

April Cavaletto, LMSW

Curriculum Vitae

University of Maryland, Baltimore, School of Social Work
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RESEARCH INTERESTS

Intimate partner violence (IPV); campus services for IPV; help-seeking; secondary and tertiary violence prevention; intersectionality; measurement and conceptualization of interpersonal violence and healthy relationships; gender-based violence in social work curriculum

EDUCATION

Expected 2027	PhD	University of Maryland, Baltimore , Baltimore, MD Field: Social Work
2018	MSW	Arizona State University , Phoenix, AZ Concentration: Direct Practice with Children, Youth, and Families
2015	BA	Arizona State University , Tempe, AZ <u>First major</u> : English (literature) <u>Second major</u> : Communication Barrett, the Honors College Graduated with highest distinction

PROFESSIONAL LICENSE

2019-present **Licensed Master of Social Work**, State of Arizona

PUBLICATIONS

PEER-REVIEWED PUBLICATIONS

Published/In Press

1. Hopkins, C. Q., Graham, L. M., & **Cavaletto, A.** (in press). Magic or morass?: Interdisciplinary work and program evaluation in legal education and legal policy for restorative justice programs. *Journal of Legal Education*.
2. **Cavaletto, A.**, Reed, L. A., Lawler, S., Turner, B. G., Walhof, J. & Messing, J. (2025). "Healthy relationships: A scoping review of definitions, components, and measures of healthy dating relationships among teens and young adults. *Trauma, Violence, and Abuse*. *Advanced Online Publication*. <https://doi.org/10.1177/15248380251325202>
3. Graham, L M., Hopkins, C. Q., **Cavaletto, A.**, & Aggarwal, N. (2024). Using restorative justice to respond to and prevent sexual harm: A qualitative study of formalized practices

in six countries. *Journal of Interpersonal Violence*. Advanced Online Publication.
<https://doi.org/10.1177/08862605241285877>

4. Graham, L. M., Sarmiento Mellinger, M., Barth, R., Jiwatram-Negrón, T., Waller, B. Y., Messing, J. T., Bennett, C. R., & **Cavaletto, A.** (2024). The power of language to transform efforts to address intimate partner violence: Tensions in the field and pathways forward. *Families in Society*, 105(3), 457-472.
<https://doi.org/10.1177/10443894241239091>
5. Yang, X., Zhang, P., Jing, S., Cheng, Y., & **Cavaletto, A.** (2024). Logotherapy-based interventions for Chinese family caregivers of older adults with dementia through online groups: A mixed-methods study. *Journal of Gerontological Social Work*, 67(3), 1-16.
<https://doi.org/10.1080/01634372.2024.2326689>

Under Review/In Preparation

1. **Cavaletto, A.**, Zimmerman, L., Graham, L. M., & Ting, L. (revise and resubmit). The state of intimate partner violence research in the community college context: A scoping review.
2. Graham, L. M., **Cavaletto, A.**, & Nguyen, C. (invited commentary, in prep). Using creative bystander interventions to prevent sexual violence among adolescents. *Journal of Family Violence*.
3. **Cavaletto, A.**, Walton, E., Graham, L. M., & Hopkins, Q. C. (in prep). Assessing and maintaining safety in restorative justice programs that address sexual harm: An international qualitative study.
4. **Cavaletto, A.** (in prep). A Short version of the Perceived Relationship Quality Components Questionnaire: A confirmatory factor analysis of the PRQC-6.
5. O'Connor, J., & **Cavaletto, A.** (in prep) The Impact of the Resilience Portfolio on mental negative health outcomes among college students: Interactions with intimate partner violence

REPORTS FOR GRANTS AND CONTRACTS

1. Graham, L. M., **Cavaletto, A.**, Allison, A., & Young, K. (2024). *Collaborative community-based violence prevention project: Focus group report*. Commissioned report prepared for the Black Mental Health Alliance funded by the U.S. Bureau of Justice Assistance.

2. **Cavaletto, A.,** & Graham, L. M. (2024). *Teacher Talk preliminary feasibility study report*. Commissioned report for the Erin Levitas Initiative for Sexual Assault Prevention.
3. Graham, L. M., **Cavaletto, A.,** & Hoyt, B. (2023). *Erin Talk Program evaluation brief final report, September 2023*. Commissioned report for the Erin Levitas Initiative for Sexual Assault Prevention.
4. **Cavaletto, A.,** Graham, L. M., & Hoyt, B. (2023). *ERIN Talk Program evaluation final report: Final internal program report*. Commissioned report for the Erin Levitas Initiative for Sexual Assault Prevention.
5. Graham L. M., & **Cavaletto, A.** (2023). *ERIN Talk Program evaluation initial report, February 2023*. Commissioned report for the Erin Levitas Initiative for Sexual Assault Prevention.
6. **Cavaletto, A.,** Graham, L. M., & Liggett-Creel, K. (2022). *Behavioral health crisis referral system for children & youth in Baltimore City, MD*. Commissioned report as part of the Addressing Intersections of Race and Violence Against Children and Youth project at the National Association of County and City Health Officials funded by the U.S. Centers for Disease Control and Prevention. Available from <https://www.ssw.umaryland.edu/media/ssw/collaborative/Crisis-Referral-System-Report.pdf?&>
7. Graham, L. M., **Cavaletto, A.,** & Liggett-Creel, K. (2022). *Data-sharing policies and practices in Baltimore City, MD*. Commissioned report as part of the Addressing Intersections of Race and Violence Against Children and Youth project at the National Association of County and City Health Officials funded by the U.S. Centers for Disease Control and Prevention. Available from https://www.ssw.umaryland.edu/media/ssw/collaborative/Data-sharing-report_UMSSW_July-2022.pdf?&

