

VASHTI ADAMS, MSW

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EDUCATION

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|---------------|---|
| 2020- Present | PhD Candidate, expected graduation May 2025 University of Maryland School of Social Work Dissertation title: Perceptions of Weight-Inclusive Health Principles Among Black Women |
| 2018-2020 | Master of Science in Social Work Columbia University School of Social Work |
| 2014-2018 | Bachelor of Arts in Social Welfare University of California, Berkeley |

PEER-REVIEWED PUBLICATIONS

1. **Adams, V.** (2023). Validation of the Modified Weight Bias Internalization Scale (WBIS-M) among first generation Asian immigrants. *Health and Social Work*, 49(1), 17-24. <https://doi.org/10.1093/hsw/hlad033>
2. Craddock, J., **Adams, V.**, Gladden, A., Netty, B., & Ajenifuja, O. (2023). “Black families don’t talk about it”: Young Black women’s perceptions of mental health communication in Black communities. *Journal of the Society for Social Work and Research*, 14(3), 633-652. <https://doi.org/10.1086/716188>
3. **Adams, V.**, & Craddock, J. (2023). Patient-provider communication quality as a predictor of medical mistrust among young Black women. *Social Work in Public Health*, 38(4), 334–343. <https://doi.org/10.1080/19371918.2023.2177225>
4. **Adams, V.**, Gladden, A., Craddock, J. (2022). Perceptions of health among Black women in emerging adulthood: Alignment with a Health at Every Size perspective. *Journal of Nutrition Education and Behavior*, 54(10), 915-923. <https://doi.org/10.1016/j.jneb.2022.07.004>

MANUSCRIPTS UNDER REVIEW/ IN PROGRESS

1. Dorsey, M., Craddock J., Mangum, L., **Adams, V.**, Lemmons, B. A conceptual framework for mHealth interventions targeting intersectionality and the sexual and reproductive health needs of young Black females. *Journal of Community Practice*. (Revise and resubmit).
2. Dorsey, M., **Adams, V.**, Howard, T., Rutledge J., King, D., Craddock, J., Jaffrey, A. “There’s always something. Some type of showing of some form of sex...”: Exploring the role of social media content on sexual health behaviors and decisions making among young Black females. *Journal of Adolescent Research*. (Revise and resubmit).
3. **Adams, V.** Relationships between acculturative stress, internalized weight stigma, and psychological distress among racially diverse immigrants. *Journal of Ethnic and Cultural Diversity in Social Work*. (Under review).
4. Aquino-Adriatico, G., Flores, A., **Adams, V.**, & Magnum, L. A modified duoethnography of racially diverse women doctoral students and faculty on transforming social work education. (In progress).
5. **Adams, V.** Ransom, S., Penka M., Craddock, J. “If it was led by young Black people like me” Young Black adults’ wants and needs in a culturally tailored technology-based sexual health intervention. (In progress).

BOOK CHAPTERS

1. Craddock, J., Dorsey, M., Luduke, R., **Adams, V.**, (In press). Leveraging social networks for Covid-19: The other socially transmitted infection. In C. Kingori’s (Ed.), Covid-19 and public health: Global responses to the pandemic. Ohio University Press.

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TECHNICAL PUBLICATIONS

1. Latta, L., Sweeney, K., Isiminger, A., **Adams, V.** & Candelaria, M. (2023). Infant and Early Childhood Mental Health Consultation FY22 Impact Report. University of Maryland School of Social Work Institute for Innovation and Implementation.
2. **Adams, V.**, Latta, L., Smith, W., Kane, A., Sweeney, K., & Candelaria, M. (2023). Maryland IECMHC Workforce Salary Report. University of Maryland School of Social Work Institute for Innovation and Implementation.

PEER-REVIEWED PRESENTATIONS

1. Dorsey, M., **Adams, V.**, Howard, T., Rutledge J., King, D., Craddock, J., Jaffrey, A. (2024, January 11). *“There’s always something. Some type of showing of some form of sex...”*: Exploring the role of social media content on sexual health behaviors and decisions making among young Black females. [Oral presentation]. Society for Social Work and Research, Washington DC, United States.
2. **Adams, V.** (2023, January 13). *Internalized weight stigma and psychological distress among first generation Black, Latinx, and Asian immigrants*. [Poster presentation]. Society for Social Work and Research, Phoenix, AZ, United States.
3. **Adams, V.** (2023, January 13). *Validation of the Modified Weight Bias Internalization Scale (WBIS-M) among first-generation Asian immigrants*. [Poster presentation]. Society for Social Work and Research, Phoenix, AZ, United States.
4. Deng, Y., Aggarwal, N., **Adams, V.** (2023, January 13). *Using a directed acyclic graph to inform research with propensity score analysis*. [Symposium presentation]. Society for Social Work and Research, Phoenix, AZ, United States.
5. Aquino-Adriatico, G., Mangum L., Flores, A., **Adams, V.** (2022, November 12). *“If not now, when?”: Racially diverse women doctoral students on transforming social work education*. [Poster presentation]. Council on Social Work Education Annual Program Meeting, Anaheim, CA, United States.
6. Penka, M., **Adams V.**, Craddock J. (2022, November 8). *“If it was led by young Black people like me”*: Young black adults’ wants and needs in a culturally tailored technology-based sexual health intervention. [Oral presentation]. American Public Health Association Annual Meeting, Boston, MA, United States.
7. **Adams, V.** (2022, November 8). *Assessing the psychometric properties of an instrument measuring internalized weight bias among foreign-born Asian adults*. [Poster presentation]. American Public Health Association Annual Meeting, Boston, MA, United States.
8. **Adams, V.** (2021, October 26). *“From the inside out”*: A qualitative exploration of how young Black women conceptualize health. [Roundtable presentation]. American Public Health Association Annual Meeting, Denver, CO, United States.
9. Craddock, J, **Adams, V.** (2021, June 3). *Profiles of young Black women based on sexual risk factors and sexual health communication: A latent class analysis*. [Poster presentation]. Society for Prevention Research Annual Meeting, Virtual.
10. **Adams, V.** (2021, April 15). *“It’s not just physical”*: A qualitative exploration of how young Black women define health. [Poster presentation]. Public Health Research at Maryland Conference, Virtual.

