Implementing Trauma Informed Care in a Tribal Systems of Care

Mildred D. Manuel, (Yaqui/Akimel O’otham)
Program Manager
Sewa U'usim Community Partnership
Pascua Yaqui Tribe | Health Division

Adam Becenti, (Diné)
Community Development Specialist
National Indian Child Welfare Association

Thursday, July 26th, 2018
Learning Objectives

• **Explore** lessons learned on the implementation process of trauma informed care
• Gain an **understanding** of how the Pascua Yaqui Systems of Care used local history, cultural & language to assist with the trauma informed approach in everyday service delivery
• Offer **advice** and suggestions on how communities can prepare to integrate trauma informed care into their SOC
• **Learn** how the Pascua Yaqui SOC is involving youth and families with integration of trauma informed care
• **Hear** from the Pascua Yaqui Tribe on how trauma informed care has since impacted its staff, clients, and providers.
Historical and Intergenerational Trauma Exercise

Take out a piece of scratch paper
&
Write down five things you care about the most in your life
Pascua Yaqui Tribe of Arizona

- Federally recognized tribe since 1978
- The youngest tribe in Arizona
- Yaqui people have lived in the Gila and Santa Cruz Valley for hundreds of years
- Estimated 19,329 enrolled members as of 2016
- More than one-third (37.7%) of all members are under 18
- Fled eradication beginning in 1800’s
A History of Trauma of the Yaqui People

- Impact of Historical Trauma
- Where and how people get re-traumatized
- Socio-economic conditions
- Defining the need for trauma informed care

The Battle of Bear Valley was a small engagement fought between a band of Yaquis and a detachment of United States Army soldiers. On January 9, 1918.
Mobilizing to Trauma Inform

• What had to happen before training began
• What plans came together to start process
• Original goal
• Who were involved
• Community readiness
Trauma Informed Care Models

• Community Connections Curriculum
• Application to Pascua Yaqui
• Strengths/Opportunities
• Limitations of curriculum
Trauma Informed Care Exercise

Please take out a piece of paper & writing tool
What Happened During Site Visit

- Multiple perspectives
- What worked & didn’t work out so well
- Who showed up
- What was the feeling
- Accomplishments
TIC Training Takeaways/Lessons

• More time
• People came & enjoyed the experience
• Lots of work ahead
• Need to include common Tribal protective/healing practices
• Outside support (NICWA) made a difference
• People didn’t know what TIC was until we started working in groups
What Could Have We Done Differently

- Set aside more time
- Pre-work before start of training
- More facilitators
- Explain for connection
- Integrate more culture into the curriculum
- Include more key tribal stakeholders
Next Steps for Pascua Yaqui Community & Sewa U'usim

- Continue trauma informing Sewa U’usim
- Further develop plans with community on TIC implementation
- Focus on future goals: involve Yaqui Language & Cultural Department; work in small groups within the community
- Include elected leaders, community leaders, Yaqui Cultural Society leaders, and youth
Advice to Offer

• Be strategic in planning
• Define how trauma & healing looks in your community
• Be intentional on engagement
• Ensure proper facilitation
• Consider where your community’s understanding is on trauma informed care – readiness
• Identify existing strengths, resources, imbalances
Culture is Trauma Informed

- Tribal customs
- Equine Therapy
- Spirituality
- Tribal language
- Faith
- Mindful Movement
- Family
- Running/Walking
- Prayer
- Traditional Healers
- Traditional Medicine
- Ceremony

#LEADINGCHANGE
Relational Worldview Exercise
Thank you

Ahéhee’

Lios em chiokoe uttessia

Mildred Manuel
Mildred.Manuel@pascuayaqui-nsn.gov

Adam Becenti
Abecenti@nicwa.org