Line Navigation assists family’s enrollment in:
- ABC for mom and baby
- PCIT & CCO for caregivers and 3 year old
- E-EMHC for daycare to support behavior within all settings

Tri-County Early Childhood Warm Line Recommended

Trained warm line operator helps identify services to address family needs.

If higher level of support is needed, family navigator with lived experience meets with family about concerns and supports their sustained engagement with services.

Warm Line referral assists family’s enrollment in:
- health care for caregivers within the home
- DSS supports for WIC and financial support due to caregiver unemployment, job needs and other resources
- Mental Health services for mother due to postpartum stress
- school-based early intervention supports

Supported engagement in community-based services reinforces successful engagement mental health programs
What does your current system look like?

• Key Partners?
• What services are present/absent?
• Funding Streams?
My current situation is not my final destination!

- If you could have the ideal EC SOC and service array in your agency/county/region, what would it look like?
- What successes/wins do you have now?
- What is missing?
- What would you change, add, take away?
- What partnerships would you build?
Small Group Discussion
WHAT IS ONE THINK YOU CAN TAKE BACK TO YOUR WORK YOU THINK CAN HELP TO MAKE CHANGE TO ADDRESS ECMH?
Questions? Ideas?