

# Lauren Pryce McCarthy, PhD, LCSW | Curriculum Vitae

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## Education

**PhD - Social Work** — University of Maryland, Baltimore: Baltimore, Maryland 2017 - 2022

- Dissertation: *Exploring Placement Pathways to Residential Care for Child Welfare Involved Youth: A Three Paper Dissertation*
- Dissertation Committee: Dr. Bethany R. Lee, PhD (Chair); Dr. Brenda Jones Harden; Dr. Fred Wulczyn; Dr. Geoffery Greif; Dr. Terry V. Shaw

**MSW** — University of Pennsylvania School of Social Policy & Practice: Philadelphia, Pennsylvania 2009-2011

**BA (Psychology)** — Dickinson College: Carlisle, Pennsylvania 2003-2007

- Graduated *cum laude*
- Senior Thesis: *In Search of the Lesbian Continuum: Revisiting Compulsory Heterosexuality*

## Research Positions

**Post-Doctoral Fellow** – Children’s Hospital Colorado Anschutz Medical Campus

Funded by the Berger Fellowship at The Kempe Center for the Prevention and Treatment of Child Abuse & Neglect. Responsible for developing new research study proposals in collaboration with other faculty and staff. Responsible for supporting faculty and writing individual grants to support future research projects. Responsible for developing client satisfaction surveys and programming evaluation measures into survey tools. Responsible for conducting quantitative and qualitative analysis of evaluation measures, survey responses, and focus group data. Responsible for preparing written review of findings for quarterly and annual reports and manuscript development for peer-reviewed publication.

**Project:** Fostering Healthy Futures

**PI:** Dr. Heather Taussig

**July 2022 – Present**

Study on outcomes of a positive youth development mentorship and skills training program for youth in out-of-home care.

**Project:** TASK Clinic Evaluation Study (\$100,000 – Stone Family Foundation)

**PI:** Dr. Terri Lewis

**July 2022 – Present**

Study on the effectiveness and client satisfaction with an interdisciplinary, trauma-informed assessment and service referral clinic.

**Project:** Understanding Adoptive Parents’ Perceptions of Supports & Barriers

**PI:** Drs. Rebecca Orsi & Karen Barrett

**September 2022 – Present**

Study on the experience of adoptive parents and their perception of relational supports and barriers.

## **Graduate Research Assistant** — University of Maryland School of Social Work

Responsible for recruitment and tracking of participants, including development of participant tracking log, information sheets, and recruitment materials. Responsible for conducting interviews across multiple time points to assess the feasibility, acceptability, and appropriateness of a web-based tool for youth workers, including development of semi-structured interview guides. Responsible for conducting qualitative analysis of interview data and preparing written review of findings for peer-reviewed publications, as well as quarterly and annual reports to partner. Responsible for quantitative analysis of data and manuscript development for peer-reviewed publication, state reports, and conference presentations. Responsible for conducting literature reviews to inform program implementation and creating an exploration phase tracking tool to use with community partners. Provided re-design of anger management program curriculum using a trauma-informed lens that incorporated mindfulness and emotional regulation practices.

**Project:** GuideTree Program Evaluation Study (\$253,814 – External Contract with Youth Villages)

**PI:** Dr. Bethany R. Lee

**Fall 2020 – June 2022**

Study on the implementation of a web-based tool for youth workers including foster care workers, sociotherapists, and foster care case managers.

**Project:** Preschool Development Grant Birth through Five (PDG B-5) Grant Report

**PI:** Dr. Charlotte Bright & Melissa Brodowski (Office of Early Childhood Development)

**Summer 2020**

Conducted thematic analysis of PDG B-5 renewal applications funded in 2019, selected states' Needs Assessments and selected states' Strategic Plans to identify trends in programming targeting improved transitions from early childhood programming (including pre-school) into kindergarten. Produced two written reports and presented on findings for Administration for Children and Families Office of Early Childhood Development staff and PDG B-5 partners.

**Project:** Camp Connect Evaluation (\$2,500 – Internal funding)

**PI:** Dr. Bethany R. Lee

**Fall 2019-Spring 2020**

Study evaluating a camp program for separated sibling groups in foster care that assessed the impact on both former camper and camp staff relationships and well-being.