INVITED PRESENTATIONS

1. Craddock, J, **Adams, V.** (2023, October 27) Patient -provider communication quality as a predictor of medical mistrust among Black identified women. [Oral presentation]. University of California Irvine

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Medical School Department of Obstetrics and Gynecology Grand Rounds, Virtual

2. **Adams, V.**, Gladden, A., Craddock, J. (2023, June 8). *Perceptions of health among Black women in emerging adulthood: Alignment with a Health at Every Size perspective* [Poster presentation]. Substance Abuse and Mental Health Services Administration 50th Anniversary of the Minority Fellowship Program, Rockville, MD, United States

RESEARCH EXPERIENCE

- 1/2024 – Present **Graduate Research Assistant**
University of Maryland School of Social Work
Faculty mentor: Dr. Haksoon Ahn
- 7/2022 – 6/2023 **Graduate Research Assistant**
University of Maryland School of Social Work
Faculty mentor: Dr. Margo Candelaria
Responsibilities: Manuscript preparation, analyzed statewide data related to early childhood mental health consultation and developed quarterly and annual reports for funders and stakeholders, including the Maryland State Department of Education
- 9/2020 – 6/2022 **Graduate Research Assistant**
University of Maryland School of Social Work
Faculty mentor: Dr. Jaih Craddock
Responsibilities: Conducted literature searches and assisted with recruitment, qualitative data collection, qualitative data analysis, and manuscript preparation
- 9/2019 – 5/2020 **Graduate Research Assistant**
Bank Street College of Education
Faculty mentor: Dr. Karen DeMoss
Responsibilities: Conducted literature searches, developed IRB compliant study materials, and assisted with qualitative data analysis

TEACHING EXPERIENCE

- Fall 2023 **Graduate Teaching Assistant**
University of Maryland School of Social Work
SOWK 610 Structural Oppression and Its Implications for Social Work Practice
Faculty mentor: Dr. Melissa Edmonson Smith
Responsibilities: Facilitated class discussions, assisted with student communication, and graded and provided feedback on assignments for a class of 26 graduate-level social work students.

HONORS AND AWARDS

- 2021-2024 **Minority Fellowship Program**
Council on Social Work Education
- Fall 2023 **Graduate Teaching Assistantship**
University of Maryland Faculty Center for Teaching and Learning
- Fall 2021
Fall 2022 **PhD Travel Fellowship**
University of Maryland School of Social Work
- Spring 2021 **Minority Annual Meeting Travel Award**
Society for Prevention Research
- Fall 2020
Fall 2021 **Annual Meeting Student Scholarship Award**
American Public Health Association, Public Health Social Work section

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PROFESSIONAL MEMBERSHIPS

2020 – Present American Public Health Association

2020 – Present Society for Social Work and Research

AD-HOC REVIEWS

2022 – Present Journal of Healthcare for the Poor and Underserved

SOCIAL WORK PRACTICE EXPERIENCE

9/2019- 5/2020 **Social Work Intern**
KIPP College Prep NYC High School (New York, NY)
Responsibilities: Mentored 10 student restorative justice leaders in interviewing, advocacy, engagement, and data management skills, created professional development trainings for student restorative justice leaders, conducted individual and group counseling for a caseload of 8-10 students

9/2018- 5/2019 **Social Work Intern**
Achievement Initiative (New York NY)
Responsibilities: Developed and implemented outreach strategies that resulted in surpassing the original enrollment goal by 25% (from 110 to 160 students), implemented tier 1 interventions through the use of bulletin boards and hall space that positively contributed to school climate and increased the program's reach from the cohort of 160 students to the entire school population of 450, created guides for future interns regarding best practices for counseling, staff interactions, and documentation to increase onboarding efficiency, and conducted individual and group counseling for a caseload of 6-8 students.

EXPERIENCE OUTSIDE OF SOCIAL WORK

Summer 2019 **Lead Science Instructor**
Galileo Summer Camp, Berkeley, CA

Summer 2019,
Summer 2018 **Education Specialist**
Living Desert Zoo and Gardens, Palm Desert, CA

2014 – 2018 **Team Leader**
Jumpstart for Young Children, Berkeley, CA

2016 – 2018 **Vice President**
National Council of Negro Women UC Berkeley Chapter, Berkeley, CA

2017 – 2018 **Retention and Operations Director**
UC Berkeley Black Recruitment and Retention Center, Berkeley, CA

Summer 2017 **Summer Teaching Fellow**
Uncommon Schools, New York, NY

2016 – 2017 **Youth Outreach Coordinator**
Black Recruitment and Retention Center, Berkeley, CA

Summer 2015 **Summer Teaching Fellow**
Breakthrough Collaborative, Austin, TX