PRESENTATIONS

PEER-REVIEWED PRESENTATIONS

1. Walton, E., **Cavaletto, A.,** Graham, L. M., & Hopkins, C. Q. (2025, January). *Addressing and promoting safety in restorative justice services that respond to sexual violence: A qualitative study of global practices*. Poster presentation at the Society for Social Work and Research Conference in Seattle, Washington.
2. Graham, L. M., **Cavaletto, A.,** & Hopkins, C. Q., (2025, January). *Development and preliminary feasibility test of a sexual violence prevention bystander intervention*

program for youth-serving adults. Oral paper presentation at the Society for Social Work and Research Conference in Seattle, Washington.

3. Hopkins, C. Q., Graham, L. M., Schertzing, N., Jachman, M., Ames-Messinger, E., & **Cavaletto, A.** (2024, July). *Employing restorative practices in a comprehensive public health approach to prevent and respond to sexual violence.* Panel presentation at the National Association of Community and Restorative Justice Conference in Washington, D. C.
4. Hopkins, C. Q., Graham, L. M., Schertzing, N., & **Cavaletto, A.** (2024, June). *Magic or morass?: Interdisciplinary work and program evaluation in legal education and legal policy for restorative justice programs.* Panel presentation at the National Center for Restorative Justice Conference in South Royalton, Vermont.
5. **Cavaletto, A.**, & Zimmerman, L. (2024, January). *Current understandings of community college students' IPV experiences and interventions: Discussion of a scoping review.* Oral paper presentation at the NASPA, Student Affairs Administrators in Higher Education Strategies Conference in San Francisco, California.
6. **Cavaletto, A.**, Hoyt, B., & Graham, L. M. (2024, January). *Conducting ethical pilot studies of interpersonal violence prevention programs with youth in schools.* Workshop at the Society for Social Work and Research Conference in Washington, D.C.
7. Graham, L. M., **Cavaletto, A.**, Hopkins, C. Q. (2024, January). *Using restorative justice principles to prevent and respond to sexual violence: A qualitative study to understand global practices.* Oral paper presentation at the Society for Social Work and Research Conference in Washington, D.C.
8. Deitz, A., Tennor, M., Mack, L.-J., **Cavaletto, A.** Chung, Y., Lee, H., & Zhang, P. (2024, January). *A collaborative research process in social work doctoral education: Recentering community.* Poster presentation at the Society for Social Work and Research Conference in Washington, D.C.
9. Hopkins, C. Q., Graham, L. M., & **Cavaletto, A.** (co-presenter; 2023, October). *Qualitative study of international restorative justice responses to sexual harm: Methodology and preliminary results.* Oral presentation at the Association of American Law Schools Alternative Dispute Resolution Works-in-Progress Conference in New Haven, Connecticut.
10. **Cavaletto, A.**, & Zhang, P. (2023, March). *Associations between romantic relationship quality, COVID-19 stress, and psychological distress among parents of minors.* Oral paper presentation at the University of Maryland, Baltimore Graduate Research Conference in Baltimore, Maryland.

11. **Cavaletto, A.**, Cagle, J., & Graham, L. M. (2023, January). *School-level predictors of teen dating violence perpetration*. Poster presentation at the Society for Social Work and Research Conference in Phoenix, Arizona.
12. Graham, L. M., McCauley, H., Rizo, C. F., & **Cavaletto, A.** (2023, January). *Strengths-focused sexual and intimate partner violence prevention: Current approaches and future directions*. Roundtable at the Society for Social Work and Research Conference in Phoenix, Arizona.
13. Reed, A., Brown, L. A., Mazzio, A. K., Lawler, S., **Cavaletto, A.** (co-presenter), & Messing, J. (2023, January). *Lessons learned from women and LGBTQ+ college students about dating: Implications for inclusive and relevant healthy relationship education*. Oral paper presentation at the Society for Social Work and Research Conference in Phoenix, Arizona.
14. **Cavaletto, A.**, & Stevens, D. (2021, January). *Smart sister cities*. Workshop at the ShapingEDU Winter Games conference hosted virtually by Arizona State University.