**Project:** The Family Tree Evaluation Study (\$15,450 – External Contract with The Family Tree)

**PI:** Dr. Terry V. Shaw

**Fall 2018-Summer 2019**

Project involved partnership with community non-profit organization focused on child maltreatment prevention.

**Project:** State-wide Child Welfare Outcomes Study

**Fall 2018-Summer 2019**

Completed regression analysis of state-wide child welfare system data to explore racial disparities in child welfare placement outcomes. Completed hierarchical linear modeling of state-wide child welfare system data to explore the relationship between the presence of siblings in foster care and time to non-adoption permanency.

**Project:** The Experiences of Incarcerated Women in the START program (Internal Funding)

**PI:** Dr. Caroline Long

**Fall 2017-Summer 2018**

Study on the experiences of women involved in a trauma-informed substance abuse program targeting women who are incarcerated for non-violent substance abuse offenses.

**Research Team Member – University of Maryland School of Social Work**

Partnered in study conceptualization and design, including research and selection of survey instruments. Partnered in completing IRB application and responding to IRB analysts' concerns. Partnered in tracking of survey distribution and results. Participated in data cleaning. Conducted quantitative analysis of survey findings. Developed independent manuscript and partnered on development of book chapter and conference presentations. Responsible for recruiting participants and conducting interview. Participated in transcription and qualitative analysis of interviews. Participated in developing manuscripts for peer-reviewed publication and conference presentations.

**Project:** Exploring Social Workers' Ethical Concerns in the Workplace

**PI:** Dr. Corey Shdaimah

**Fall 2017 – Spring 2022**

Study on how social workers perceive and navigate ethical concerns in the workplace.

**Project:** Research Practicum 2018

**PI:** Drs. Jodi Frey & Bethany R. Lee

**Spring 2018 – Fall 2018**

Cross-sectional observational survey study on interprofessional collaboration and burnout among social work field instructors at a mid-Atlantic university school of social work.

**Undergraduate Research Assistant – Dickinson College Department of Psychology**

Responsible for recruitment of participants and distribution of surveys across small liberal arts campus. Responsible for analyzing interviews. Participated in manuscript development, including presentation of findings and response to reviewers.

**Project:** Understanding heterosexual identifying women's same-sex encounters

**PI:** Dr. Megan Yost

**Spring 2007**

Study exploring the observed incidence, attitudes toward, and motivations behind heterosexual women engaging in same-sex encounters on undergraduate campuses.

## Teaching Positions

**Boise State University School of Social Work Online Program**

**Adjunct Faculty – *Research Methods I; Introduction to Practice: Communities; Trauma-informed Social Work Practice; Advanced Interventions I (Fall 2019 – Present)***

Courses covered concepts related to introductory research methods, advanced theories of clinical practice, trauma-informed social work, and community practice. Facilitated asynchronous and synchronous online instruction. Provided optional weekly synchronous lecture sessions to support asynchronous course materials, held weekly open office hours, and graded student work.

**University of Maryland School of Social Work**

**Adjunct Faculty – *Structural Oppression: Implications for Social Work Practice (Fall 2020)***

Course covered concepts related to structural oppression including racial, gender-based, and disability oppression and their implications for social work practice. Assisted with development of course syllabus, including identifying key themes for course, selecting reading materials, and creating assignments and

associated assignment instructions for students. Provided in-classroom and online synchronous instruction and facilitated discussion. Graded student work and provided weekly open office hours.

**Guest Lecturer – *Advanced Clinical Interventions; Practice with Groups & Families (Spring 2020, Fall 2020, Spring 2021)***

Lectured on Trauma-Focused Cognitive Behavioral Therapy and Dialectical Behavioral Therapy. Lectured on Structural Family Therapy.

**Teaching Assistant – *Structural Oppression: Implications for Social Work Practice (Fall 2019)***

Aided professor in the development of course syllabus, including assignments and course readings. Co-facilitated lectures and discussions on concepts related to structural oppression and their meaning for social work practice. Graded student work.

