

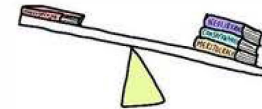
The SHARP Framework

(Shaia, 2019)

A tool that can be used to understand psychological suffering within the context of oppressive factors and make way for awareness and anti-oppressive shifts

Structural oppression

Which structural inequalities affect the person? e.g. poor housing, inequitable education experiences, discriminatory policies



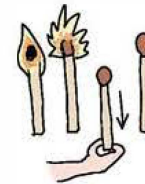
Historical context

What historical issues are relevant? e.g. racial segregation, intergenerational poverty, war



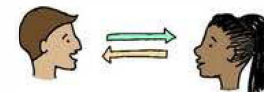
Analysis of Role

Will you/the service be a maintainer or disrupter to the oppression? There is no neutral role



Reciprocity & Mutuality

How will both person and service/clinician bring mutuality and reciprocity e.g. different expertise



Power

What can the person do alone or with others be active in creating change for the future?