INVITED PRESENTATIONS

1. **Cavaletto, A.**, Chung, Y., Deitz, A., Lee, H., Mack, L.-J., Tennor, M., & Zhang, P., (February, 2023). *Parental well-being during the COVID-19 pandemic*. Invited virtual presentation for the Social Work Community Outreach Service (SWCOS) at the University of Maryland School of Social Work.
2. **Cavaletto, A.** (August, 2022). *Behavioral health crisis referral system for children & youth in Baltimore City, MD*. Invited virtual presentation for the Baltimore City Children's Cabinet Trauma Workgroup, Baltimore City, MD.
3. **Cavaletto, A.**, Chester, J., Clinton, T., & Pittman, Z. (July, 2022). *Sharing data to inform child and youth services in Baltimore City*. Invited virtual presentation for the Baltimore City Mayor's Office Trauma Informed Care Task Force, Baltimore City, MD.

AWARDS AND HONORS

- 2024 **NASPA Foundation Access Scholarship**, NASPA: Student Affairs Administrators in Higher Education, NASPA Strategies Conference (\$755)
- 2024 **PhD Travel Fellowship**, University of Maryland, Baltimore, School of Social Work (\$342)
- 2023 **Graduate Student Travel Scholarship**, National Institute of Justice, National Research Conference (\$1,300)

- 2022 **PhD Travel Fellowship**, University of Maryland, Baltimore, School of Social Work (\$600)
- 2021 **PhD Travel Fellowship**, University of Maryland, Baltimore, School of Social Work (\$155)
- 2017 **College of Public Programs University Grant Award**, Arizona State University College of Public Programs and Community Solutions (\$1,000)
- 2016 **Arizona Graduate Scholar Award**, Arizona State University (\$2,000)
- 2014 **Phi Beta Kappa Society Inductee**

RESEARCH EXPERIENCE

- 2022-present **Graduate Research Assistant**, University of Maryland, Baltimore
Tasks: Qualitative coding and analysis, pilot study development and implementation, intervention evaluation, consent/assent processes, semi-structured interviews and focus groups, photovoice facilitation, report and manuscript development
Supervisor: Dr. Laurie Graham
- 2019-2024 **Thriving Relationships Lab**, Arizona State University
Tasks: Literature reviews, systematic reviews, focus group processes
Service: Literature review team leader
Lab Director: Dr. Lauren Reed
- 2021-2022 **Graduate Research Assistant**, University of Maryland, Baltimore
Tasks: Government commissioned report preparation, data compilation, organization of electronic meetings with stakeholders, professional presentations, survey development
Funding: Funded by a competitive contract through the National Association of County and City Health Officials of \$130,000; Co-Principal Investigators: Dr. Kyla Liggett-Creel and Dr. Laurie Graham
Supervisors: Dr. Laurie Graham and Dr. Kyla Liggett-Creel

SOCIAL WORK PRACTICE EXPERIENCE

- 2018-2021 **Youth and Education Program Coordinator**, Phoenix Sister Cities, Phoenix, AZ
- 2017-2018 **MSW Intern Trauma Therapist**, Empact La-Frontera Trauma Healing Services, Tempe, AZ
- 2017-2018 **Graduate Assistant/Program Coordinator**, Arizona State University West, Changemaker Central, Glendale, AZ

2016-2017 **Program Coach/MSW Intern**, Arizona State University, Bridging Success, Phoenix, AZ

2016-2017 **Client Advocate**, Chrysalis, Phoenix, AZ

2015 **Volunteer Coordinator/House Operations**, Maggie's Place, Tempe, AZ

TEACHING EXPERIENCE

Spring 2025	Co-Instructor	Research Methods Graduate Course, Asynchronous, Arizona State University
Spring 2025	Guest Lecture	Dating and Sexual Violence Among Adolescents and Emerging Adults Graduate Course, In-person, Intimate Partner Violence, University of Maryland-Baltimore
Spring 2024	Co-Instructor	Human Behavior in the Social Environment I Graduate Course, Asynchronous, Arizona State University
Fall 2023	Adjunct Instructor	Human Behavior and the Social Environment Graduate Course, Synchronous Hybrid, University of Maryland-Baltimore
Spring 2023	Teaching Assistant	Intimate Partner Violence Graduate Course, In-person, University of Maryland-Baltimore
Fall 2021	Guest Lecture	Introduction to Gender-based Violence Undergraduate Course, Synchronous Online, Social Work with Groups and Families, Western New England University

UNIVERSITY AND PROFESSIONAL SERVICE

2021 - Present	Member , IPV Collaborative, University of Maryland Baltimore
Spring 2024	Peer Mentor , Society for Social Work Research Conference
Fall 2022, 2023	PhD Orientation Volunteer , University of Maryland School of Social Work
Summer 2023	Ad Hoc Reviewer , Society for Social Work and Research Conference
Fall 2022	Ad Hoc Reviewer , Journal of Family Violence

STATISTICAL SOFTWARE AND ANALYSIS TRAINING

Programs/Packages: Stata, SPSS, MPlus, NVivo, Covidence, Excel

Methods Training: Linear and logistic regression, continuous and categorical interactions, exploratory and confirmatory factor analysis, structural equation modeling, stratified random sampling, systematic and scoping reviews, thematic analysis