**Teaching Assistant – *Practice with Groups and Family; Advanced Clinical Practice (Spring 2019)***

Prepared and gave lectures on Trauma-Focused Cognitive Behavioral Therapy, Dialectical Behavior Therapy, and Structural Family Therapy. Aided professor in developing and assessing an online course exercise. Graded student work.

**University of Pennsylvania Graduate School of Education – Masters of Science in Education Program**

**Guest Lecturer – *Introduction to Family Therapy (Spring 2019)***

Lectured on the provision of in-home family therapy.

**University of South Carolina School of Social Work**

**Guest Lecturer – *Introduction to Research Methods (Fall 2019, Fall 2020)***

Lectured on Evidence-Based Practice in community mental health settings. Lectured on program evaluation.

**Dickinson College**

**Teaching Assistant – *Psychology of Gender and Sexuality (Spring 2007)***

Held weekly office hours to provide academic support to students. Prepared and held study sessions with classes prior to tests, midterms, and final exams. Aided professor in grading of student work.

## Clinical Practice Positions

***Licensed Clinical Social Worker (Pennsylvania)***

Certified in Eco-systemic Structural Family Therapy

Trained in Trauma-Focused Cognitive Behavioral Therapy

**Family Based Therapist** — Child Guidance Resource Centers; Philadelphia, Pennsylvania (2013-2017)

Provided in-home eco-systemic structural family therapy to children with Autism Spectrum Disorder and their families. Met case management needs of families. Completed comprehensive treatment plans and ongoing biopsychosocial assessments.

**Family Based Therapist** — Warren E. Smith; Philadelphia Pennsylvania (2011 -2013)

Provided in-home eco-systemic structural family therapy to children and their families. Met case management needs of families. Completed comprehensive treatment plans and ongoing biopsychosocial assessments.

**Intern** — Durand Academy; Woodbury, New Jersey (2010-2011)

Provided weekly counseling to students with emotional and developmental disorders. Prepared and facilitated weekly social skills groups for students. Prepared for and participated in Individualized Education Plan meetings for students.

**Intern** — Natale Crisis Residential Program; Media, Pennsylvania (2009-2010)

Provided weekly individual counseling to residents of program. Prepared and facilitated weekly groups on various psychoeducational topics for residents of program. Completed intake and other assessments. Participated in weekly treatment team meetings related to discharge planning.

**Therapeutic Support Staff – Pennsylvania MENTOR; Media, Pennsylvania (2007-2009)**

Implemented behavioral plans for youth diagnosed with behavioral and developmental health disorders. Provided 1:1 support in home, school, and community for youth diagnosed with behavioral and developmental health disorders. Supported families and school professionals in following behavioral plans for youth diagnosed with behavioral and developmental health disorders.

## Peer-reviewed Publications

- Xu, Y., Winters, A.M., Soto-Ramirez, N., **McCarthy, L.P.**, Betz, G., & Liu, M. (Accepted, publication pending). Predisposing, enabling, and need factors associated with psychotropic medication and mental health service use among children in out-of-home care in the United States: A scoping review. *International Journal of Environmental Research and Public Health*.
- McCarthy, L.P.** (Accepted, publication pending). Understanding Subgroups of Child Welfare Placement Histories in the Context of Youth Behavior and Development: A Latent Class Analysis. *Journal of Public Child Welfare*.
- Xu, Y., Wang, Y., **McCarthy, L.P.**, Harrison, T., & Doherty, H. (2022). Mental/behavioral health and educational outcomes of custodial grandchildren raised by grandparents: A mixed-methods systematic review. *Health & Social Care in the Community*. DOI: 10.1111/hsc.13876
- Xu, Y., Pace, S., **McCarthy, L.P.**, Harrison, T., & Wang, Y. (2022). Interventions to improve outcomes of grandchildren raised by grandparents: A systematic review. *Research on Social Work Practice*. DOI: 10.1177/10497315221079352
- McCarthy, L.P.**, Siegal, J.L., & Ware, O.D. (2021) Supporting social work field instructors: Empowerment as a strategy for preventing burnout. *Journal of Social Work*. DOI: 10.1177/14680173211056817
- Becker, T.D., Leffler, K.A., & **McCarthy, L.P.** (2021). Individual characteristics associated with color-blind racial attitudes in Master of Social Work students. *Journal of Social Work Education* (in press). DOI: 10.1080/10437797.2021.1942352
- McCarthy, L.P.** (2021). Social work burnout in the context of interprofessional collaboration. *Social Work Research*, 45(2), 129-139. DOI: 10.1093/swr/svab004
- McCarthy, L.P.** (2021). Attention to gender and race in interventions for custodial grandparents: a scoping review. *Journal of Feminist Family Therapy* (in press). DOI: 10.1080/08952833.2021.1880186
- McCarthy, L.P.**, Lee, B.R., Schagrin, J., & Loysen, S. (2020). Knowing that I wasn't alone: An evaluation of a therapeutic camp reunifying siblings in foster care. *Children and Youth Services Review*, 117. DOI: 10.1016/j.childyouth.2020.105296
- McCarthy, L.P.**, Imboden, R., Shdaimah, C.S., & Forrester, P. (2020). 'Ethics Are Messy': Supervision as a Tool to Help Social Workers Manage Ethical Challenges. *Ethics and Social Welfare*, 14(1), 118-134.
- Yost, M. & **McCarthy, L.P.** (2012). Girls gone wild? Heterosexual women's same-sex encounters at college parties. *Psychology of Women Quarterly*, 36(1), 7-24. DOI: 10.1177/0361684311414818

## Additional Publications

- McCarthy, L.P.** (2022) *Understanding subgroups of child welfare placement histories over time in the context of youth behavior and development: A latent transition analysis*. Maryland Department of Human Services.
- McCarthy, L.P.** (2022) *Placement experiences of youth with behavioral concerns at entry to out-of-home care: Exploring the association between child development and entry to residential treatment*. Maryland Department of Human Services.
- McCarthy, L.P.** & Morrison, H. (2021) *Adaptations to COVID-19: How PDG B-5 grant recipients adapted their transition activities*. Administration for Children and Families: Early Childhood Development. [https://childcareta.acf.hhs.gov/sites/default/files/public/pdg-b5\\_covidtransitionimpacts\\_applicationreview\\_acc.pdf](https://childcareta.acf.hhs.gov/sites/default/files/public/pdg-b5_covidtransitionimpacts_applicationreview_acc.pdf)

- McCarthy, L.P.** (2020). *Supporting smooth kindergarten transitions: A report on PDG-B5 grant applications*. Administration for Children and Families: Early Childhood Development. [https://www.acf.hhs.gov/sites/default/files/documents/ecd/supporting\\_smooth\\_kindergarten\\_transitions\\_508\\_compliant.pdf](https://www.acf.hhs.gov/sites/default/files/documents/ecd/supporting_smooth_kindergarten_transitions_508_compliant.pdf)
- McCarthy, L.P.** (2019). *The effect of siblings in care on time to non-adoption permanency*. Maryland Department of Human Services.
- McCarthy, L.P.** (2018). *Racial differences in child welfare placement types*. Maryland Department of Human Services.

## Conference Presentations

- McCarthy, L.P.** (2023, January). *"We wanted to get her help": Caregiver perceptions of decision-making when accessing residential treatment*. Presented at the meeting of the Society for Social Work Research, Phoenix AZ.
- McCarthy, L.P.** (2023, January). *Understanding Subgroups of Child Welfare Placement Histories over Time in the Context of Youth Behavior and Development: A Latent Transition Analysis of Risk of Entry to Residential Treatment*. Poster presented at the meeting of the Society for Social Work Research, Phoenix AZ.
- McCarthy, L.P.** (2023, January). *Placement Experiences of Youth with Behavioral Concerns at Entry to out-of-Home Care: Exploring the Association between Child Development and Entry to Residential Treatment*. Poster presented at the meeting of the Society for Social Work Research, Phoenix AZ.
- McCarthy, L.P.** (2022, October). *Caregiver perceptions of the child welfare system when accessing mental health care for youth*. Presented at the Kempe Center Call to Action Conference, Virtual.
- McCarthy, L.P., & Lee, B.L.** (2021, September). *'Knowing that I wasn't alone': Evaluation of a sibling camp for youth in care*. Presented at the European Scientific Association on Residential and Family Care for children and Adolescents Annual Conference, Virtual.
- McCarthy, L.P.** (2021, August). *Factors associated with residential treatment for youth in the child welfare system: A modified systematic review*. Presented at the Association of Children's Residential & Community Services Annual Conference, Virtual.
- McCarthy, L.P., Siegal, J., & Ware, O.D.** (2019, October). *Empowered social workers: Strategies for reducing burnout among social work field instructors*. Presented at the Annual Program Meeting of the Council on Social Work Education, Denver, CO.
- Imboden, R., **McCarthy, L.P., & Forrester, P.** (2019, October). *Ethics are "Messy": Does supervision aid social workers in managing ethical challenges?* Presented at the Annual Program Meeting of the Council on Social Work Education, Denver, CO.
- McCarthy, L.P., Shaw, T.V., Bright, C.L.** (2019, January). *Racial differences in child welfare placement types*. Poster presented at the meeting of the Society for Social Work Research, San Francisco, CA.
- Bright, C.L., Burry, C.L., Franke, N., **McCarthy, L.P.** (2019, January). *Outside in and inside out: The challenges of conducting research in criminal justice settings and strategies to overcome these*. Round table presented at the meeting of the Society for Social Work Research, San Francisco, CA.
- Burry, C.L., & **McCarthy, L.P.** (2018, September). *"Determined to become a better me": Voices of imprisoned women*. Presented at Joint Social Work Education and Research Conference, Canterbury, England.
- Parish, M., Burry, C.L., & **McCarthy, L.P.** (2018, September). *Human behavior through the lens of Adverse Childhood Experiences (ACE): Focusing teaching content*. Presented at Joint Social Work Education and Research Conference, Canterbury, England.

## Manuscripts In Progress:

- McCarthy, L.P., Baik, S., Siegal, J.L., Ware, O.D., & Alexander, I.T.** (Pending Publication). Burnout and empowerment of field instructors. In S.B. Little, L. Loessner, & M. Ofonedu, (Eds.), *Social work field instructions in modern practice: A handbook*. NASW Press.
- McCarthy, L.P.** (Revision under Review). *"We wanted to get her help": Caregiver perceptions of decision-making when accessing residential treatment*. *Journal of Child and Family Studies*.

McCarthy, L.P., Xu, Y., Hageman, S., Wang, Y. (*Under Review*). Intersectional disparities in access to mental health services among youth aging out of foster care. *Child Abuse & Neglect*.

## Honors & Awards

Dissertation Award, University of Maryland School of Social Work (\$4,000)	2021
Dean's Teaching Award, University of Maryland School of Social Work	Fall 2020
Donna Harrington Fellowship Award, University of Maryland School of Social Work (\$2,000)	2020
Nominated: Student Award for Leadership & Service, GADE	2020
Georgia Babladelis Best Paper Award, Psychology of Women Quarterly	2012

## Academic Service

Student representative on Search Committee for University of Maryland, Baltimore's Chief of Police	2021
Graduate student representative on Search Committee for University of Maryland, Baltimore's Vice President of Diversity, Equity, and Inclusion	2020
University of Maryland University Student Government Association: Primary Senator	2020
University of Maryland Graduate Student Association: Served as Vice-President (2020-2021), Secretary (2019-2020), Primary Representative (2017-2018, 2018-2019), and Alternate Representative (2022)	2017-2022
PhD Program Committee, University of Maryland School of Social Work: Served as student representative	2017-2019

## Facilitated Trainings

Series on Structural Oppression and Implications for Social Work Practice – University of Maryland School of Social Work Setting Space, and Social Identity, Power, & Oppression (Category 1 CEU) Power, Privilege, & Oppression (Category 1 CEU)	2020
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## Professional Memberships

Society for Social Work & Research	2018-Present
Council on Social Work Education	2019-Present
Society for Research in Child Development	2022-Present